

Ruislip High School



Year 11 PPE Revision Resources 2025

Contents

PPE Timetable December 2025	3
What can parents/guardian do to support?	4
Student Wellbeing - Coping with Exams	4
English	5
Mathematics	6
Science	7
Art & Design - Fine Art & Textiles	8
Computer Science	9
Drama	10
Geography	12
History	14
Media Studies	16
Music	17
GCSE Physical Education	18
BTEC Tech Award in Sport	20
Spanish and French	21

PPE Timetable December 2025

	Tuesday 2 nd December	Wednesday 3 rd December	Thursday 4 th December	Friday 5 th December	Monday 8 th December	Tuesday 9 th December	Wednesday 10 th December
Period 1 & 2 Exam start 8.30am	ENGLISH LITERATURE 1hr 40m	CITIZENSHIP (Yr 10) 1hr 45m	PHYSICS 1hr 45m COMBINED SCIENCE Physics 1hr 15m	CHEMISTRY 1hr 45m COMBINED SCIENCE Chemistry 1hr 15m	ENGLISH LANGUAGE 1hr 45m	CITIZENSHIP (Yr 10) Ihr 45m DRAMA Ihr 45m	CITIZENSHIP (Yr 10) Ihr 45m DRAMA Ihr 45m
Break							
Period 3 & 4 Exam start 11.25am	HISTORY 1hr 30m	MATHS Non Calculator 1hr 30m	GEOGRAPHY 1hr 30m	FRENCH Writing H 1hr 20m F 1hr 15m SPANISH Writing H 1hr 20m F 1hr 15m	MATHS Calculator 1hr 30m	PE 1hr 30m BTEC SPORT 1hr 30m	MATHS Calculator 1hr 30m
Lunch							
Period 5 Exam start 2pm	COMPUTER SCIENCE 1hr 30m	PE 1hr 15m	COMPUTER SCIENCE 1hr 30m	MEDIA 1hr 30m	GEOGRAPHY 45m	FRENCH Reading H 1hr F 45m SPANISH Reading H 1hr F 45m	MUSIC 1hr 45m

What can parents/guardians do to support?

You don't need to be an expert in every subject to help your child. You are an expert in your child and every child is different. You will know the best ways to motivate and support your child.

Some suggestions:

- Agree a balance between revision and social life with your child. Flexibility is key but your child may need support in creating boundaries.
- Talk to your child if they feel that they are falling behind, are feeling demotivated or overwhelmed. Acknowledge their feelings and work together to achieve perspective and a solution.
- Show an interest in their studies. They may need you to act as a study buddy to quiz on key terms or facts.
- Find a suitable place for your child to revise.
- Provide lots of healthy food and snacks to keep your child motivated.
- Limit screen time and use of social media to keep your child focused.
- Provide revision material, eg. pens, post-its, revision cards, etc.
- Keep in touch with school. Check your child's Google Classroom. Let your child's tutor or class teacher know if you have any concerns.

Student Wellbeing - Coping with Exams

It is natural to feel some stress around GCSEs; they are important. Stress can be beneficial as adrenaline can enhance exam performance. However, stress needs to be managed to make sure you do not become overwhelmed.

- Make sure you are organised. Plan your revision timetable and make sure you know which exams you are doing and when. Organise your revision space and revision materials including stationery and past papers etc.
- Eat well. Provide nutrition for your brain by eating healthy meals and limiting junk food and fizzy drinks. Make sure you eat a filling and nutritious breakfast before every exam.
- Drink plenty of water to keep your brain hydrated and thinking clearly. Aim to drink more than two litres of water per day.
- Sleep well. Teenagers need around nine hours' sleep every night so work out what time you are going to get up and work backwards from there to decide what time you need to be in bed and preparing for sleep. Turn off electronic devices around an hour before you need to be asleep so that your brain can wind down.
- Take exercise. If you already play sport or undertake exercise, don't stop. If you don't, try going for a walk for 30 minutes per day. This will give you a break from your studies and make you feel less stressed and more focused.
- Avoid distractions. Turn off your phone and limit how often you check social media.
- Talk to someone. If you become overwhelmed or concerned, talk to your family, friends or teachers to help you with your concerns.

Useful websites: www.stressedteens.com www.nhs.uk English Language PPE: Paper 2 Writers' Viewpoints and Perspectives - 2 unseen sources, 4 Reading questions, 1 extended writing question (1hr 45)

English Literature PPE: An Inspector Calls (50 mins, 30 marks plus 4 marks for SPAG) and Unseen Poetry (50 mins, 32 marks)

English Literature PPE: An Insp English Revision Resources: • Your notes / Google Classroom tasks set by teachers • Ms Bhudia's revision spreadsheet • Ms Bhudia's How to Revise video • Revision booklets provided by teachers • GCSE Bltesize • Mr Bruff on Youtube • CGP Revision guides / Collins SNAP guides

Useful revision activities

• Seneca Quizzes

- Quizzing & testing: Create flashcards to use quote (either on card or using an app eg. Memrise); use 'fill in the gaps' quotation tests; write out the plot of set texts from memory
- Re-read the play and summarise the plot or create character and theme mind maps
- Essay Plans
- Quotation explosions

20 minutes tasks

- Complete quizzes on BBC Bitesize or Seneca
- Make a knowledge organiser for a Lit text (brief summary of plot, character, themes & context)
- Make 'fill in the gaps' quotation flashcards
- Use your knowledge organiser or one provided by your teacher to self-test on characters, themes, plot and key quotations from each of your set texts.
- Make up your own essay questions for 'An Inspector Calls'. Plan your answers.
- Create mini plans and introductions for essay questions
- Write a quiz based on context for each of the set texts and test yourself
- Make a mind map of ideas for points you could make in an essay about:
- AN INSPECTOR CALLS, eg. age / gender / social class / capitalism vs socialism / morality / responsibility
- Look at unseen poetry examples on Ms Bhudia's revision spreadsheet and plan answers
- Look at unseen poetry examples on Ms Bhudia's revision spreadsheet and write answers
- Vary between timed responses and fully completed responses

Essay questions/Extended writing questions (45 minutes)

LANGUAGE PAPER 2: practise analysis of Non-fiction texts

- Complete practice questions.
- Create flashcards on writer's methods and potential effects.
- Read a range of fiction sources.
- Consider the writer's uses of language and structural methods to gain interest/create tension/ evoke sympathy.

LANGUAGE PAPER 2: practise descriptive/creative writing

- Write an article arguing for or against the need for homework
- Write a speech explaining why mobile phones in school should be allowed
- Write a letter persuading local people to give money to a charity

Plan and write answers for the following questions:

- How does Priestley explore the theme of responsibility in 'An Inspector Calls'?
- How does Priestley present the character of Eric in 'An Inspector Calls'?
- How does Priestley present the relationship between Sheila and Gerald in 'An Inspector Calls'?
- Practice annotating and planning questions on <u>unseen</u> <u>poems</u>.
- Answer essay questions on unseen poems.
- Find any poem consider how the writer creates mood and uses language and structure to present the topic of their poem.

Mathematics Number, Ratio & Proportion, Algebra, Statistics and Probability Paper 1 - Non calculator Paper 2 - Calculator allowed Paper 3 - Calculator allowed				
Mathematics Revision Resources:	20 minutes tasks	Extended revision/exam preparation task (45 minutes)		
 Your notes/Google Classroom tasks set by teachers mathswatchvle.com GCSE Pod GCSE Bltesize Youtube Past exam papers on Edexcel website. Corbett maths (Website) Mathsgenie (website) AfL folders physicsandmathstutor.co m Topic list is on Google Classroom for PPEs Resources are also available on Google Classroom 	 Log on to mathswatchvle.co.uk - watch one video clip, make notes on the video clip and complete the attached worksheet or interactive questions. Complete a Five-a-day challenge worksheet from Corbettmaths.com corbettmaths.com/5-a-day/gcse/ Create Formula flashcards. 	Complete a worksheet from mathsgenie.com. Click here Complete the first half of a past paper and then use the markscheme to correct answers. Complete the second half of a past paper and then use the markscheme to correct answers. Past papers are on several websites including: Click here Hannah Kettle half past papers here Ist class Maths topic papers		

Science

PPE Dec 2025:

Combined science- 11B, 11C, 11D, 11F, 11G & 11H

- Combined science Biology paper 1, 1 hour 15 minutes
- Combined science Chemistry paper 1, 1 hour 15 minutes
- Combined science Physics paper 1, 1 hour 15 minutes

Separate sciences- 11A & 11E

- Biology paper 1, 1 hour and 45 minutes
- Chemistry paper 1, 1 hour 45 minutes
- Physics paper 1, 1 hour 45 minutes

Science Revision Resources:	20 minutes tasks	Essay questions/Extended writing questions (45 minutes)
 Topic revision lists will be on Google classroom Your notes / Google Classroom tasks set by teachers GCSE Bltesize Youtube Past exam papers on the AQA website. Revision guides bought from the school Free science lessons videos Maths and Physics tutor website Seneca 	Use one of the sources as suggested on the full revision list (for example bbc bitesize, seneca): • Make a mindmap on the topic • Make flashcards for the topic • Test yourself using the kerboodle knowledge blank knowledge organisers (once you have complete it then check then full knowledge organiser) • Self assess where you are using the kerboodle student checklist (what area do you need to revise next?) • Get a parent/guardian/sibling/friend to test you on the keywords and definitions for the topic (use the knowledge organiser or keyword list to help them) • Go through your PLCs and learn the different sections.	 Past paper questions- from AQA website under the heading 'assessment' (combined science OR Biology, Chemistry and Physics). Once you have complete one make sure you self assess it using the markscheme Write out the method for every required practical including independent, dependent, control variables, risk assessment and a step by step method. You can find videos of each of the required practicals at Malmesbury Science on youtube

Art & Design - Fine Art & Textiles Fine Art PPE November 4th and 5th 2025 Textiles PPE November 6th and 7th 2025

- 2 day practical exam in the Art, Craft & Design rooms
- PPE grade will also take into account the preparatory sketchbook work completed to date

Art and Design tasks:

The tasks below should be completed in order and using the support provided:

- Complete any missing pages using the checklist provided- time should not be spend on backgrounds and title but practical work with short and effective annotations
- Complete any improvements given to your by your teacher on your personalised feedback sheet this can be found on Google Classroom
- Complete any additional work outlined at the bottom of the checklist provided- if you would like extra support with this, please speak to your teacher

Support is available for all students after school on a Tuesday, Wednesday and Thursday from 3-4pm in C110, C103 or C109.

Supportive resources:

- Checklist
- Annotations help sheet 1
- Analysis helpsheet

Computer Science

PPE December 2025:

Computer systems -Component 1 (90 mins, 80 marks)

Computational thinking, algorithms and programming- Component 2 (90 mins 80 marks)

Computer Science Revision Resources:	20 minutes tasks	Essay questions/ Extended writing questions (45 minutes)
 Your notes / Google Classroom tasks set by teachers Smart Revise Knowledge organisers . These are also available on GC. After school revision 	 Complete at least one of your "6 A DAY" exam questions. Click here Use Pseudocode guide to help you create the algorithm. You can watch the following videos of Craig and Dave. You can start with the topics you struggle with first before moving on to the ones that you find most again Click here. 	1) The machine has a small keypad with keys 0 to 9, OK and CANCEL. It also has a small LCD screen, which can display a short message. To get a drink, users select an item number between 1 and 20 with the keypad and confirm their choice by pressing OK. If they make a mistake they can press the
 After school revision sessions run by teachers BBC Bitesize-OCR GCSE Craig and Dave Videos 	find most easy. Click <u>here</u> . • Component 1: 1.1 Systems Architecture 1.2 Memory and storage	CANCEL button and start again. If the selection is valid and the drink is available it dispenses the drink. The display screen is used to show suitable short messages throughout the process.
 Useful revision activities Create mind maps of each concept, write a paragraph, make a flash card, one page summary, attempt quizzes both for high tariff questions and MCQ on Smart revise. Check your PLCs to create a revision timetable. Start revising topics you are less confident in first. 	1.3 Computers networks, connections and protocols 1.4 Network security 1.5 Systems software 1.6 Ethical, legal, cultural and environmental impacts of digital technology Component 2: 2.1 Algorithms 2.2 Programming fundamentals 2.4 Boolean logic 2.5 Programming languages and Integrated Development Environments.	Write an algorithm for the process described above. The quality of written communication will be assessed in your answer. [6] 2) Answer past paper questions from OCR Website. 1.3) Use the PMT website to practise past paper questionsUse OCR questions.

Drama

1 hour - Component 1: Written Exam:

Section B (Things I know to be true) 4 mark Question, 8 mark Question, 12 mark Question, 20 mark Question

Drama Revision Resources:

- Your notes/Google classroom tasks set by teachers
- Revision booklets provided by teachers
- GCSE Bitesize
- AQA GCSE Revision Youtube
- Things I know To Be True (video of the play) on Google Classroom
- National Theatre series on youtube

Useful revision activities

- Rehearse lines with a study buddy
- Create flashcards to use for key terminology
- Re-read Things I Know to be true
- Re-watch Things I know to be true

20 minutes tasks

- Make a knowledge organiser for either Things I Know To Be True or your Section C play (brief summary of plot, character, themes & context)
- Make a knowledge organiser for Component 1
 Exam Questions (Brief summary of all the questions, how many marks, how long to spend on them, what skills are needed)
- Make up your own essay questions for 'Blood Brothers' and your Section C play
- Practical Learn lines for any section you are still unsure of. Read, cover and repeat. Small sections at a time and then build on another section.
- Practical Practise saying your lines out loud.
 Consider your vocal choices, then repeat checking all your physical choices. Film yourself performing and watch it back.
- Choose an extract from Things I know to be true (4 or 8 marks), design a question and answer it.
- Create mini plans and introductions for essay questions

Section A: Theatre Roles and Terminology. Multiple choice.

Use your revision guide to create a list of key words and their detentions for the following areas:

Essay questions/ Extended writing questions (45 minutes)

Component 1:

Section B

- Choose two sections from Things I know to be true annotate – what you know about the characters in the scene, what their intentions are and how you as an ACTOR would play these roles
- Watch and summarise the plot of: Watch the following production of Things I know to be true and make notes on the following: Set/Costume/Acting Style/Character How could you adapt this to help you with your own answers in the exam?
- Complete practice questions for Section B
- Read through your answers to the GCSE questions you've completed. Can you see any changes you could make? Use the mark schemes to help you

Complete timed attempts at Section C (this is not in your PPE but good revision when the time comes, so make a note of these activities). You can easily create your own question or use previous examples. The important thing is remembering to ensure you complete the essay in the time provided. Check your notes Section C.

Film yourself rehearsing for Component 3, and then complete a paragraph of Comp 1 Section C answer on your own performance. This will help with both!

Ask someone to test you on the definitions/key words. Pick 10 and see if you can remember all of them.
--

Geography

Pre-public exams December 2025: Paper 1 (full) - 1 hour 30 minutes exam. Paper 2 Section A and half of Section B only - 45 minutes exam (the full Paper 2 in summer 2026 will be 1 hour 30 minutes). Paper 3 will not be included in the December 2025 pre-public exams.

Geography Revision Resources:	20 minutes tasks	Essay questions/ Extended writing questions (45 minutes)
The most appropriate revision	Paper 1: Living with the Physical Environment	Paper 1:
resources are the Paper 1	Section A: The Challenge of Natural Hazards.	Do several past paper exam questions from the Paper 1
Revision Megabook and the	Section B: The Living World.	Revision Megabook.
Paper 2 Revision Megabook.	Section C : Physical Landscapes in the UK (rivers and coasts).	Do several past paper exam questions from the Paper 1 exam papers on Google Classroom.
These documents cover our		
selected topics and case	Make a revision card, revision poster or revision	
studies.	notes for the 10 sections of each topic PLC (personal learning checklist).	Paper 2: Do several past paper exam questions from the Paper 2
Revision Megabooks are	learning checkinst).	Revision Megabook
available as PDF documents	Do the revision quizzes for each topic on Google	Do several past paper exam questions from the Paper 2
on students' Google	Classroom.	exam papers on Google Classroom.
Classroom.		See details, left, regarding which parts of Paper 2 will be
	Paper 2: Challenges in the Human Environment	examined in December 2025.
The Paper 1 Revision	Section A: Urban Issues and Challenges.	
Megabook and Paper 2	Section B: Changing Economic World (revise PLC	
Revision Megabook have also	Sections 1-4 only for the December 2025 pre-public	
been printed for all students.	exam).	
'	Section C: The Challenge of Resource Management	
There are revision quizzes for	(not included in the December 2025 pre-public	
all topics on Google Classroom.	exam).	
There are several past exam	Make a revision card, revision poster or revision	
papers on Google Classroom.	notes for the 10 sections of the Section A PLC	
	(personal learning checklist), and the Section B PLC 1-4.	

Published revision guides and websites are also useful (AQA syllabus) but they will have some different case studies from what the Ruislip High students have learnt.

Useful revision activities
Revision quizzes for all topics
on Google Classroom.
GCSE Bitesize (AQA syllabus):
www.bbc.com/bitesize/exams
pecs/zy3ptyc

Do the revision quizzes for Section A and Section B (up to question D30).

Paper 3: Geographical Applications

Paper 3 will not be included in the December 2025 pre-public exams.

History

PPE December 2025: Part 1 Weimar and Nazi Germany, 1918-1939 (60 minutes) Part 2 Superpower Relations and the Cold War, 1941-1991 (30 minutes)

Total exam time (1 hour 30 minutes)

History Revision Resources:

Edexcel have slightly altered exams and question styles this year. This means that some past questions / papers may be slightly different than what is in the 2025 series. You can see the changes here.

View the GCSE History One Stop Shop on Google Classroom for more revision resources.

Work through the PLC checklists (They will be in your books/ folders). Focus on the topics you are least confident on:

<u>Cold War PLC</u> <u>Weimar and Nazi Germany</u> PLC

Practice exam papers -

Complete the questions and ask your teacher to give feedback or plan responses.

Mark schemes - You can look at them after you have done

20 minutes tasks

Access the <u>Historical Association website</u>, for podcasts, revision strategies and other resources - then click 'student zone' and sign in with the details here:

Username = 15865, password = student123

Paper 2: The Cold War

- <u>This YouTube channel</u> has useful videos for you to use.
- This <u>timeline</u> can be used as a guide for you to make your own.
- Watch the Oak National Academy lessons (approximately 20 minutes long): <u>The Cold War</u> (links 8-10)
- This <u>knowledge test</u> should be used to assess your knowledge. You could also use the questions to make flashcards. Answers are at the end of the document.

Paper 3: Weimar and Nazi Germany

- Watch this video on <u>how to analyse</u> <u>interpretations</u>.
- Read through <u>this example</u> which received full marks.
- This <u>timeline</u> can be used as a guide for you to make your own.

Essay questions/ Extended writing questions (45 minutes)

Questions to practise for PPE:

- 1.Cold War Paper 2: Question 3 only (Explain the Importance)
- 2. Weimar and Nazi Germany Paper 3: Question 3A, B, C, D

Your history teacher can set you specific tasks to do. Please ask them if you feel you need guidance.

Paper 2: The Cold War

- Past papers available here (Look for Option P4).
- Student responses with examiners' comments.
- <u>This document</u> shows all possible topics you can be assessed on. Use it to make flashcards or other resources. For your PPE you only need to focus on the third column.

Paper 3: Weimar and Nazi Germany

- <u>Possible different interpretations that may come up</u> <u>on the paper</u>. Work through the booklet with content that you could include for each argument.
- <u>A bank of questions</u> for you to practise. Complete and ask your teacher for feedback.

the exam and reflect on what	Work through this <u>comprehensive revision guide</u>	
you did well and what you	if you are struggling with content.	
missed out/how you could	This <u>knowledge test</u> should be used to assess	
improve.	your knowledge. You could also use the	
Examiner's reports - Read	questions to make flashcards. Answers are <u>here</u> .	
what the examiners have to	· 	
say about how to get the top		
marks.		
There are also exemplar		
answers with the examiners'		
comments on them, so you		
can see 'what a good one		
looks like'.		

Media Studies

PPE December 2025: Component 1 Paper - Section A: Media Language and Representation (55 minutes) and Section B: Audience and Industry (35 minutes) 1 hour and 30 minutes for the total paper (worth 80 marks).

Media Studies Revision Resources:	20 minutes tasks	Essay questions/ Extended writing questions (45 minutes)
 Your notes / Google Classroom tasks set by teacher Revision booklets provided by teacher Knowledge organisers for the set texts in Component 1 provided by teacher The exam question plan worksheets provided by teacher GCSE BItesize YouTube - Mrs Fisher's channel and The Media Insider's channel. 	Create theory flashcards with the theorists' name on one side and their theory on the other. Test yourself until you know them off by heart. Set text revision - print copies of the set text (they can be found on the Eduqas website). Annotate the fresh copies - see how much you can remember. Revision Posters - for each set text or unit, condense your notes from your book onto an A3 revision poster. Complete the knowledge organisers for the set texts on Google Classroom.	Complete the section A revision grids on Google Classroom. Complete the section B revision grids on Google Classroom. These grids should be filled in with as much detail as possible - use the factsheets for each set text on the Eduqas website to help you as well as your class notes. Complete Section A of one of the Component 1 practice papers on Google Classroom. Complete sample papers from the Eduqas website.

Music 1 hour 45 mins

Music Revision Resources:	20 minutes tasks	Essay questions/ Extended writing questions (45 minutes)
Your revision guide books	Create your own flash cards per set work	Complete part of Section A of the practise papers posted on Google Classroom. This covers the set
Revision PowerPoints on Google Classroom	Create your own poster per set work	works and dictation tasks.
· ·	Create your own mind maps of GCSE keywords per	Complete the unfamiliar listenings of the practise
Your notes on set works	set work focusing on	papers posted on Google Classroom as well as all of
	a) melody	Section B. This covers the comparison question.
GCSE Bitesize on GCSE Music	b) rhythm	
	c) texture	Revise all your set works using your GCSE revision
The KS4 Music Vocabulary list	d) structure	guide and complete suggested exam questions per
posted on Google Classroom	e) instrumentation	set work in revision guides
	f) tonality	
Watch the analysis videos per	g) context	Read an essay question from practice papers A or B
set work on <u>this</u> youtube		posted on Google Classroom and spend 20 mins
channel	Visit <u>this</u> music theory website and practise your notation skills	planning your main points and structure without
	notation skills	writing the full essay.
	Listen to a 30-second clip of a set work – identify 3 key features (e.g. tonality, instrumentation, texture).	

GCSE Physical Education

Exam Board: Pearson Edexcel

Component 1: Fitness & Body Systems - 1hr 30mins - 80 marks. (DEC PPE)

Topics: Applied anatomy and physiology, Movement analysis, Physical training, Use of data.

Component 2: Health & Performance - 1hr 15 mins - 60 marks. (DEC PPE)

Topics: Health, fitness and wellbeing, Sport psychology, Socio-cultural influences, Use of data.

Component 3: Practical component - 105 marks.

Sports: One individual sport, One team sport, One individual/team sport.

Component 4: PEP Coursework - 20 marks.

Revision	Resources	Suggested Revision Guides
The EverLearner: Test yourself assignments	Google Classroom: the following resources are available to all students via their google	Not essential, but strongly recommended and encouraged.
 Watch lessons Dashboard - self taught / self paced lessons. 	 classroom page. All powerpoints for both component 1 and 2 are available on google classroom. Flashcards for each topic are available. 	Option 1: <u>New GCSE Physical Education Edexcel Revision</u> <u>Guide (with Online Edition and Quizzes)</u>
Youtube Revision Videos: Edexcel The EverLearner Youtube Page The PE classroom	 How to revise effectively booklet available. Past Papers and mark schemes. Extended questions writing frames for both components 1 and 2. 	Option 2: <u>New GCSE Physical Education Edexcel Exam Practice Workbook</u> Option 3: <u>GCSE PE Simplified Revision Guide</u>
BBC Bitesize		

Revision tasks to complete: put into priority order.

- EverLearner tests yourself 20 questions for each topic 80% pass rate.
- EverLearner 'watch lesson' and make notes in homework book.
- 9 mark question writing with support of writing aid.
- Make physical flashcards for each topic.
- Topic specific infographics summarising each topic.

NOTE: all students will be provided a GCSE PE specific revision pack in December ahead of their PPE. The pack will contain the following.

- Past papers and mark schemes.
- Revision question and answer booklets.
- Command words descriptor sheets.
- Extended 9 mark question and answer booklet with writing frame.
- The EverLearner 'test yourself' and 'Watch Lessons' assignments will be created for each topic and subtopic for both component 1 and 2 containing 20 questions where students are encouraged to score a minimum score of 80%, as well as making a minimum of three attempts.
- Knowledge organisers for each topic.

BTEC Tech Award in Sport

Component 3: Fitness & Body Systems - 1hr 30mins - 60 marks. (DEC PPE)

Topics: A: Components of fitness. / Principles of Training B: Fitness testing, C: Training Methods, D: Motivation and Goal setting

Revision	Resources	Suggested Revision Guides
The EverLearner:	Google Classroom: the following resources are	Podcasts To listen to:
Test yourself assignments	available to all students via their google	
Watch lessons	classroom page.	BTEC Tech Sport - Component 3 - Part A.wav
Dashboard - self taught /		BTEC Tech Award Component 3 - Part B.wav
self paced lessons.	All powerpoints for component 3 are available	BTEC Tech Award Component 3 Part C (But recaps
	on google classroom.	everything).wav
Youtube Revision Videos:	Flashcards for component 3 are available.	BTEC Tech Award Component 3 Part D and full recap.wav
Edexcel	How to revise effectively booklet available.	
	Past Papers and mark schemes.	Knowledge organiser worksheets:
The EverLearner Youtube Page	Tier tests for individual exam command works	
for BTEC	with mark schemes	Components of fitness learning mat
		<u>Principles of training mat</u>
	Quizlet - All pupils have been invited to the BTEC	<u>Fitness testing learning mat</u>
	Tech award Quizlet flashcards - Pupils can use it for	<u>Training methods learning mat</u>
	flashcards, mini quizzes and games.	<u>Training effects mat</u>
	Link - BTEC Tech award Quizlet Join Link	
Povision trake to complete m		

Revision tasks to complete: put into priority order.

- EverLearner tests yourself 20 questions for each topic 80% pass rate.
- EverLearner 'watch lesson' and make notes in book.
- 6 mark question writing with support of writing aid.
- Make physical flashcards for each topic.
- Topic specific infographics summarising each topic.

Spanish and French December PPE:

Listening 35 minutes (Foundation) / 45 minutes (Higher) 25% Reading 45 minutes (Foundation) / 1 hours (Higher) - 25% Writing 1 hour 15 minutes (Foundation) / 1 hour 20 minutes (Higher) 25% Speaking 7-9 minutes (Foundation) / 10-12 minutes (Higher) 25%

December PPE speaking dates:

To be confirmed.

Extended task (45+ minutes) Spanish and French: 20 minutes tasks • If you have bought the • Work through answering all ten questions for • Complete a past paper on a different skill. As this is each textbook module at a time from memory. a new GCSE there won't be any past papers Pearson Revise Edexcel available to you but you can work through the old Spanish Revision Guide Take the time to understand each question and structure an appropriate answer giving as much GCSE listening, reading and writing papers. You can and workbook for 2026/2027, start working detail as possible with a range of tenses, also work through AQA past papers also for adjectives and opinions where possible/relevant. additional practice. through those. • Familiarise yourself with the exam rubrics (instructions) which will be on Google These can be bought on Classroom. This can make the difference Amazon but please ensure Spanish: they are for the new GCSE so between you answering the exam correctly or dexcel-acses/spanishthey must say for exams from not. 2026. • REVISE your vocab every day for 20 minutes by working through each module's vocabulary. You can also use the following websites to help you

These can be found here: https://qualifications.pearson.com/en/qualifications/e 2016.coursematerials.html#%2FfilterQuery=category:Pe arson-UK:Category%2FExam-materials in your revision: French: https://qualifications.pearson.com/en/qualifications/e dexcel-gcses/french-Memrise (click here) Ouizlet (click here) 2016.coursematerials.html#%2FfilterQuery=category:Pe Duolingo (click here) arson-UK:Category%2FExam-materials BBC (click here) Languages Online (click here) Language Gym (click here) Youtube Easy French (listening practice) (click here) Youtube Easy Spanish (listening practice) (click here)