

THE RUISLIP EYE

The latest news and updates from Ruislip High School



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Ruislip High Students Visit Cadbury World

by Sulaiman (Year 10)

Cadbury World is a wondrous place where you can explore how they make chocolate. The experience is a self-guided exhibition tour and run by the Cadbury Company, located in Birmingham. Students who have chosen Business Studies or Travel and Tourism got the privilege to go on this trip. Not only did we get an informational tour of the business itself, we also got insight into how, as a company, they attract so many consumers.

It took roughly 2 hours and 30 minutes to get there and we travelled in a coach, and it was really fun because we were allowed to use our phones. To pass the time, we played games with our friends.



When we first got there after a long coach ride, the company representatives greeted us with some free chocolate, so it was definitely worth the wait! As soon as we started the tour, we were shown 3D pictures of how the company started and when.

Afterwards, we heard a more in-depth talk about how they make the chocolate and what they did to improve it over time. They also told us who founded and created Cadbury, and where John Cadbury got the idea from.

Later on they give us a free melted chocolate sample with the options of white chocolate, milk chocolate, marshmallows and crushed Oreos.

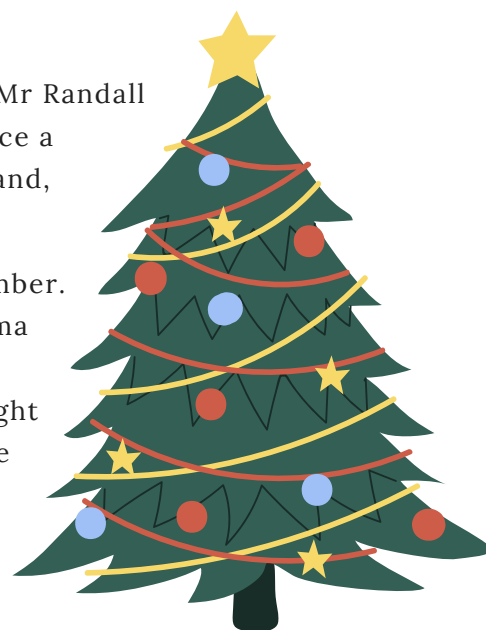
Overall, visiting Cadbury World was a great experience. I would highly recommend it if you get the chance.

2022 Christmas Performances

By Lorena (Year 8)

This year, at Ruislip High, Miss Nastou, Mr Alexander and Mr Randall are combining the drama and music departments to produce a wonderful, spectacular Christmas performance with the band, the choir and the drama club.

The Christmas performance will be on 14th and 15th December. On 14th December, the students from choir, band and drama will be performing to the community from 17:30 to 19:00. However, the 15th of December will be the big, exciting night where the combined music and drama students will be able to perform to their parents and friends outside of school. Parents and friends will have to book tickets on ClassCharts on the form that was sent out. The tickets are free!



All Around the World with MFL

By Lorena (Year 8) and Liam (Year 9)

At Ruislip High school we have Spanish, French and Latin for language curriculum. Students learn one of those languages from year 7 to year 9 and they can keep learning it if they choose it for GCSE's. They become familiar with the languages by learning how to write, communicate and read different texts. In lessons they have different exercises from different books. Students usually have 2 language lesson per week.

Languages have an important role in students education because they can help you outside and inside of school. You can choose languages for GCSE's which will help you with your final grade for college or sixth form. Knowing another language can also help you communicate with people when you go in different countries that speak the language you learned in school. Speaking more than one language can help you get a job quicker as you can write in your CV that you speak multiple languages. People would be more interesting in to hiring you. Here are some of the many jobs you can have by knowing more than one language: classroom teacher, translator and an online or private tutor.



Within school, the languages faculty offer language assistance, language clubs and also celebrate a languages week. During MFL lessons, students do exciting quizzes, games and competitions. Within the quiz, you have to rely on your worldly knowledge of languages and culture. Additionally, we also get to learn the ties between different languages - called near cognates - and these help us unlock memory connections.



Furthermore, there are many different opportunities to get involved with language on school trips, outside of the classroom. For example, the trip to Italy involves staying in a hostel for four days and three nights, visiting Vatican City. Interestingly, this year, when RHS students visited the colosseum, the pope was in his home, in Vatican City; however, when the students go to Vatican City, hoping to see the pope

himself, he was, unfortunately, at the colosseum! As Ms Lucas stated, "I think he was trying to run away from us!" In addition, there's also a Barcelona trip, where students visit the football stadium, go to La Sagrada Familia church, and, excitingly, there's a competition, where students explore a Spanish market. There, they are given some money and have to go

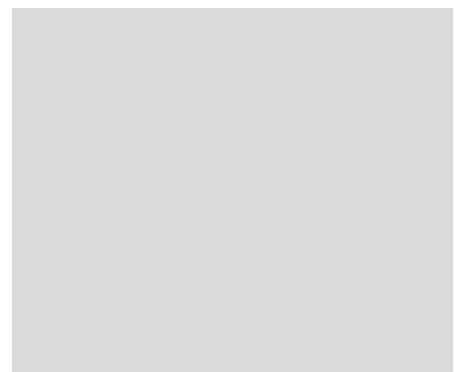
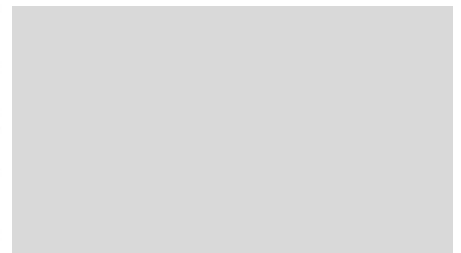
around different shops, ordering in Spanish. In order to prove that they were able to show off their Spanish-speaking skills, students need to get a signature and receipts from the shopkeeper or record a video of them speaking.

In conclusion, learning multiple languages is a benefit in your life inside and outside of school and knowing multiple languages can give you a good job. Do you want to improve the way you speak in the language that you are learning at Ruislip High? Then here are some opportunities for you:

1. French club on Monday after school from 14:45-16:00 with Miss Emma.
2. Spanish club on Tuesday from 14:45-16:00 with Miss Gilda
3. French and Spanish Homework club on Tuesday from 14:45-16:00 with Miss Bisland

French Months Word Search

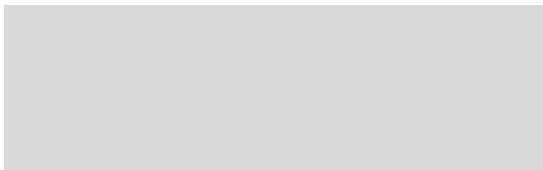
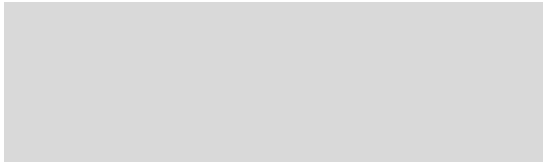
J	J	U	I	N	J	E	N	V	M	E
A	U	L	T	J	B	R	E	A	R	O
N	F	I	A	É	A	A	I	B	A	T
R	É	R	O	O	J	N	M	S	Û	R
T	V	V	N	C	U	E	V	O	E	A
E	R	A	Û	E	T	R	A	I	P	M
I	I	V	I	P	T	O	E	E	E	A
L	E	D	E	C	É	M	B	R	E	R
L	R	S	R	S	S	R	A	R	A	S
U	O	V	T	R	E	B	C	M	E	T
J	O	L	N	O	V	E	M	B	R	E
N	E	K	M	P	T	R	D	E	U	T



Words to find:

Janvier	Mai	Septembre
Février	Juin	Octobre
Mars	Julliet	Novembre
Avril	Août	Decembre

Spanish Months Word Search



S	S	M	M	A	R	Z	O	A	A	N
J	E	A	L	I	P	J	O	G	N	O
O	U	R	U	J	I	U	O	O	O	N
J	N	N	T	U	C	L	V	S	S	V
L	O	O	I	I	I	I	L	T	T	L
A	R	E	E	O	E	O	J	O	I	E
B	E	N	R	M	M	M	A	R	R	N
R	R	E	B	E	B	O	B	B	E	E
E	B	R	N	M	R	A	U	R	N	R
N	E	S	A	G	E	T	B	O	E	O
E	F	Y	U	O	C	T	U	E	T	E
R	O	M	J	O	N	O	V	E	O	R

Words to find:

Enero

Mayo

Septiembre

Febrero

Junio

Octubre

Marzo

Julio

Noviembre

Abril

Agosto

Diciembre

All About Debate Club

by Eleftheria (Year 7)

There are many clubs available to all students, one of the many being Debate Club. Debating is where you argue in a polite and logical manner.

In this club, we play games to sharpen our minds and tongues - in an enjoyable way! Why should students have their phones at break time? Why pineapple on pizza should not be a thing. You can have all kinds of conversations!



Do you want to speak for two minutes straight about a random subject? You can discuss how dangerous volcanoes are, or why you don't like chickens. It is every Thursday, and we first meet in D209 for the register, before going downstairs to the sports hall and start our meeting. Around the end of the year, a few Year 7s are taken to compete in a Debate Tournament, which we won last year!

The Music Department at Ruislip

by Lorena (Year 8)

Our music department at Ruislip High is amazing. We have different types of instruments from different cultures like djembe drums from Africa. In year 8 students had an amazing opportunity. An expert that plays the djembe drum came in and taught the students some tricks on how to play the djembe.

Throughout our time at Ruislip High, we learn how to play a range of instruments. In year 7 we learn how to play the keyboard, in year 8 we learn how to play the djembe drum and we also learn how to rap (a fun activity during this unit is when students make their own rap).

Do you want to play an instrument?

If you want to learn how to play an instrument then guess what? You can take music lessons in school. All you have to do is go to the Hillingdon Music website and apply there with your parents so you can take music lessons in school. However if you do not want to play an instrument, you can also take singing lessons.



What can you do after you learn how to play an instrument?

When you know how to play an instrument you can join the Band, which is every Thursday after school from 14:45 to 16:00. In band, students learn different types of songs and they perform in assemblies and also after school for different events where parents can see the students shine. You can join Band whenever you want as long as you play an instrument.

What if you don't play an instrument but you can sing?

If you sing you can join the choir which is from 14:45 to 16:00 every Tuesday. In choir, students sing different types of songs and perform with the band whenever they perform in assemblies and in front of parents on special events.

Who can you direct any questions about music to?

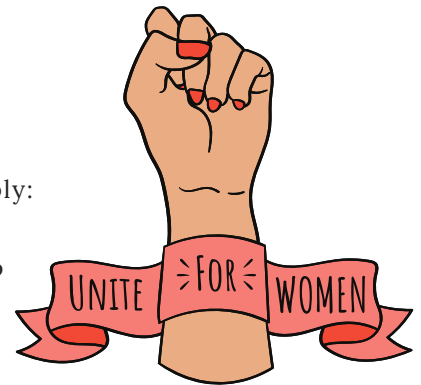
You can always ask our amazing music teacher Miss Nastou; she is the one that holds the music department together. Miss Nastou runs the Band and the Choir.

Overall, as you can see, Ruislip High offers you countless opportunities to get involved with Music, whether it's to show off your singing talents or your instrumental skills.

Feminism: Is it dead?

by Laylah (Year 9)

The concept of feminism is quite simple to understand: to put it simply: feminism is believing that all genders are equal and deserving of the same rights, opportunities and pay. Most people are feminists, but do not 'identify' as one; I believe social media to be the reason of the stigma that surrounds feminists and their ideas, but more about that later on. There are four types of feminism: Radical feminism, Marxist feminism, Liberal feminism and lastly, Postmodern feminism. All of these varieties of feminism have their pros and cons, some with more critiques than others.



First, Radical feminism: radical 'feminists' blame the exploitation of women on men. They believe that men are the cause of all suffering in this patriarchal society. These are the types of 'feminists' that offer a different view to feminism: rather than trying to erase the patriarchy, radicals want to introduce the matriarchy (a female-dominated society). This has a few critiques. Radicals essentially want to make men suffer and have women as the superior gender, which portrays men as universally bad and women as universally good which we know is very untrue.

Next, we have Marxist feminism: Marxists' blame capitalism on the oppression of women and not men. Marxists think that the disadvantaged position of women is seen to be a consequence of the emergence of private property, therefore, if we started to live in a communist society, all gender inequalities would disappear; however, the experiences of women living under communism are not very positive, as they have suffered acts of sexual, physical and verbal abuse/ violence. In addition to this the patriarchy existed before capitalism- so going back to communism would essentially just make earning a living almost ten times harder as a woman.

In the middle of these two extremist views, we have Liberal feminism; this is what many people call 'real' feminism. Liberals believe that sexism benefits nobody and therefore should be eradicated; liberal feminists try to eradicate sexism from children's books and the media. In addition to this, liberal feminist ideas have probably had the most impact on women's lives by making feminism mainstream. The only main criticism is that Difference Feminists argue it is an ethnocentric perspective – based mostly on the experiences of middle class, educated women- known informally as 'white feminism'.

Lastly we have postmodern feminism: these types of 'feminists' do not see women as a single homogenous group but lots of small sub-categories that each have their own different problems. The largest critique for these 'feminists' is that dividing women into sub-groups weakens the movement for change and strengthens the bond of hatred between not only the two genders but the different sub-units of women.

From this, we can gather that feminism is more than lowering the 9% gender pay gap to 0. It is a fight: a fight that women and men will not give up on. One of the largest reasons that the patriarchy is still in existence today is because of the stigma that has grown around feminism online, which has ruined the branding of it. Radicalists and Postmodernists have been online and spreading misinformation that now feminism isn't about



'equality' but about 'getting revenge' on men and 'dismantling the patriarchy to turn it into a matriarchy'. These people are not feminists - they are extremists.

So please, if you stand with the future of women's rights, say you are feminist, be there for women in a time when we need you most.

Female Footballers

by Fatima (Year 7)



In the football world, we mostly only ever hear about male football players. Out of the 100% of football players, 97% are male footballers and 2% are female footballers. Additionally, the average number of fans attending the Women's Super League is around 1000 and for the Premier League, the average of fans attending is 39.5K. But why? Why is there such a huge disparity when it's the same game? Why does gender have to be the dividing factor?



England's Lionesses; photo taken from: <https://www.bbc.co.uk/news/uk-england-48801235>

On the 31st of July, it was the Women's Euros and 87,192 fans watched the final. On the other hand, 42 million people watched the men's Euro 2020. This shows that people are more interested in male football than female football. Furthermore, it could also reveal that football fans don't appreciate the hard work that female footballers had to endure to become professional football players.

There are no actual differences between the female football rules and the male football rules, meaning that some fans just like men's football because of the stereotypes about women not being able to play football. The case is, people think that because female football doesn't get enough viewers, it would mean that type of football might not be serious enough or not as professional as male football. However, women can be just as good at playing football, as they put in as much effort as men, and potentially even more because they have to combat the stigmas surrounding it.

In my personal opinion, women's football could actually be more interesting because I feel like it arguably doesn't have the same exaggerated drama (or around the same level) as the men's games. Even though many people favour men's football over women's, I think women's football could reach the same level or similar, if their surrounding fan bases, media coverage and supporters in the stands were as good as men's. Until then, we will need to continue to fight for the equality between men and female football.

The Rise of Vegetarianism



by Eleftheria (Year 7)

In these changing times, people feel the need to do something to help the planet and animal discrimination. Becoming vegetarian is rising in popularity as a way to help. In this article, I will explore how being vegetarian can affect your life in both negative and positive ways, and how it helps combat this rising concern for the environment.

Being a vegetarian doesn't only help others, but also yourself. It encourages you to try new foods and helps your mental health. Additionally, it has benefits for your body by preventing Type 2 diabetes, reducing cancer risks, lowering your blood pressure, decreasing asthma symptoms, promoting bone health and is good for your heart - and the opposite can be said for eating too much red meat. Vegetarians consume less saturated fats and less cholesterols, all the while getting more vitamins C and E than meat-eaters.

Addison, in 7S, is a vegetarian; let's see what she had to say.

E: So, Addison, do you enjoy being vegetarian?

Addison: Yes, I do enjoy being vegetarian. It makes me feel healthier, as we mainly eat vegetables in my family.

E: Has it impacted your life, you as a person? If so, how?

Addison: It has made me feel happier, and honestly, I don't feel like I need to eat a lot of meat, and I feel like I enjoy meals.

E: What inspired you to become a vegetarian?

Addison: I suppose I never really liked meat (it was always too chewy!), and then my mum stopped eating meat, so then we all stopped.

E: So the whole family is vegetarian! Wow! How long have you been a vegetarian?

Addison: 8 months - it feels like it's been forever!

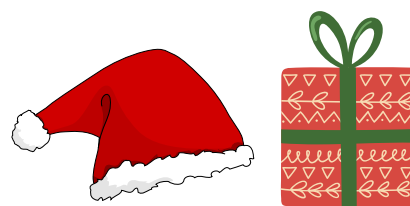
As you can see, being a vegetarian has had many positive impacts on Addison and her family.

That's not to say that you have to be a vegetarian tomorrow, but try it out and see how it feels. You, too, might feel the health benefits, whilst also making a positive impact on the environment!



Places to go During the Christmas Season

by Marwa (Year 7)



The holidays are just around the corner, so I wish you all a Merry Christmas when it arrives! It's usually time for family, love and friends. However, for some of us, we don't know where to go or what to do, so we get bored with all that time. Are you confused or bored and don't know where to go? This is the article you need!

Around Ruislip

If you're looking for more local events and places, you could go to a range of amazing areas, such as Uxbridge, local restaurants with festive themed meals and decorated attractions. Firstly, in Uxbridge, you can see exciting Christmas lights, stalls that sell decorations and food, and the whole area has Christmas-themed attractions and tall trees. Coffee shops sell holiday-themed drinks, like the gingerbread latte from Costa and Starbucks. Closer to Ruislip, the local cinemas show Christmas classics like *The Grinch*, *Home Alone* and *Elf*.

A Little Farther Away

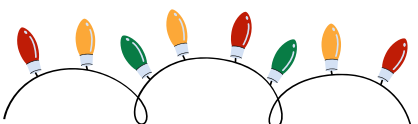
If you're interested in more of an adventure, you can go to places like Central London that have got multiple festivals going on. One place you can venture to is the Winter Wonderland in Hyde Park. To get there, you'd need to either go by car or by tube, on the Piccadilly line from Ruislip Station. If you book in advance, you'll be able to go in straight away; otherwise, you'll be waiting in the cold queue! It's definitely worth the journey as it has fun rides, beautiful attractions - like a massive tree - arcade games and food and Christmas stalls. It can get really busy, so ideally you'd want to go on a Friday or another weekday.

Somewhere else you can try is Christmas at Kew. It's known for having magical, sparkling lights, tunnels, lakeside reflections, trees with stunning ornaments and more. You'd also need to get a tube to get there, but this will also be worth it because it's unlike any other Christmas experience you will ever go to.

Overall there is so much to do during your favourite holiday. Whether you're in Ealing, Ruislip or Central London, the city has all your festive needs covered. I hope you enjoy and have fun with the weekends!



Can you find the basketball?



North Child by Edith Pattou

by Milcah (Year 8)

Rose has a very superstitious mother, who wants a child in every compass point direction. However, North children are considered to be troublesome. Rose's unexpected birth led to her being born facing North, even though her mother wanted her to be East. One day, a white bear knocks on their door and Rose's life is changed forever. Working with the bear, she must fulfil a prophecy east of the sun, west of the moon.

In my opinion, I find this book amazing; it is actually my favourite book because it includes fantasy and love and it involves lots of superstition. The fact that it's in diary form allows the reader to fully immerse themselves into the characters' perspectives. All these interweaving perspectives tell a very exciting adventure story through Njord and the world around it - a fantasy winterland.

My favourite character is the white bear because he is very mysterious, kind, strong and good-willed. He has a lot of faith in people and takes care of them.

Overall, I would recommend this book because it is enjoyable and indulging, hooking the reader in every page. The characters are relatable and the fantasy elements are at times, humorous.
Rating: 5/5

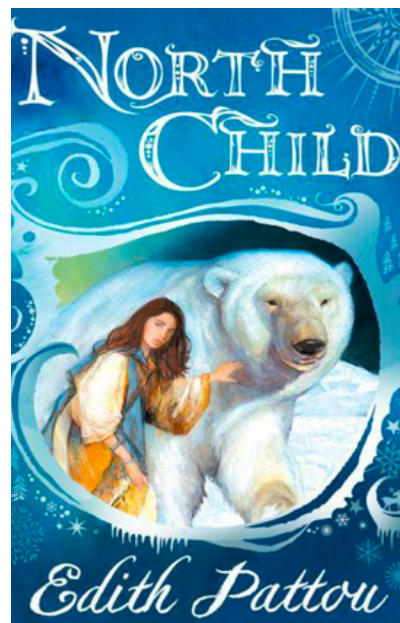


Image taken from: <https://blackwells.co.uk/bookshop/product/North-Child-by-Edith-Pattou-author/9781409547310>

It Ends With Us by Colleen Hoover

by Marwa (Year 7)

I have read this book and personally, I think it spreads awareness and explores themes most people don't often think about such as marriage, divorce and abuse. This book, however, does deal with dark and mature themes, so you might want to start by reading her young adult novel, *Slammed*, first to get a sense of her style.

This book is, for me, a 5/5: it's extremely thrilling, eye-catching and exciting. If you do read this book, I would also recommend the sequel *It Starts With Us*. It is also a good book, and I am currently reading; I find that it matches my expectations and rating for *It Ends With Us*.

The main downside about this work, though, that the author has faced criticism, such as for romanticising toxic relationships.

As she gains increasing popularity on social media platforms, like TikTok and Instagram, it's important to tread with caution and do your research before reading controversial books. Only then can you truly engage with it and form your own opinions about it.



Image taken from: <https://aliceandherbookshelf.wordpress.com/2020/08/02/review-it-ends-with-us-colleen-hoover/>

Button, Button: The Sequel, Part 1

Story by Zaynab (Year 7), typed by Eleftheria (Year 7)

In Year 7 reading lessons, students have been reading the short story 'Button, Button' and have enjoyed its twists. If you are not in Year 7 and familiar with it, you can find many free pdfs online or ask of your English teachers.



The story ended with an interesting twist, which left many students hungry for more. Zaynab in 7A took it a step further by writing a sequel to the story. It is a wonderful story, and it is hoped that many Year 7s will enjoy. The second part of the story will feature in the next edition of the newspaper. If you do not know the original story, you can find the time to read it online before reading further (as there are many spoilers to the first one).

Here is the start of this fantastic sequel:

Chapter 1 - The Call

Norma was crying. Even though it had only been 2 days since she was informed about Arthur's death, she had big grey bags under her blood-red eyes.

The telephone rang. Reluctantly, she picked it up: "Hello, how can I help you?" she said.

"I have a job offer for you - a factory job" said the man.

"Who are you, and how do you know me?" demanded Norma.

"Um," said the man's croaky voice, "I am Mr Steward!"

"Shut up, and leave me alone!" she bellowed furiously, awakening all of the close pigeons and scaring them. Norma didn't care. She just wanted Arthur.

Chapter 2 - The Heartbroken Woman

She cried and cried for hours and hours. At around 6:45 PM, she stopped and got up shakily. She walked to Arthur's room and picked up his diary - the one he wrote in every day before he died. As if it was the most precious gem in the whole world, she held it and opened it.

It read: 'Dear diary, I work with Mr. Steward and he gave us a button this morning - I will have have to kill myself near the subway.'

Norma was bewildered as she read page after page, Arthur writing how desperately he wanted to separate himself from Norma, yet it was not allowed.

In complete and utter disbelief, Norma fainted.

Chapter 3 - Arthur and Norma

She woke up with her head on the floor, but she didn't care. She couldn't believe Arthur had wanted a divorce! Wearily, she slumped down the stairs and looked at the £50,000 waiting for her.

The telephone rang again. Norma was feeling annoyed yet bewildered, and astonished and yet still furious. She didn't answer the phone. She needed to find out more about Arthur. Maybe Mr Steward was right: Norma didn't know her husband.





Dear Agony Aunt,

I am a very forgetful person, and that can be horrible during Period 1 checks. I am always relying on my friends to lend me equipment, and have come close to getting hour-long detentions! I can't keep up with this anymore. This may sound like nothing, but I would like to be an astrophysicist and go to the University of Cambridge. My parents say, though, that if I continue being so forgetful, they won't fund me when the time comes to pay for my tuition fees. Also, soon I will have so many strike 1 and 2s and detentions that I will probably be suspended or expelled! Please help!

Forgetful Frank

Dear Forgetful Frank,

I am sorry to hear about your difficult situation, and I sincerely hope that it improves. I understand that it can be hard to be so forgetful, as I am too, but I have a few

precautionary measures to ensure that you will not be placed in a tricky situation. The first thing you could do is sit down with your parents and talk about what they're threatening you with. Is it really reasonable? You could also have a spare pencil case in your locker, or you could even have some spare stationary in your pocket. In case of extremes, ask your teacher to just hold onto some of your spare stationary - and of course, let's try to forget (no pun intended) the old 'borrow your friend's' as it's only a short-term solution!

All the best,
Agony Aunt.

Dear Agony Aunt,

Last weekend, I went to a restaurant and experienced the most outrageous thing! Absolutely outrageous! I was sitting with my friends, just gossiping, when I looked down at my chicken salad and saw the longest hair I have ever seen in my entire life right in the middle of my plate. It was dancing in the salad cream, truly enjoying itself. I could not contain my scream. When I showed the cook, they said, "We can't do anything about this, sorry! It might just be your own hair. Just pull it out - don't be dramatic!" Don't be dramatic?! That would be one-star on Yelp! Agony Aunt, what should I do? This is outrageous!

Dramatic Daisy

Dear Dramatic Daisy,

I'm so very sorry this happened to you. I'm sure that you may get your money back, if you complain to a manager with photographic proof. You could also write a letter or a petition, and get it signed by your friends, as witnesses to the event. Perhaps also talk to a parent or legal guardian - they could support your further in investigating the hygiene policies at the restaurant. For now, I suggest taking some time to recover from this very distressing event.

Best of luck,
Agony Aunt



