

Ruislip High School NEWSLETTER

Summer 2022

YEAR 8 STUDENTS VISIT RAF NORTHOLT



As part of Activities Week 30 Year 8 students spent the morning at RAF Northolt. Prior to the visit the students carried out independent research into Spitfire and Hurricane planes. The students presented their findings to Wing Commander Paula Wilmott and Ian Rushworth Northolt's Station Visits & Engagement Support Officers. The students also had the opportunity to visit the Grade II listed Sir Keith Park building. This is the WW2 Sector Operations Room from which aircraft were controlled in "Sector Z" to the west of London. This building has been part of a heritage project to restore the plotting room and create a museum to display artefacts from the station's history. On our return to school the students completed posters on what they had learned.

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HEADTEACHER'S NEWS



This year has definitely started to feel like a return to normal after the pandemic, and I am incredibly proud of how all members of the Ruislip High School community have continued to work together this year to ensure we provide the best educational experience for the young people in our care.

I often speak about Ruislip High School as being a school both in, and for, the community, and this year has continued to prove this to be true. After the first public examinations since 2019 it was wonderful to see students celebrate at their end of Year 11 and Year 13 celebration assemblies, and the support for the proms for the two year groups was truly joyful. I look forward to celebrating with students at the results days next month and it has been a privilege to see the students grow into young adults who are a credit to the community.

This year also saw the return of the Year 6 into Year 7 transition day in person. 210 students arrived at the school from over 19 primary schools; by the end of the day they were all one year group of Ruislip High School students.

The return of Activities Week has also provided students with a range of excellent experiences and learning opportunities. I particularly enjoyed the 10K walk, and I was proud to receive emails from members of the public who had encountered our students around Ruislip Lido and Ruislip Woods, and were keen to praise students' impressive behaviour and conduct.

I would like to thank all the students and staff who have contributed to this newsletter, showing how much has been achieved. I would also like to acknowledge the hard work of all the staff this year. The newsletter is evidence of their dedication and the level of discretionary effort that permeates the staff body, and I am incredibly proud to lead such a team.

Finally, I would like to thank all members of the school community for the continued support and wish you all a restful summer break.

Gareth Davies

Headteacher

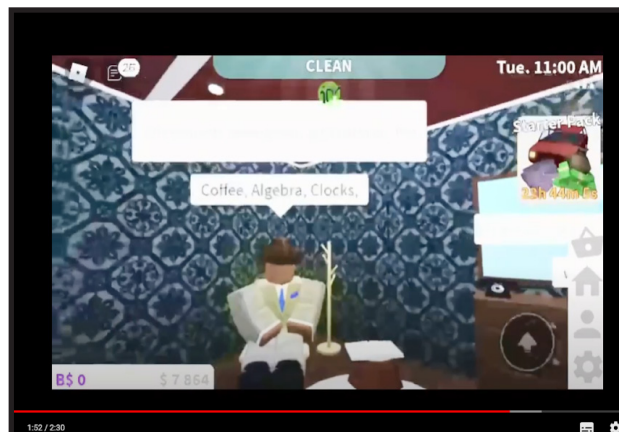
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HISTORY NEWS

The summer term has been a busy time for the history department. Our Year 7 historians have been learning about the Crusades and Islamic Civilisations. Mr Maud's Year 7 students have been very creative in their project homework making videos using stop animation, Flipa Clip and filming themselves.

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The students presented their findings to Wing Commander Paula Wilmott and Ian Rushworth Northolt's



Station Visits & Engagement Support Officers. The students also had the opportunity to visit the Grade II listed Sir Keith Park building. This is the WW2 Sector Operations Room from which aircraft were controlled in "Sector Z" to the west of London. This building has been part of a heritage project to restore the plotting room and create a museum to display artefacts from the station's history. On our return to school the students completed posters on what they had learned.



Year 9 have finished their study of the 20th century by learning about the Holocaust. We have adapted the resources provided by the Holocaust Educational Trust. Year 9 have approached this sensitive topic with maturity. A number of our Year 9 and 10 historians will be travelling to Berlin in February 2023. This trip will support their study of Weimar and Nazi Germany and the Cold War. As part of this trip they will visit Sachsenhausen concentration camp and see first-hand one aspect of the way Jewish people and many others were persecuted by the Nazis. As a department we are aware of how important it is for our students to experience history outside of the classroom and we are looking forward to our first trip abroad in three years. Finally, the department would like to congratulate our Year 11 and Year 13 students on completing their public examinations. The students have impressed us with their focus, resilience and determination. We would like to wish you all a restful break and we look forward to continuing our historical journey in September.



YEAR 7 NEWS

Year 7 have continued to work hard throughout the summer term. It has been lovely to see the students gain confidence, make friends and begin their journey at Ruislip High School.



PGL

The majority of the year group went to PGL Caythorpe Court this term. It was a jam-packed three days full of

activities and adventures. Students got stuck into the variety of challenges and showed bravery and confidence when tackling new things. Students were able to Zip Wire, take on the Giant Swing and even Outdoor Survival Skills.

It can be a real challenge for students to be away from home but Year 7 had a fantastic time and I am sure lots of fun memories were made.

Activities Week

As well as our residential trip, students also took part in our annual Activities Week. Year 7 students visited the zoo, took part in our School Values day as well as an exciting trip to the West End to see Mary Poppins. Year 7 displayed exemplary behaviour in all activities and it was a real joy to see them singing and dancing along to Supercalifragilisticexpialidocious!

Reward Trip

Many of our Year 7 students were eligible for the summer reward trip to Thorpe Park. Students spent the day enjoying the sunshine and the thrills of the rides. The trip was thoroughly enjoyed and I know that lots of students will be working hard to attend next year.

As summer term draws to a close, I have been reflecting on the current Year 7 cohort and the brilliant year they've had at Ruislip High School.

When students start the year, I often describe them as tourists: finding their way around a new place, asking for directions, and often bearing huge backpacks! Year 7 are certainly not tourists anymore. They are truly part of Ruislip High and over the last year they have shown their determination to succeed. I am very proud of all of the Year 7 students and I know that they will continue to make Mr Randall proud as he takes them into Year 8.

GAME 24

The inter-borough '24' Game Competition

Ruislip High School hosted the annual '24' Game Maths Competition on Tuesday 12th July 2022, with teams consisting of Year 6 and 7 students from five different schools.

The aim of the game was to use all four numbers given (by adding, subtracting, multiplying, dividing) to make 24, eg. 1, 3, 4, 7 could be $4 \times 7 - 1 - 3$.



There were three rounds, with each round increasing in difficulty, including double digits, fractions and decimals. As the event got underway, there was a real air of competition, as each team of two whispered suggestions of the solutions to each other. Ruislip High School was represented by Amelia S, Lorena M, Harley B and Tarik D.

Queensmead took the first prize, Vyners the second prize, with Bishop Ramsey coming third. Ruislip High came in fifth place. There were no sore losers – everyone had an enjoyable time with students asking if they could compete again next year.



LRC NEWS

'Out with the Old and in with the New'

The LRC has had such an exciting year this year with the launch of the long awaited newly refurbished LRC. Gone is the old dated decor and in its place is a freshly painted more modern library, along with new furniture, fixtures and fittings, in the traditional school colours.



The LRC is still an extremely busy area, used by many students and staff, on a day to day basis where everyone can take advantage of the large space and resources available. It is also a very quiet area, with many students spending breaks and lunch times reading.

The World of Reading

On returning to school after lockdown, The LRC was so excited for Ruislip High school to join Sora, an online book library.

Available for all students, there are hundreds of E-books which can be read electronically for free, along with lots of other resources. To access the library, students from Ruislip High just need to click on the link below.

<https://soraapp.com/library/uksecondary>.

Students then sign in with the usual school email and password they use in school. It's an amazing resource, especially to avid readers who like to read multiple books. Log in and try it, as it can be accessed using several devices.

LRC NEWS (CONTINUED)

Golden thread / Guided reading

Year 7 and 8 students were fortunate enough this year to be able to visit the LRC during English 'Golden thread' lessons to browse the books available and borrow books to read at home, with a number of students from each class being able to stay in the LRC and do some 1:1 Guided reading, with Mrs Austen, LRC Manager. This has been such a success that, with so many students wishing to take part, it will continue in the new academic year.

Above and Beyond

As part of the Above and Beyond programme the LRC has been busy this year running various after school activities for students, who wish to remain in school. Year 7 & 8 Reading Club takes place twice a week, for book lovers and students who enjoy reading, taking it in turns to share the latest book and hear Mrs Austen read.

Homework club is for students who wish to take advantage of the desk top computers in the LRC and the many resources available to complete homework, in a quiet environment. Finally, Games Club takes place once a week and students from all years come together in the LRC and play different games: a great way to unwind after a busy school week.

Please return those books

Although a large amount of overdue books have been returned, there are still many past their return date despite numerous reminders. It would be very much appreciated if all parents/ guardians would have a good look at home to see if there are any books belonging to the LRC, as the cost of replacing these books is extremely high. If books are found, please can the books be returned to the LRC and placed in the return box.

Thank you so much

A Big Thank you:

The LRC is such a busy environment and values all the help and commitment shown by some dedicated students at Ruislip High. Several students from different year groups give up their free time on a daily basis to help out in the LRC before school, during the school day and after school.

Have a great Summer

'Happy Reading'

Mrs Austen
LRC Manager

YEAR 8 NEWS

It is really lovely to look back on my first year working with Year 8 students and to think about all their achievements and progress on many levels. It has been fantastic to finally have a somewhat-ordinary year in school and for Year 8 students to eventually experience the “real” life in Ruislip High.

Even if the first half term of the school year was a shock for most, I believe Year 8 students managed to adapt to new ways of moving around the school, new rules and a new Head of Year brilliantly. I think this year has been incredibly pivotal for our year group and I have been extremely pleased to see our students mature and develop into wonderful Ruislip High students and young people. I am very proud to say that many teachers and non-teaching staff now compliment the year group, saying how much they love teaching Year 8 students and commenting on their excellent manners. I am very proud of Year 8 students’ effort to better themselves and improve in all aspects of their school life.

We have had a wonderful year in school and Year 8 students made sure they were an integral part of our extra-curricular events. I am very proud to say that Year 8 has the highest numbers of students participating in the panto, the school choir and Arts Evening.

Students in our year group are also very involved in Above and Beyond clubs which shows their determination to do well and make the most of their time at RHS. Please make sure you join more clubs next year!

This year also saw the return of Activities Week and the Reward trip. It was simply amazing to see students learning in a different context while having a lot of fun. I was so happy with the return of the 10K Sponsored Walk, my favourite day of the year, and we also had a fabulous time at the theatre together. It was wonderful to see the amazement in the eyes of Year 8 as it was, for many, their first time at the theatre.

The year group also did themselves and the school proud by behaving impeccably throughout the week. Can’t wait for next year!

It is now time for us to wish you a wonderful summer break, filled with great times and laughter. Rest well and come back to us ready for another great year at RHS! Have a lovely summer Year 8s and be kind to yourself and others.

Miss Lucas on behalf of the Year 8 Team.

ACTIVITIES WEEK

From Monday 4th July to Thursday 7th July, our students enjoyed Ruislip High School's annual Activities Week. It was the first year since 2019 that this action-packed week has run and it did not disappoint!

On Monday 4th July, the majority of Year 7 departed for PGL Caythorpe Courts, but those that remained at school enjoyed a day out at London Zoo. In school, Year 8 and 9 took part in Cultural Capital Day, which gave students the opportunity to explore one subject area in depth. For example, some students took part in a Harry Potter themed PE workshop, whilst other students spent the day building the perfect society, with the Social Sciences department.



As a part of the day, 30 Year 8 students got to take part in a trip to RAF Northolt, where they explored the planning of the Battle of Britain and got shown around the airbase. Leylah (Year 8) commented that the visit was 'inspiring and incredibly interesting learning about our local history'.

On Tuesday 5th July, all students took part in 'School Values Day', which encouraged students to use the school values - respect, unity, integrity, self-discipline, learning, inspiration and perseverance - in a variety of challenges. One of the highlights of the day was a CSI challenge, which got students to analyse a range of evidence and solve a case. Overall, the day was lots of fun with students commenting that they had enjoyed the opportunity to learn in different ways and found the activities to be very imaginative.



One of the highlights of the school year has always been the 10K walk around Ruislip Woods and it was a delight to see this event back on calendar in 2022! All students had a fantastic time - first on the walk and then at the school's base, The Willow Tree Centre, where they enjoyed a much deserved barbecue and ice cream. Oscar (Year 12) stated: *"It was brilliant to have the chance to do the 10K walk again. It was one of my favourite memories of the lower school and it was great to have a chance to take part as a Sixth Former."*

ACTIVITIES WEEK (CONTINUED)

Finally, on Thursday 7th July, Activities Week came to a close with 'Musical Theatre Day' for Year 7, 8 and 10 and 'Super Sports Day' for Year 9. In school, Year 9 were put through their paces in many different physical challenges set for them by the PE Department. There were a variety of sports to take part in and all students had the chance to get involved. Hallie (Year 9) said: *"The Super Sports day was lots of fun and I enjoyed having the chance to work with and compete against students who are not in my tutor group. I also enjoyed winning everything!"*

On 'Musical Theatre Day', students spent the morning in school, learning about song construction and using this to help them plot their own musical, including composing the opening number. After lunch, Year 7 and 8 headed to the Prince Edward Theatre to watch 'Mary Poppins: The Musical' and Year 10 went to the Adelphi Theatre to watch 'Back to the Future: The Musical'. At both shows, students had a fantastic time and by the end of the performances, all were cheering and full of joy.



Steven (Year 10) told us: *"We had such a good time watching the musical and going on a trip as a year group. It was a great way to end the week."*

Ms Ohana, Assistant Headteacher, who was responsible for organising the week, said: *"Activities Week is such an important part of Ruislip High School's calendar, as it gives our students the chance to broaden their horizons and explore areas of interest and culture, which they might not otherwise encounter."*



"Coming out of the Covid-19 pandemic, we wanted Activities Week 2022 to be an ambitious and challenging week, which would provide long-missed experiences for our students. I cannot thank all of our staff enough for the hard work they put in to help make the week a success for our students. It was an absolute delight to see our school community engaging in such a wide range of rewarding activities. Bring on Activities Week 2023!"

MATHS NEWS

The Mathematics Department would like to congratulate all Year 11 students for their outstanding effort in their preparations for their GCSE examinations.

During the course of Year 11, students from all classes have been able to attend revision sessions run by Maths teachers at a range of times before and after school.

The Mathematics department have agreed that the cohort have been a delight to teach and wish all students the best of luck on results day.

We hope to see many of you back here to study A Level Maths next academic year.

Messages from teachers:

Mr Hankin - *It has been a pleasure to teach my Year 11 class this year. I wish them all the best for results day and I hope they attain the results they deserve.*

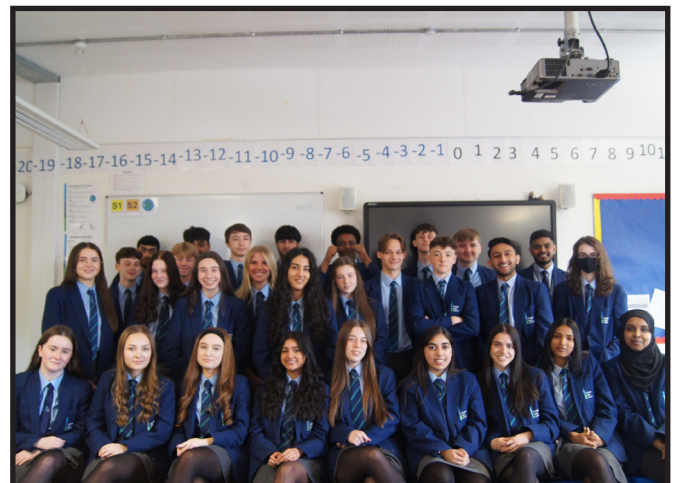
Mr Ladhani - *I have thoroughly enjoyed teaching both of my classes. We have not only excelled academically, but we have done so whilst having a great time.*

Ms Vaghela - *I have enjoyed teaching my Year 11 class this year. They have worked hard and I wish them all the best for results day and the future.*

Ms Jani - *It was amazing to teach my Year 11 in both the years. I thoroughly enjoyed the time with them. I could see how much effort and hard work they put into their work and I wish them good luck for their GCSE results and also for their future.*

Mr Owen - *Both my classes have been really enjoyable to teach over the past two years. I will miss you all and wish you the greatest success in all your future endeavours.*

Ms Najjar - *Thank you for being a lovely Year 11 class to teach. It has been an absolute pleasure teaching most of this year group over the past five years!! All the best for results day and beyond!*



YEAR 9 NEWS

As we approach the end of Year 9, it gives me a chance to reflect on the Year Group and our first full year in school for a very long time.

This academic year has been an opportunity for the Year Group to develop and mature. They have now completed the first year of their Citizenship GCSE and will go on to gain their first qualification by the end of Year 10. Students have been on their first residential trips at Ruislip High School with a number of students completing their Duke of Edinburgh Bronze. Year 10 will provide the opportunity for students to take on their Silver awards before going on to gain their Gold in our Sixth Form.

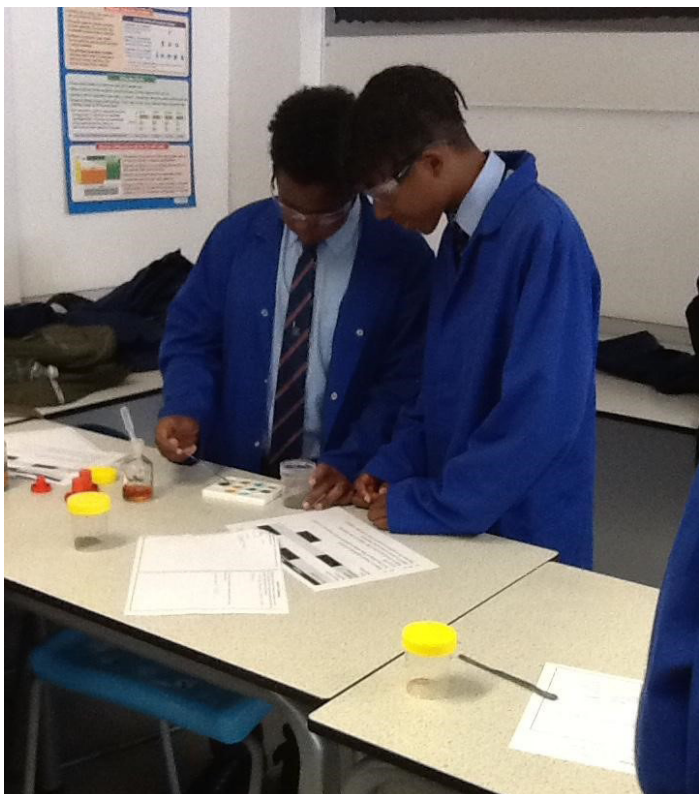
In Year 10, students will be taking their streamlined options subjects as we look toward their other GCSEs that will be gained at the end of Year 11 and will provide the platform for their Post 16 education. I look forward to seeing the Year 9s return in Year 10 with a renewed passion and enthusiasm for their academic subjects.

I wish everyone a good break, encourage you to read and come back revitalised and ready to learn in September!

Have a good holiday!

Mr Elsby

SCIENCE NEWS



Cultural Capital Day

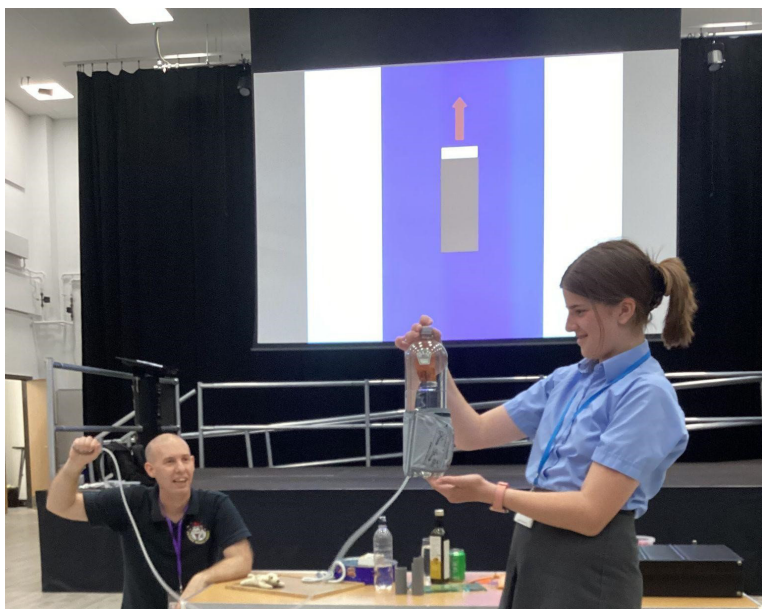
On Monday 4th July the science department put on a Science Day for Year 8/9 students as part of the Cultural Capital Day. The students undertook a day of practical workshops exploring the reactivity of metals. The day started with some exciting demo's from Mr Collins and Mrs Modi that included the 'acid bomb' and hydrogen balloon. Later in the day, students conducted their own independent experiments and recorded their results. Staff who supervised the day reported the students loved all the practicals and showed off all their scientific thinking skills.

Science magic show

The following Monday was an extra special treat for students in Year 7, 8 and 9 as Dr Pritchard from 'Science Magic Shows' came to give our students a show. The money provided for this activity came from the Jack Petchey fund and we are incredibly grateful to be able to give this opportunity to our students. The students learnt about centre of mass and density in a fun and interactive way. The aim of the session was to ensure students recognised the need to ask questions and not accept observations on face value.

Classroom based practicals

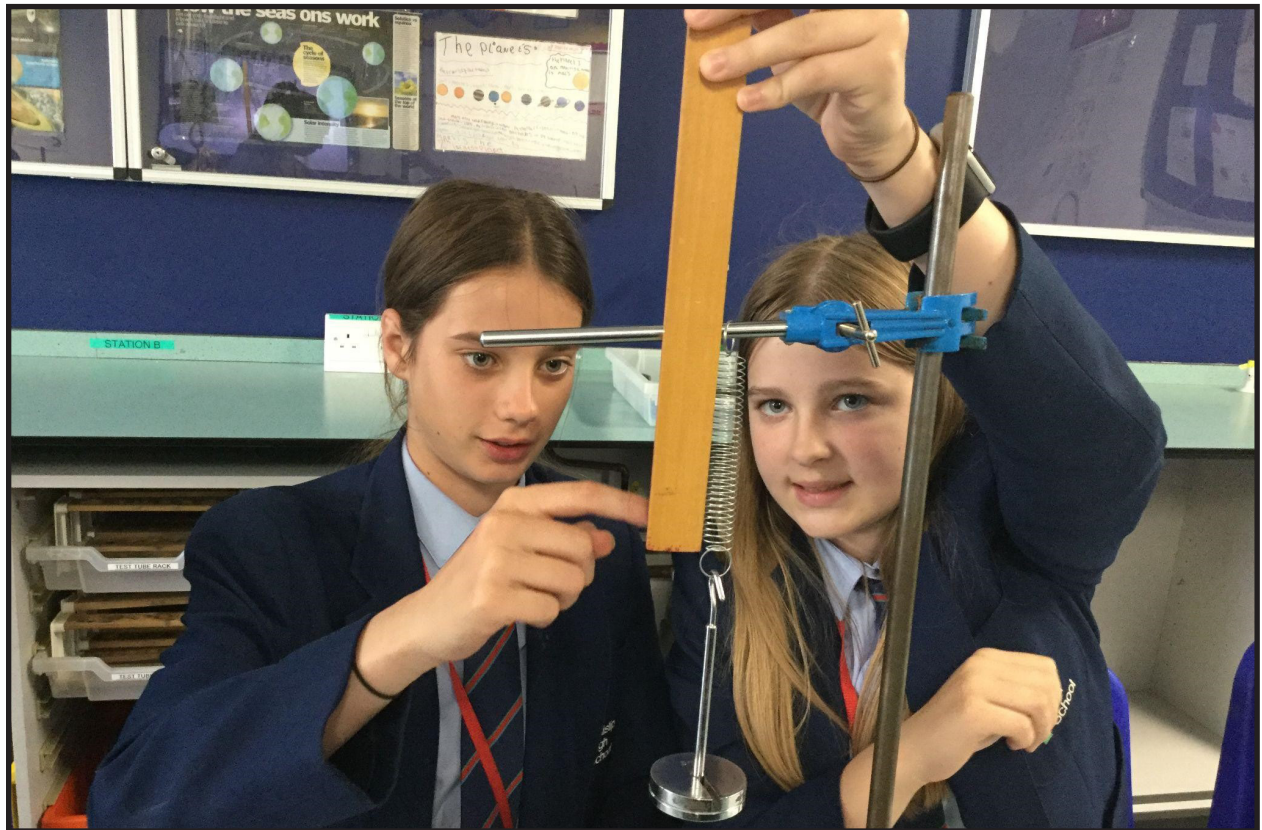
As always the science department has been encouraging students to investigate and draw conclusions on their own. Below is a picture of one lesson where students investigated the effect of weight on the extension of a spring. The students had to record their results in a table and then write a conclusion based on the results they gathered.



SCIENCE NEWS (CONTINUED)

Physics interns

In addition to the variety of exciting activities detailed above, the science department has been lucky enough to host two physics interns through the Ogden Trust physics intern programme. The interns have been learning about what it is like to be a science teacher and have been supporting lessons and clubs here at RHS. During their time with us they have presented a university workshop to all Year 9 students to give them a flavour of the future opportunities available to them. The interns have also taught their own very first lesson with Year 7 students. We wish them the very best of luck in the final year of their physics degrees and certainly hope they end up opting to complete teacher training in a year's time!



YEAR 11 NEWS

After a difficult couple of years that saw the halt of the vast majority of school events, we finally got to celebrate all of Year 11s achievements with the school prom. As is tradition, students gathered in their amazing outfits outside school from 6pm for informal photographs. They then headed to the venue, with many students in luxurious hired vehicles.

Mr Alexander, Head of Year 11, said, *"After the success of the GCSE exam period, it was a pleasure to see Year 11 students getting the chance to let their hair down at Prom this week. Each and every one of them had worked tirelessly during the examination period and as such, deserved their final farewell to mirror this. Thankfully, the Year 11 Prom did not disappoint. Students looked incredible, kitted out from head to toe in their glamorous Prom outfits. It has been a pleasure to see this cohort develop into mature young adults and we hope to see many of the students back in September where they will begin their journey at Ruislip High School's Sixth Form. For those, however, who are moving on to new challenges, we also want to wish each and every one of them every success in the future".*

In addition to this, Year 11 also got to finish the end of the exam period with the Year 11 End of Year Assembly. Students won an array of prestigious awards from 'Most likely to win the lottery but lose the ticket' to 'student most likely to be late to their own funeral'. Special mentions must go to Keela E, Charlotte B, Will D, Kiera H, Libby S, Emily D & Holly R who wowed this audience

GEOGRAPHY NEWS

The Geography Department has been delighted to organise a brand new day field trip for Year 10 students in the summer term. This is in addition to continuing the long-established residential field trip for A-level students.

GCSE Geography

The new GCSE field trip for 2022 has been to take Year 10 classes to Hengistbury Head on the south coast. Students had two enquiry questions to help prepare for the GCSE Paper 3 they will sit in the summer of 2023. These were: 1: Does Hengistbury Head have effective coastal management? 2: Does Mudeford Spit attract tourism?

Mason in Year 10 said, *"It was interesting to measure the beach either side of the Long Groyne structure which protects Hengistbury Head and also places to the west such as Bournemouth. It was a clear, sunny day so we could see all the way to the chalk Needles on the Isle of Wight as well."*

Grace added, *"We noticed how the main groyne coastal defence was under a major reconstruction project with large diggers, because of concerns about sea level rise."*

Liberty said, *"I would 100% recommend this field trip to younger students. The walk was challenging but we got to take the land train back to our starting point from Mudeford Spit."*

Anastasia said, *"The best bits for me were the view over the English Channel, and also seeing the beach huts which we learnt can cost over £300,000."*

Luke added, *"Before getting to Hengistbury Head, we stopped off at Barton On Sea to assess the effects of coastal change over recent decades. Coastal management is a serious business affecting peoples' lives."*



GEOGRAPHY NEWS (CONTINUED)

Students enjoying the Year 10 Geography field trip to Hengistbury Head

Year 10 students have already completed four of the eight GCSE topics (The Challenge of Natural Hazards, Living World, Physical Landscapes in the UK, and Urban Issues and Challenges). Year 10 students can do some early GCSE revision over the summer using their Paper 1 revision 'Megabook' available on Google Classroom. Meanwhile, the department has been pleased with the revision effort displayed by Year 11 students. The department wishes all GCSE students well for results day, and hopes to see many of them in the new Year 12 A-level class from September!

A-level Geography

In June, the department organised another residential field trip to the Norfolk coast for Year 12 students. This visit has taken place every year since 2012, with the exception of 2020 due to the pandemic. The photos show students studying Cromer, known as the "gem of the Norfolk coast", and also Bacton gas terminal which is a crucial location for national energy security.

Year 12 students studying coastal Geography in Norfolk

The department has also been impressed with the level of revision undertaken by Year 13 students for the public exams. In May and June, students undertook two 2.5-hour exams on the six A-level topics: Hazards, Coastal Systems and Landscapes, and Water and Carbon Cycles for physical geography; and Changing Places, Global Systems and Global Governance, and Resource Security for human geography. Good luck for A-level results day on Thursday 18th August!



GEOGRAPHY NEWS (CONTINUED)

Key Stage 3 Geography

Students in Years 7-9 have continued to show enthusiasm in class. Year 7s have completed the Settlement topic, where they used historic Ordnance Survey maps to study the growth of Ruislip linked to the expansion of the London Underground. Year 7 have also studied Coasts and Oceans, where they have considered the importance of container ship transport in the modern world economy.

Year 8 topics have included investigating energy resources in the UK and how this links to the country's ambition to help with the COP26 climate change meeting targets. They have also studied how the European Union has changed since Brexit.

Year 9 topics have included 'Superpower Geography', in particular investigating which countries challenge the USA as the world's most important country. The final topic of term for Year 9s has been the growth of the tourism industry. One key case study has been to consider if tourism is sustainable in the Galapagos Islands.

Lastly, the department is very pleased to be welcoming five new Year 10 classes in September following the Year 9 subject preferences process. Let's Geog-on!

YEAR 12 NEWS

As I write this update towards the end of the summer term, it seems incredible that Year 12 are already halfway through their time in the Sixth Form. They have already achieved an enormous amount, especially considering what a very busy summer term this has been. I was particularly impressed with the outstanding attendance and conduct of the students during their PPE week at the end of June, during which they were a credit to themselves and the school. Results from those PPEs will be released at the end of term via a tracking report.

Alongside their studies, the Year 12s have continued to be involved to an impressive extent in the wider life of the school. At the time of writing, we are nearing the end of our first Activities Week since 2019. Students have participated in a TalktheTalk workshop (which developed their presentation and interview skills), the whole school House Values day, Sponsored 10K walk and our post-18 applications drafting day (during which students drafted a UCAS personal statement or apprenticeships cover letter and CV). In June, students interested in apprenticeships attended an ASK Apprenticeships workshop in school, and prospective medics attended an inspirational talk from two trainee neurosurgeons about getting into medicine. The week beginning Monday 11th July will see the Year 12s run the school's annual RAG (Raising and Giving) week.

Throughout Year 12, I have been impressed with the maturity and focus with which the students have conducted themselves and their studies. Looking forward to the start of Year 13, there will inevitably be a strong focus on post-18 applications and revision. I have no doubt that students will use the post-18 evidence that they have been building throughout this academic year to great effect in writing strong applications to universities and apprenticeships, and I am excited to see their successes next year.

Finally, I would like to thank you for your support of the school and the students throughout Year 12, and wish you a restful summer break.

Mr B Peacock

YEAR 13 NEWS

The summer term saw the first Year 13 external exam season since 2019. I was extremely proud of the way Year 13 students conducted themselves in the build up to, and during, the examination period. The students showed outstanding maturity, determination and resilience to make it through an extended examination period. Their hard work in preparation for the examinations has also been a testament to their inspired and dedicated approach towards their academic studies.

In the second half of the summer term, we said goodbye to our Year 13 students through their leavers' celebration assembly and prom. The celebration assembly gave students an opportunity to take a look back at some of the most memorable moments during their time at Ruislip High School, celebrating all of their achievements in the process. As I mentioned to students during this assembly, they really are a special group of young adults and I will truly miss being their Head of Year. The resilience they showed throughout two school closures and multiple national lockdowns, by continuing to demonstrate dedication and hard work in their academic studies and in spite of the many challenges they experienced during these periods, is something they should forever be proud of. The way the students rose to the challenge of remote learning, becoming outstanding independent learners in the process, is a testament to that same resilience and work ethic, and I am certain that this experience has enabled them to develop as independent and resilient young adults. I am delighted that, having been unable to have a prom at the end of Year 11 due to the national lockdown in 2020, students were able to celebrate their time at Ruislip High School with a Year 13 prom. The smiles and excitement on all of their faces told a story of its own, as students celebrated their time at Ruislip High School with their friends (and teachers!).

I am certain that all of our Year 13 students will be successful in the future, as they begin their post-18 journeys, and I look forward to hearing about all of their successes and accomplishments in the near future.

I wish you all a pleasant summer break when it arrives.

Mr B Karimi
Head of Year 13

PROM PHOTOS



PE NEWS

This term has been very busy. Many of our sporting successes from earlier in the term have already been shared on the parent bulletin. Here is what the students have been getting up to in PE over the past few weeks!

Athletics

English Schools Selection

Congratulations to Zayn Azabdaftery who has been selected to represent Middlesex at English Schools National Championships in Manchester on Friday 7th and Saturday 8th July 2022. This is a huge achievement for Zayn as he was unable to take part in the official qualification race due to taking part in the Duke of Edinburgh Award on the same weekend. Zayn currently has a time of 11.44 which ranks him 5th in the UK as a U15 and only 0.4 seconds off National standard time.

Middlesex Schools- Year 9 and 10

On Saturday I had the pleasure of supporting our Hillingdon team at Middlesex schools Athletics Championships at Stone X Stadium the home of Saracens Rugby team. We had a number of students who were successful in getting to this competition however due to DoE running on the same weekend we had three students take part to represent Hillingdon. Well done to Will L(800m), Cassie S (300m) and Davey S (discus). Both Will and Cassie placed 2nd in their respective finals.

Junior Athletics

On Thursday 5th June 2022 twenty four year 7 and 8 students competed at the Junior Borough Athletics Competitions at Hillingdon Athletics track. On the day students were competing against 22 other schools in the Hillingdon area in different field and track events. On the hottest day of the year so far, students showed great resilience which was reflected in some fantastic results.

Year 7 Girls: Ava W - 4th place 800m. Year 8 Girls: Chelsea-Rose K - 2nd place 300m, Teighan G - 3rd place 100m , Angielina I - 2nd place 800m, Zoe M - 3rd place Javelin
Chelsea-Rose, Teighan, Eliana & Kalina - 3rd place 4x100m Relay

Year 7 Boys: Charlie R - 1st place 800m, Veer B - 1st place 100m , Kallum J - 3rd place 1500m, Charlie R - 2nd place Long Jump, Matthew H - 4th place 200m. Year 8 Boys: Jake H - 1st place High Jump, Arun B - 2nd place 800m, Jake H - 2nd place Hurdles
Charlie, Veer, Kallum & Matthew - 3rd place 4x100m Relay

OVERALL RESULTS: Year 8 Girls - 2nd, Year 7 Boys - 3rd, Year 8 Boys - 5th

Middlesex Schools- Year 7 and 8

On Monday 27th June 10 of our students from Years 7 and 8 attended the Middlesex School Junior

PE NEWS (CONTINUED)

Athletics Competition at StoneX Stadium. Our Year 8 girls team had qualified for the competition after a second place finish at the borough competition the previous week and, along with St Helen's, were now representing Hillingdon. They were able to build on their success with another brilliant performance, finishing second overall. This is the best result at the competition in Hillingdon's history! There were victories for Teighan G (100m and 4x100m relay) and Angelina I (800m), as well as a number of other exceptional performances. Charlie R (800m) was our only representative from Year 7 in the boys' team on the day, but was equally as successful as he won his event comfortably despite a knee injury. The Year 7 boys' team for Hillingdon would go on to win the whole event!

School Sports Week

Year 7 girls played a match during Monday's lunch time to celebrate school sports week. Yellow team won 4-1 with a fantastic hattrick from Jessica.

Amy D, Nancy T, Mariam T, Deeya J, Holly M, Megan C, Jessica G, Eva E, Milcah A Jodie C, Ciara W.

We also had a great turn out to the rounders club on Tuesday where we had a group of Year 7 and 8 students take part in a mixed rounders match.



Glebe Sports Day- Year 1&2



A huge thank you to the following Year 10 students who did an excellent job leading students in Year 1 and 2 through their sports day this week. The students led on a station each and helped to record scores of the track races.

Corey A, Rasum S, Sirjan L, Mia C, Dylan P, Ellie H, William P, Klea B, Abigail S, William Q and Ben B

Field End Primary School Sports Day

A massive well done to the Year 10 students who did an amazing job assisting Field End Junior School with their sports day. The students were fantastic on the day, leading the events.

PE NEWS (CONTINUED)

Below is an email from a member of staff at Field End Junior School on the students' success.

"I just wanted to say a HUGE thank you for yesterday's Sports Day.

Truly, it would not have happened if it wasn't for your organisation and students - THANK YOU! I very much appreciate it. Please pass on my heartfelt thanks and appreciation to your students - I'm not just saying this, but I think they were the best I have had helping with our Sports Day."



Students names: Mustafa A, Grace D, Jamie D, Ben B, William L, Tommy M, Freya S, Erion M, Freddie S, Cassie S, Abigail S, Will C, Will Q

Cricket

Year 8 Cricket - Year 8 got to play in the first game of the season vs Northwood school. It was a great experience for all as for some pupils, this was the first time that they had put pads and helmet on for hardball cricket. Despite the loss, the Year 8s have continued to develop their cricket skills within lessons and school clubs and are looking forward to the next set of matches. The players are: Zeyad N (8C), Obaye E (8C), Richman K (8F), Neel K (8A), Kian M (8W), Kalel H (8C), Jaydon D (8D), Rahul P (8F), Rishan P (8W), Elena L (8C), Diyana S (8B), Adam D (8S), Arun B (8S)

Rounders

The Year 7 and 8 rounders team have had a great season with over 40 students from both year groups attending training sessions each week.

Year 7- Matthew H, Harley B, Archie N, Louie B, Alfie P, Freya M, Holly M, Nancy T, Eva E, Oliver J, George E, Shaan P, Aaron L, Arshwin N. Year 8-Hannah C, Eliana R, Ava B, Emily B.

Students took part in games against Vyners which RHS won 4-13 and Uxbridge High, which was narrowly lost. Congratulations to the Year 7 team who have made it through to the semi-final of the league. They won this semi-final game against Uxbridge High School and have made the final and will now face Haydon!

PE NEWS (CONTINUED)

Year 8 rounders tournament

Year 8 competed at the borough Rounders tournament against ten different schools from the area. They reached the semi-finals and unfortunately missed out making the final by a small margin. All students played excellently on the day and should be very proud of themselves. The team was made up of Year 7 boys and Year 8 girls.

Year 8-Hannah C, Eliana R , Ava B, Emily B. Year 7- Matthew H, Harley B, Archie N, Louie B, Alfie P,



Table Tennis

On Wednesday 22nd June six Year 7 students participated in the Vanguard Learning Trust table tennis competition. The competition was a mixture between Year 6 and Year 7 students from Vyners, Field End, Ryefield and Ruislip. Ruislip High school were victorious in both the singles and doubles competition with all students below winning 2 trophies each.

Well done to all students winning the competition.

Students involved - Caden C , Adhiv B, Jamie H, Sebastian C, Oliver B, Louis B



SIXTH FORM SPEAKERS

A special part of the Sixth Form experience at Ruislip High is hearing from external speakers once a fortnight. Each talk is based around one of the '3Cs' of careers, current affairs and culture. In the summer term this programme has continued, with one of the highlights being a visit from a major energy company figure.

On Thursday 21st April the guest speaker was Chris O'Shea (pictured). Chris is Group Chief Executive of Centrica Energy, which is the parent company of British Gas. Chris has been on BBC Radio 5 this year talking about energy price concerns, and has also been the main guest on Deborah Meaden's 'Big Green Money Show' podcast.

Chris emphasised that he was more interested in students' questions than speaking about his own career. He talked about the future of fossil fuel exploration, developing battery storage for electricity from wind farms, heat pumps, and his concerns over mining resources for electric car batteries. Students asked questions on areas including fuel poverty, climate change, home heating systems, electric cars and apprenticeship opportunities at Centrica.



Guest speakers in the summer term have also included Sue Alexander from the charity WaterAid, and two school alumni: Lewis Baldry who now works as a Digital Technology Solutions Degree Apprentice with BT; and James Lewington, a former RHS Head Student who is now a primary school teacher.

Over the rest of this year, other well-received guests have included Sue Hunter and Stephen Hart from the Terrence Higgins Trust; Shaan Knan from GIRES (Gender Identity Research and Education Society); and Claire Parsons from Kooth mental health support. The Sixth Form would like to thank all of the guest speakers this year who have all visited on a voluntary basis.

If parents/guardians have any suggestions or contacts for future guest speakers, please email organiser Mr Alison (Director of Humanities) via office@ruisliphigh.org.uk.

SPORTS DAY BANNER COMPETITIONS

Although Sports Day unfortunately did not happen this year due to adverse weather conditions, we were really keen to go ahead with our traditional "Banner Competition" as students in every tutor group had already started to work really hard to produce the most creative, colourful banner to represent their tutor group.

The theme for the Banner Competition this year was "The Commonwealth Games" as they will take place in Birmingham over the summer.

The competition was held for each year group during their respective Celebration Assemblies and it was wonderful to see how much team and artistic efforts have been put in to impress Mr Davies who was the judge this year.

Below are the impressive Year 8 entries, with 8W winning the competition this year. Mr Davies admitted it had been really hard to decide between all the wonderful banners but 8W won his heart by painting the Welsh flag so beautifully!



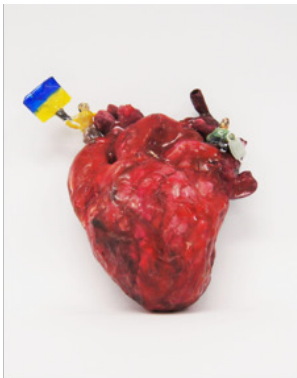
The deserving winners, 8W:

THE CREATIVE CORNER

During this term our Year 7s have been creating some colourful abstract art in response to feelings and music in their Art lesson; our Year 8s have been designing and creating some sculptures inspired by Henry Moore's drawing during WW2 but based on their drawings of each other. The Year 9s have been finishing their amazing action adventure posters in media and graphics which will proudly go up on display in one of our computer rooms. Years 11 & 13 have completed their course and created some sensational work which will soon be displayed all over the school and is true testament to their determination and perseverance through a challenging couple of years. Our Year 10s and 12s have continued in their coursework book and are starting to develop their own voices, moving forward into Years 11 & 13 with many more exciting pieces of work to come.

Royal Academy Young Artists' Summer show

This term we have been extremely proud of our students at Ruislip High school but especially of two of our Year 8 students who have been given the sensational opportunity, because of their hard work, to have their work displayed at the Royal Academy Young Artists summer exhibition! Their amazing work will be displayed from 19 July until 14 August 2022, Tues – Sun: 10am – 6pm in the Core Learning centre at the Royal Academy of Arts with free admission! The closest tube is Green Park and the address is : Burlington House, Piccadilly, London W1J 0BD. Please do go and see our students' work on display and get inspired to start your entry for next year!



Ruislip High School photography competition

We have launched our Photography competition for this year with the theme being:

New Beginnings

This theme allows students to reflect on what we have achieved in the past and what we plan to achieve moving forward. The link to this theme can be visual or personal; it can be interpreted in multiple ways! Students must submit their work on google classroom with a short explanation as to how it shows the theme of new beginnings.

THE CREATIVE CORNER

The winning photographs will be printed, framed and projected onto the screens all around the school! The winning photograph will be also presented to our guest speaker on Presentation Evening!

Deadline: 9th September



Nature



Cities



Family



Personal growth



THE CREATIVE CORNER

Interactive art installation

During Arts evening we had an interactive artwork that was inspired by Yayoi Kusama's interactive 'Obliteration Room'. The installation began as a white still life which visitors were invited to cover with stickers. Over the course of the evening the space was transformed from a blank canvas into an explosion of colour, with thousands of spots stuck over every available surface!



RHS Art Gallery



KEY DATES

- **Tuesday 20th September 2022: Introduction to KS4 (Year 10) - 6pm-7pm**
- **Wednesday 21st September 2022: Year 9 immunisations**
- **Thursday 22nd September 2022: Year 12 & 13 English Literature theatre trip**
- **Thursday 29th September 2022: Year 6 open evening - 4:30pm-7:30pm**
- **Friday 30th September 2022: Late start 10:45am**
- **Wednesday 19th October 2022: Year 12 universities trip**
- **Thursday 20th October 2022: Year 9 parents' evening**
- **Monday 24th October 2022: Half term begins**
- **Monday 24th October 2022 - Thursday 27th October 2022: Year 10 & 11 Barcelona trip**
- **Monday 24th October 2022 - Thursday 27th October 2022: Year 10 & 11 Rome trip**

For the full term dates for 2021-22, visit the website, www.ruisliphigh.com



Ruislip
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