

A photograph of Ruislip High School, a modern building with a curved facade and large windows. The building is partially obscured by a blue semi-transparent banner. The sky is blue with some clouds. The foreground shows a paved area and some greenery.

Success in Year 13 Evening September 2025

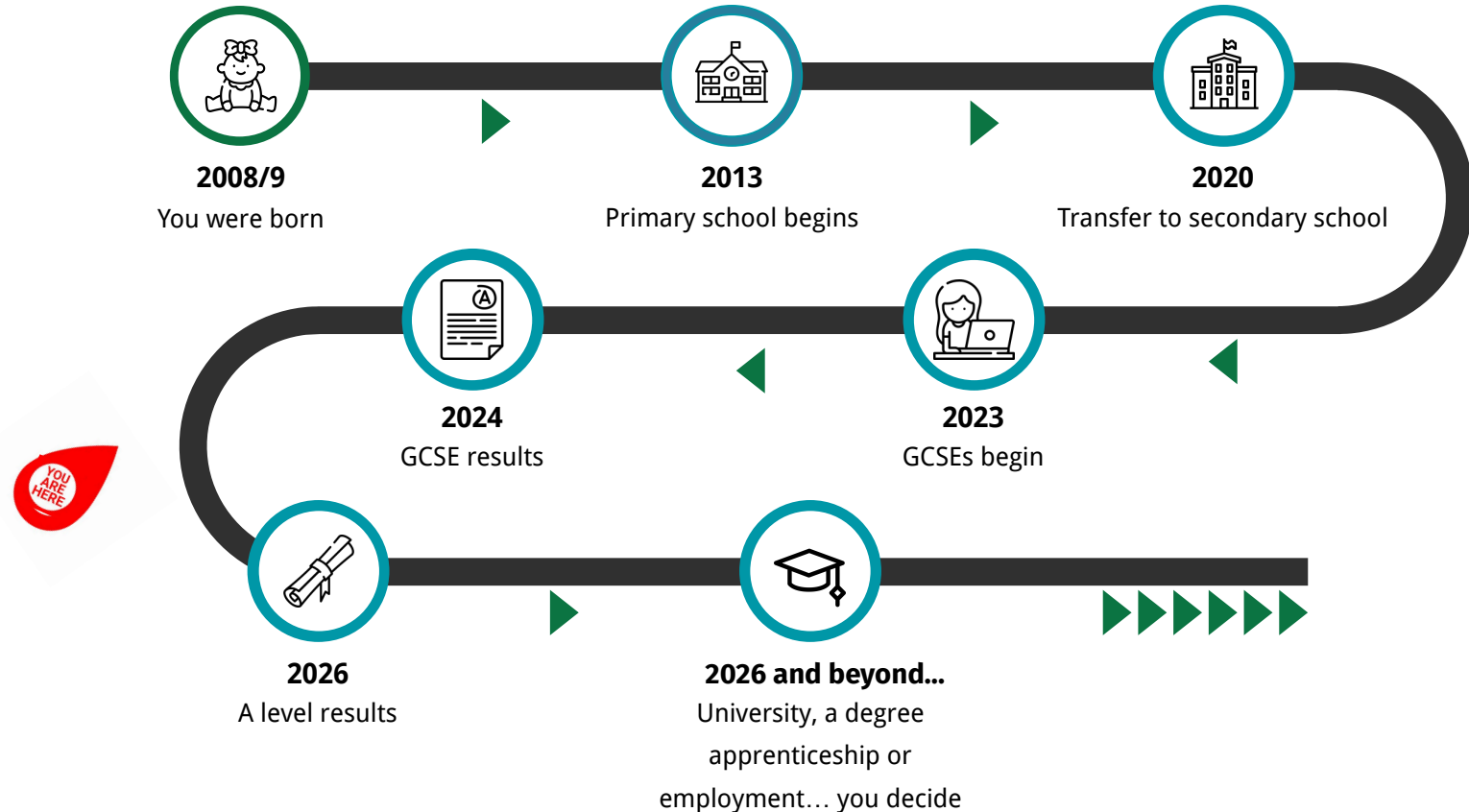
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Ms Coltman Deputy Headteacher

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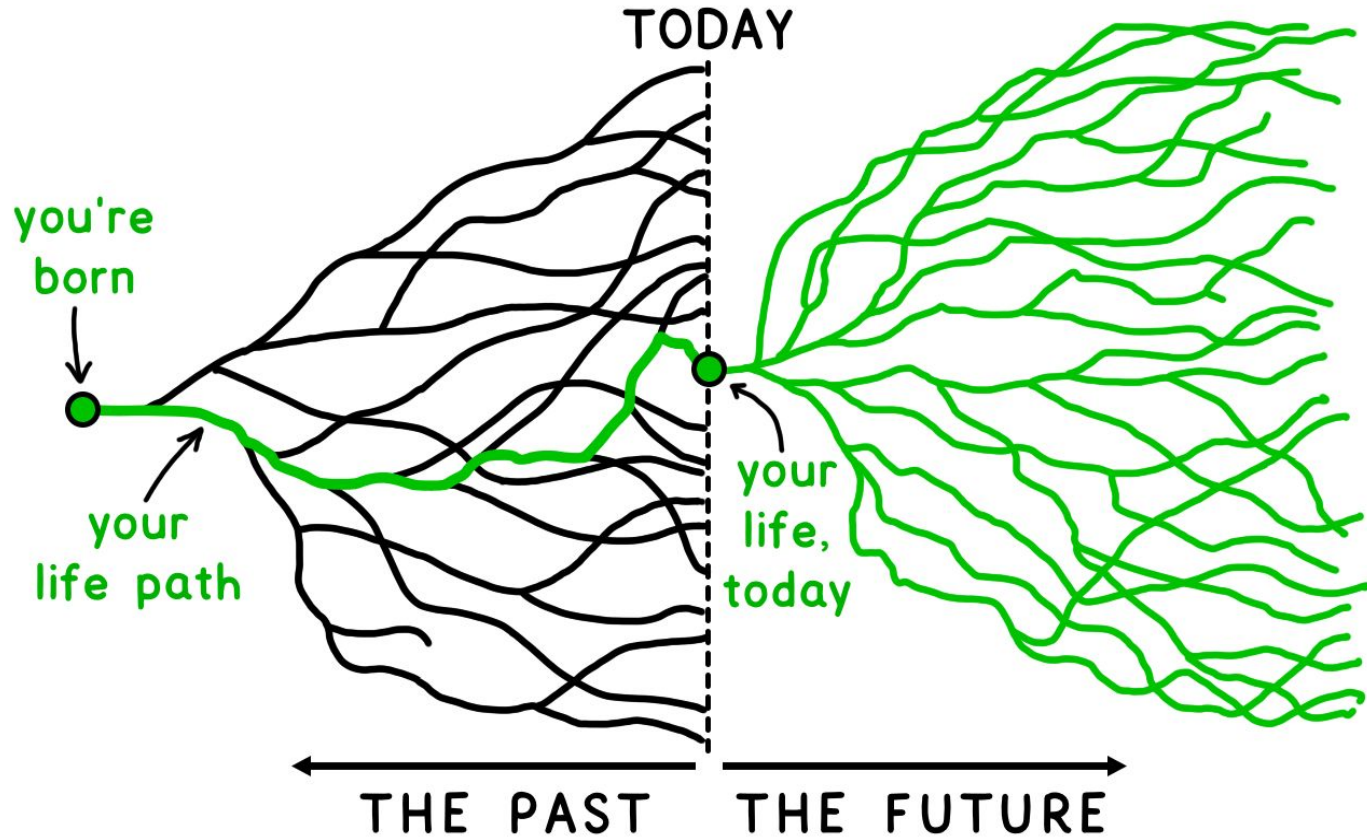
Mr Sills Head of Sixth Form

Your Educational Journey



■ = LIFE PATHS CLOSED TO YOU

■ = LIFE PATHS OPEN TO YOU



Aspirational

Summer 2025:

24% of the grades achieved were A*/A

78% of the grades achieved were C+

Ethan	A*A*A*	International Relations (St Andrews)
Hayley	A*AC	History (Warwick)
Yusuf	A*A*A	Chemical Engineering (UCL)
Maxim	A*A*A	Mathematics (Warwick)
Zoi	A*AA	Physics (Manchester)

87% of the cohort are off to a University of their choice; including 13 to study law, 2 to study medicine and 2 to study aerospace engineering.

Metropolitan Police, Policing Apprenticeship

Heathrow Airport, Business Apprenticeship

Do you have a problem?

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graph TD; A[Do you have a problem?] --> B[Yes]; A --> C[No]; B --> D[Can you do something about it?]; D --> E[Yes]; D --> F[No]; E --> G[Great, no worries!]; F --> G; C --> G;
```

Yes

No

Can you do something about it?

Yes

No

Great, no worries!

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Mr Elsby Head of Year 13

Who am I and why does it work?

- Head of Year for FAR too long!
- Head of Year 13 for the past 3 years
- Previously had the most progress of any school in the borough
- Firm but fair - we have high expectations and this helps young people succeed. No one will be allowed to coast and people who do will be held to account for it.

Year 13 important dates and deadlines

- **Monday 22nd September** - all students must have had their personal statements/CVs/covering letters approved by their form tutor. (7 days time)
- **W/B 29th September** - exam style assessments for all subjects
- **Thursday 2nd October** - all early UCAS applications to have been sent off.
- **Monday 6th October at 8am** - Final personal statement deadline - all students must have had their personal statement/CV/covering letter approved by their Sixth Form team supervisor
- **Thursday 20th November** - Year 13 Parents' Evening
- **Wednesday 12th November** - Sixth Form Open Evening
 - sixth formers expected to volunteer
- **Monday 17th November** - Apprenticeship and jobs mentoring programme begins
- **12th-16th January 2026** - Y13 PPE Week
- **February 2026 (date TBC)** - extra Parents' Evening for serious concerns from PPEs
- **w/b Monday 11th May** - public exams begin

All dates are subject to change - any changes will be communicated in advance to students via the year group Google Classroom and to parents

Key date for your diary

Thursday 20th November 2025

Year 13 Parents/Guardians evening

Open 4.30-7pm

Predicted grades

- Predicted grades are non-negotiable.
- Predicted grades are based on evidence from:
 - Assessment grades (last year, especially PPEs, and the start of Year 13)
 - Attendance/effort (last year and the start of Year 13)
- Students are not permitted to directly approach subject teachers in order to put pressure on them to predict them a specific grade.
- We cannot up predicted grades to help students get into a particular university. This creates disappointment down the line.

Key tips for success for students

1. **Attendance:** Regular attendance is 96%. Poor attendance dramatically affects results.
 - **We don't feel 100%, 100% of the time.**
 - Unauthorised absence = attendance catch up.
 - Attendance can affect job references down the line.
2. **Punctuality:** Not missing lesson time by turning up on time.
3. Following a **clear study plan** to ensure that enough revision takes place over time. A-Levels can't be crammed for.
4. **Revising early:** Students should regularly be revising their Year 12 and Year 13 content to ensure that it sticks in their long term memory.

Bursary

- Family income below £31,500 per year
- £150 per year for school essentials.

Apply online using the form Ms Vaghela posted on google classroom.

Decisions will start coming out shortly.

Post-18 UCAS and Apprenticeships

- 1:1 tutor and supervisor support
- Responding to feedback and instructions is key

StudyPlus and StudySupport

Students who are identified as needing extra support in their subjects will be placed in one of the following intervention programmes to help them work on specific areas of subjects and their overall working habits.

- **Study Plus:** Students must register with the Sixth Form Learning Mentor in the Sixth Form study room at the start of each 'free period'.
- **Study Support:** Students must register with the Sixth Form Learning Mentor in the Sixth Form study room at the start of five timetabled study support sessions.

RHS Sixth Form - Plan My Week

Tutor check:

Week beginning:

Outstanding homework:

- ☐
- ☐
- ☐





Urgent tasks:

- ☐
- ☐

Post-18 preparation:

- ☐
- ☐

Subject 'health check'

Subject:				

Study periods	What am I going to do this week?
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	

Wider reading and learning

Subject:	What am I going to do this week?

“Plan your week” - how can you support?

1. Having a look at your child's plan.
2. Encouraging your child to stick to their plan.
3. Encouraging them to seek advice at school if their plan isn't working for them.



Study tips - how parents can support

- Create a 'silent study' area in the house (free from distractions and siblings) to enable focussed study
- Have a time every evening when mobile phones are handed in or turned off - for working
- Ask what they did in their study periods today (request examples) – they could be: completing homework; wider research; creating revision mind-maps; etc. Show an interest in learning from them
- Find opportunities to praise success!

Study tips - how parents can support

- Insist on ACTIVE study: passively reading from notes / exercise / textbooks ISN'T learning
- Limit the amount of time expected to assist with helping with siblings and house chores
- Limit the amount of time spent on part-time jobs – one day at the weekend is more than enough

Mental health - how parents can support

Year 13 is a stressful time for any young person. Mood swings and outbursts are more likely to occur during this period.

These are things that can really make a difference:

1. Make sure they are eating and drinking at regular intervals.
2. Encourage them to seek support if they are struggling.
3. Plan a treat or an activity together to mark the end of the exams.
4. Set aside one to one time so that they can talk to you about any worries.
5. Let them know their feelings are valid and normal, but also offer support and solutions where possible.
6. Anxiety is often worse at night and this means it is useful to encourage good bedtime routine
7. If anxiety and stress start impacting their day-to-day life seek help from your GP and please inform the school.

Year 13 are a superb year group. I am so excited to see them succeed this year.

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Former student (and future doctor!)

Alexia Samoila

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Mr Sills Head of Sixth Form

Post-18 application deadlines for students

Students should be proactive in asking their tutor or Mr Elsby for help should they be stuck.

<u>Action</u>	<u>Deadline</u>
Complete tutor personal statement checks and corrections	End of day on 22nd September (NEXT WEEK)
Complete supervisor personal statement checks	6th October at 8am

Early entry (Oxbridge/medicine) students must have made their **supervisor** personal statement checks by **22nd September**. Mock admissions tests commence that week, also.

Students applying to university should

- Ensure they regularly respond to their tutor/supervisor's feedback on their personal statement on Unifrog.
- Complete their UCAS form when asked so that their application can be sent off promptly.

All students are advised to complete a university application, even if they are thinking of another route - it is good to have offers in the bank in case you change your mind.

Year 13 - predicted grades and course choices (you pick 5)

- ❑ 1 aspirational choice
- ❑ 2 in line with predictions
- ❑ 2 as a back up

Wait for your predicted grades before finalising your university decisions.

Firm and insurance

Firm - your aspirational choice

Insurance - you would meet the grades if things didn't quite work out in the exam hall

Student finance

Opens in March 2026

You usually have until May to apply to guarantee funding for September.

- Covers your tuition fees and living costs.
- You **ONLY** have to start paying it back in small instalments once you earn over £25,000.
- You only pay 9% of your income that is over the threshold.

For example:

- If you earn £23,000 per year, your repayments are £0.
- If you earn £35,000 per year, your monthly repayment would be £75 (or £900 per year)

Students applying for apprenticeships

- Ensure they are regularly looking and applying for apprenticeships on the government vacancy site.
- Respond to their tutor's feedback to complete their cover letter and CV on Unifrog.

Remember: It **IS** possible to apply for university and apprenticeships if a student is unsure. They can then make their decision later in the year.

Whatever your destination, we will do everything we can to get you there.

