

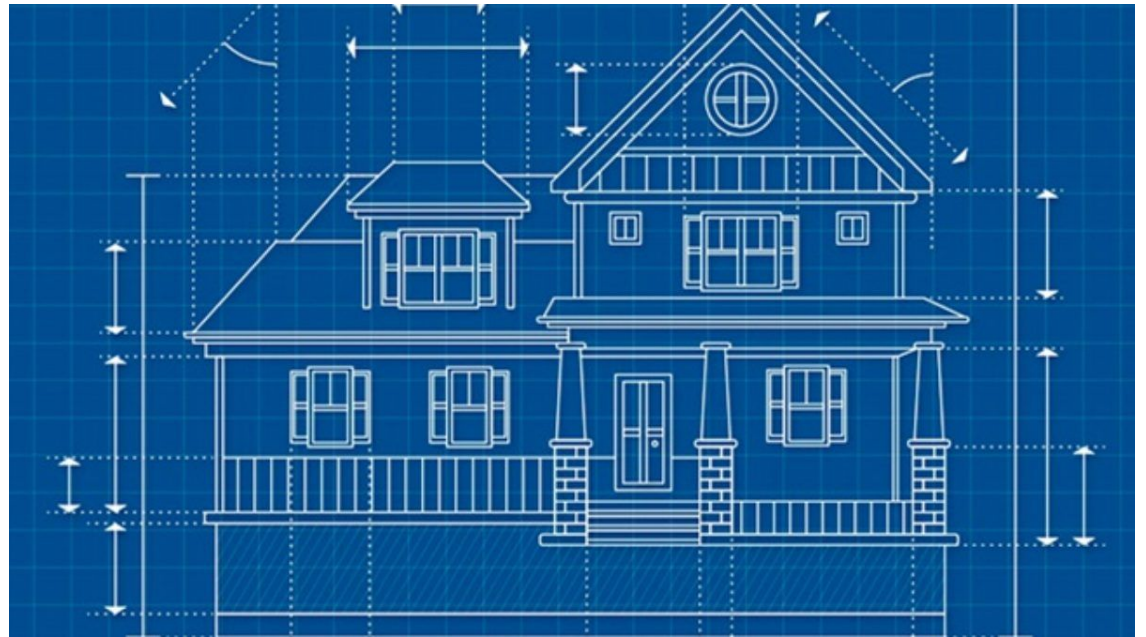
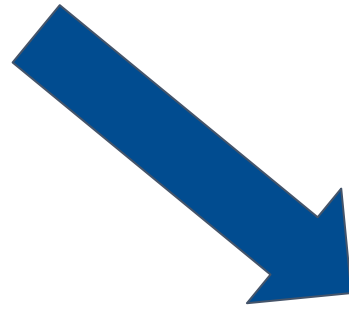
Ruislip High School

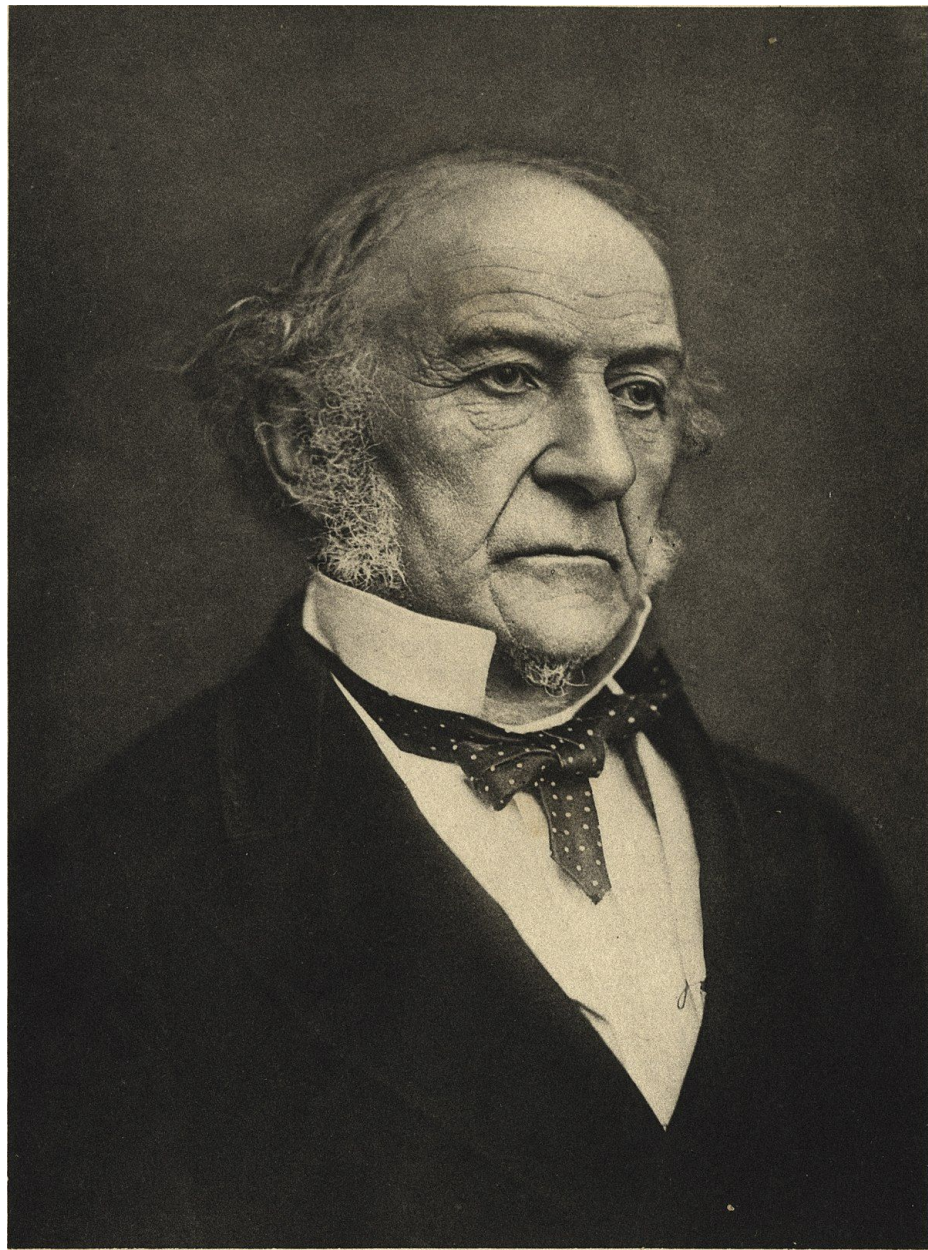
Sixth Form Induction Day 2026

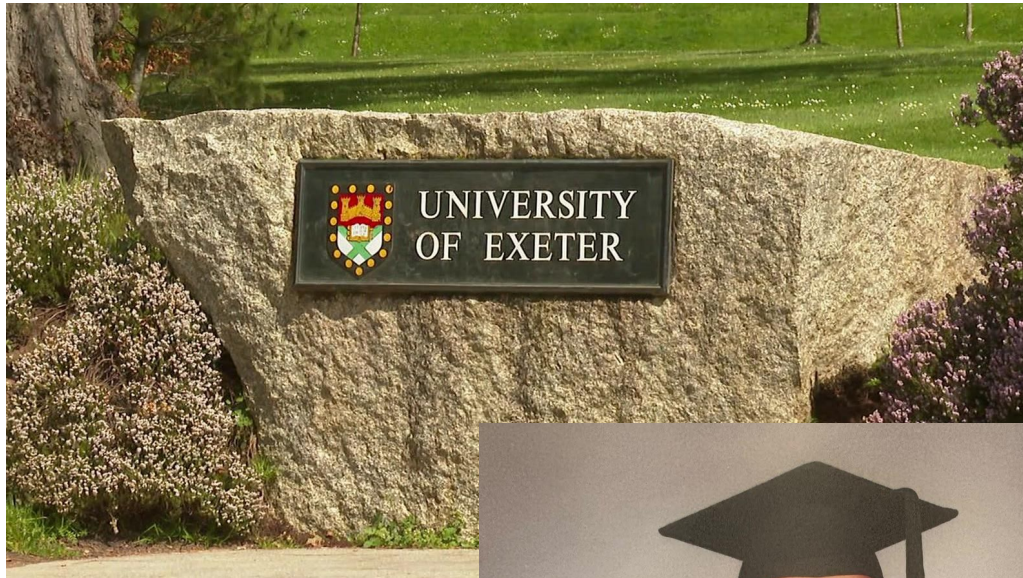
**Welcome to our thriving
Sixth Form**











The RHS Sixth Form Offer

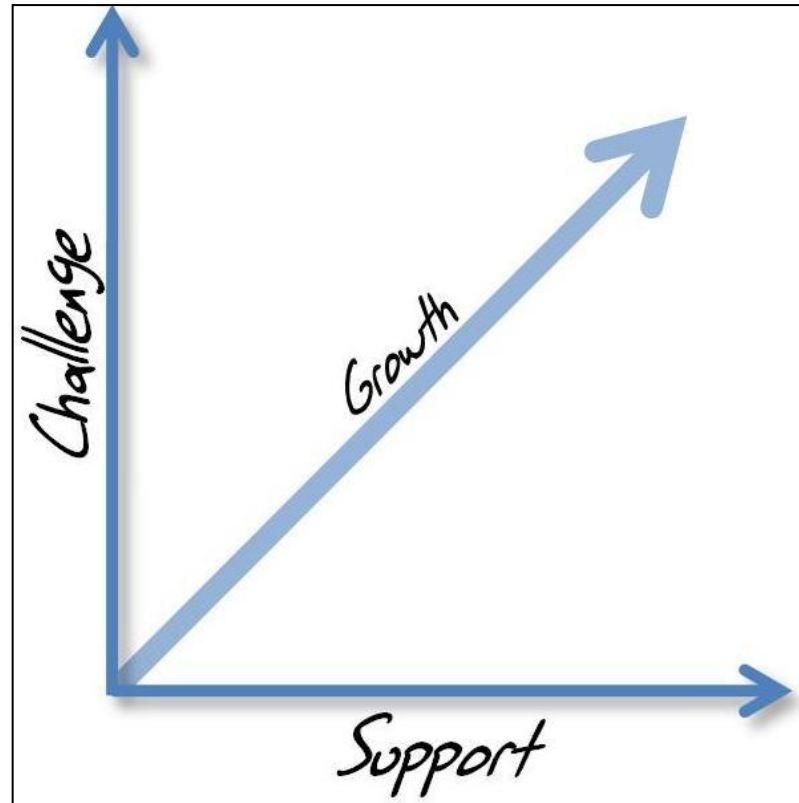
- A centre of **academic excellence with expert teaching**
- Clear and **supportive** pastoral systems
- **Enriching** extra-curricular and tutorial programmes
- **Expert guidance** with ambitious post-18 destinations
- Outstanding **facilities**
- An inclusive and happy **community**



You are young adults, so we will treat you like young adults.

However, with more independence comes more responsibility.

If we let you off, we let you down.





**What is life like at
RHS Sixth Form?**

How our students have described their sixth form...



We asked the current Year 12s (in their first term of Sixth Form)...

"What do you like about sixth form at RHS?"

"There are clear boundaries but I feel like I am treated more like an adult."

"The teachers are great - they really love and are passionate about their subjects."

"Having a separate building makes me feel like I belong."

"I like the two study rooms and one of them being silence. It is nice having more space and space that is just our own."

"The hot chocolates from the cafe."

"It's like another home for me."

"I like that everyone is so friendly"

"Being around mature students, all are aiming for the same goal of achieving our best."

"The chance to be more myself."

We asked the current Year 12s (in their first term of Sixth Form)...

"What is the biggest difference between sixth form and secondary school?"

"More respect, more trust, better relationship with teachers."

"The atmosphere and we are treated more like adults."

"The trust students are given."

"The change from being spoon fed to more independence."

"More independence - it's on me to do the work."

"Freedom of going home in your frees and then coming back in for your lessons."

"Clothes - I quite like wearing my own smart clothes."

"The content of the subjects you study is more intense... but you are actually doing the subjects you like and improving your ability."



**A few words from your
Head Student, Eve**



**What is life like at
RHS Sixth Form?**



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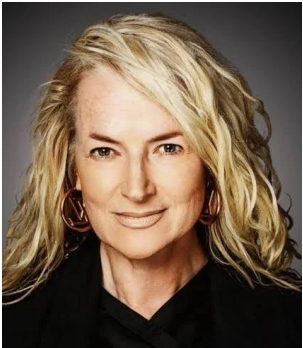


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Engaging and challenging lessons delivered by subject experts

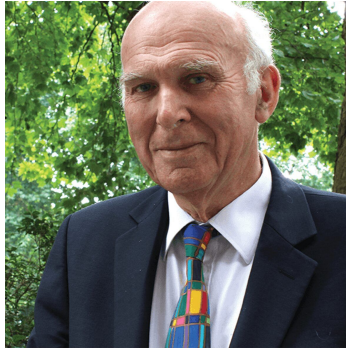


Year 12 Sixth Form Guest Speaker Programme 2026-7



In October...

Professor Bill Ribbans
Consultant Trauma and Orthopaedic Surgeon



In January...

Riz Pabani
AI specialist and technology consultant



In April...

Sophie Darlington
Wildlife Cinematographer

In September...

Sam McAlister
TV producer, author and journalist



In November...

Sir Vince Cable -
former Secretary of State and Leader of the Liberal Democrats



In February...

Rufus Radcliffe
CEO, STV and Chair, London Wildlife Trust





Wellbeing Wednesdays



Above and Beyond Clubs

- Basketball
- Trivia
- Fantasy Football
- Current Affairs

EPQ (Extended Project Qualification)



‘To what extent is the vegan diet the healthiest diet in the UK?’

‘What is the future of AI in the next decade and its potential impact on young adults?’

‘To what extent are psychopaths a product of nature or nurture?’



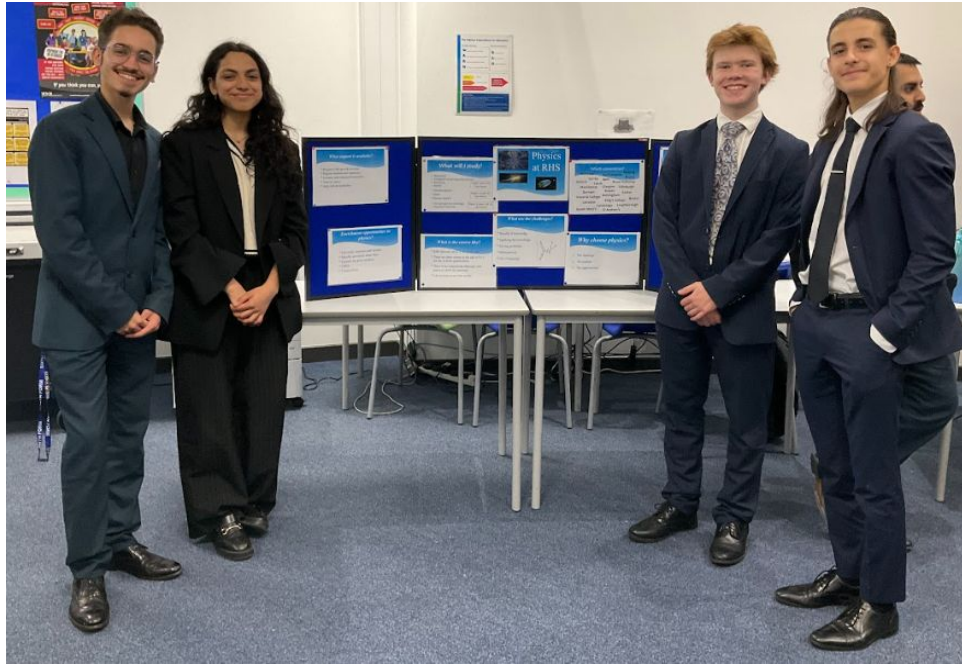
‘Why are women underrepresented in STEM fields?’

‘How have race relations in the US (post-1960s) influenced the last three presidential elections?’

Reach Pathway and bespoke Oxbridge/Medicine/Veterinary support



Student leadership opportunities



UCAS Exhibition



Careers Fair



'Talk the Talk' workshops



Leavers Celebrations



Sixth Form trips

- All of Year 12 will attend the UCAS Exhibition in London
- All of Year 12 will attend a day visit to a UK university
- All sixth formers are invited to termly theatre trips in central London
- Many subjects offer course-related trips too...



Extended curriculum



Enrichment opportunities

- Leadership opportunities - **The Student Leadership Team**
- Coaching and mentoring younger students,
- Community events - RAG Week, Christmas Community Event, Christmas Production, plus many more.
- Work experience programme



Who is here to support you?



Who is here to support you?

Head of Sixth Form

Head of Year

Learning Mentors

Tutors

Subject teachers

Safeguarding team



**A few words from your new
Head of Year, Ms Vora**

What makes a successful sixth form student?



In summer 2024, the progress RHS sixth formers made from KS4 to KS5 was higher than anywhere else in Hillingdon.

In 2025, the progress our sixth formers made from KS4 to KS5 was even better than the previous year.

Percentage of entries graded A* to B: 50%

Average grade: B-

Students achieving at least 3 A levels

A* to B: 25%

‘The Sixth Form Mindset’

VISION – knowing what you want to achieve

EFFORT – putting in many hours of proactive independent study

SYSTEMS – organising learning resources and managing time

PRACTICE – regular practise to develop skills

ATTITUDE – responding constructively to setbacks



“No matter what your ability is, **effort** is what ignites that ability and turns it into accomplishment.”

Carol Dweck
Mindset: The New Psychology of Success



“No matter what your ability is, **effort** is what ignites that ability and turns it into accomplishment.”

“Why waste time proving over and over how great you are, when you could be getting better? ... The passion for stretching yourself and sticking to it, even (or especially) when it's not going well, is the hallmark of the growth mindset. This is the mindset that allows people to thrive during some of the most challenging times in their lives.”

Carol Dweck

Mindset: The New Psychology of Success



Our students have gone on to apprenticeships with...



J.P.Morgan



L'ORÉAL

Our students have gone on to study at...



UNIVERSITY OF
LIVERPOOL



University of
St Andrews



BU
Bournemouth
University

OXFORD
BROOKES
UNIVERSITY



★
**University
of Brighton**

MANCHESTER
1824
The University of Manchester



UNIVERSITY OF
BATH

UNIVERSITY OF
CAMBRIDGE



THE LONDON SCHOOL
OF ECONOMICS AND
POLITICAL SCIENCE ■



University of
BRISTOL

Post-18 destinations

- **Last year... 100%** of our Year 13 cohort who applied to university were offered a place
- 100% of Medical applicants were offered a place at Medical School.
- We have also supported many students into apprenticeships with prestigious national companies

No matter what your ambition - Ruislip High School Sixth Form is the place to be to get you there.

Your RHS Sixth Form Block

Your space to socialise, relax and eat:
The ground floor common room and cafe.

Your space for quiet, collaborative study: The first floor study room

Your space for silent, independent study: The second floor study room



Tutorial Programme

Vertical tutor groups with Y12 and Y13.

Monday	Tuesday	Wednesday	Thursday	Friday
Plan My Week Ted Talk/The Big Read	Tutorials: Study Skills Adulting PHSE	Wellbeing Wednesdays	Sixth Form Assembly	Week A: 1-1 meetings / tutor coaching Week B: Above & Beyond Clubs

The 16-19 bursary

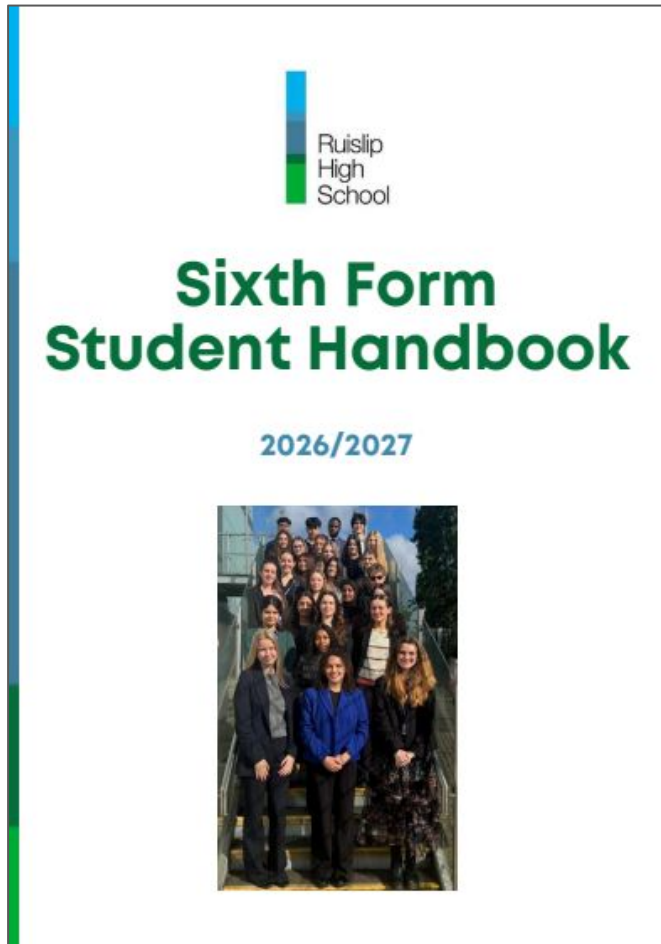
The 16-19 bursary is designed to support with the costs of school related items (e.g. stationery, equipment, books, sixth form clothes. It is contingent on household income.

Application forms will be available online after GCSE results day.

You will have up to £150 to spend if eligible for the bursary.

Your essential summer reading...

The Sixth Form Student Handbook



Available on Year 11 Google Classroom and the school website.

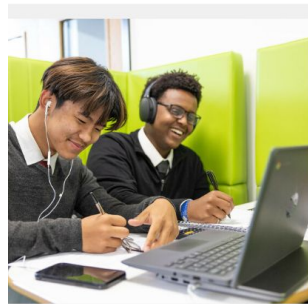
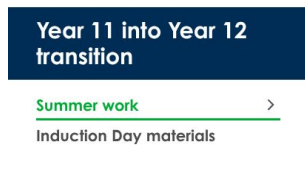


New beginnings

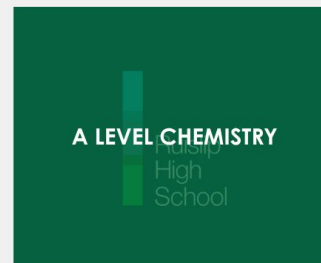
- You will all start Year 12 at 8.25am on Friday 4th September.
- Please make sure you are ready to attend on this day, adhering to the **Sixth Form dress code.**
- Keep checking your emails and google classroom for information in August about the start of term.
- **From September, check your google classroom and school email at least once per day.**

Summer Transition Work

www.ruisliphigh.com/sixth-form



Summer work



GCSE results day

Thursday 20th August

- You will have an appointment to collect your results that morning (letters have gone home with more details). It will be between 8am-10am
- You will meet with a teacher to formally enrol into the Sixth Form.
- **You must come to school to enrol.**

External students: Please come into school to enrol at 11am-12pm in school (bring a copy of your results).

Subject choices

Entry requirements

All students must achieve at least five grade 4s at GCSE to be able to study at Ruislip High School Sixth Form. In most subjects, there are further entry requirements which can be found on the school website.

You can swap courses on results day - as long as you have met the entry requirements for that subject and there is space on the course.

Students have a 2 week window to change subjects in September. Students are not guaranteed a change and must discuss with Mr Sills in person. **No subject changes can be made after Friday 18th September.**

Time	Activity	Location
8.45am-9.20am	Arrival breakfast and photographs	Register in E3
9.20am-10.05am	Assembly	E201
10.05am-11.05am	Ice breakers, tutorial and Q&A	E201/E2 and E3 rooms
11.05am-11.25am	Break and photo mop-up	Sixth form cafe (photos in E2)
11.25am-12.25pm	Lesson 1	E2/E3 rooms
12.25pm-1.25pm	Lesson 2	E2/E3 rooms
1.25pm-2pm	Lunch and photo mop-up	Sixth form cafe (photos in E2)
2pm-3pm	Lesson 3	E2/E3 rooms
<i>3pm-3.30pm</i>	<i>Thrift shop (optional)</i>	<i>E3 study room</i>

