#### Mr Peacock - Head of Sixth Form

# Welcome to the RHS Sixth Form Induction Day!

Please tick off your name on the register so that we know who is here for the day. Please speak to me if your name is not on the register.

# Any students who weren't on the register?

# Fire arrangements

We are not expecting a fire drill.

If the fire alarm sounds, make your way to the MUGA and line up in the Year 11 area.

I will be leaving Ruislip High School after the results days this summer.

Your Head of Sixth Form from September will be Mr Sills.

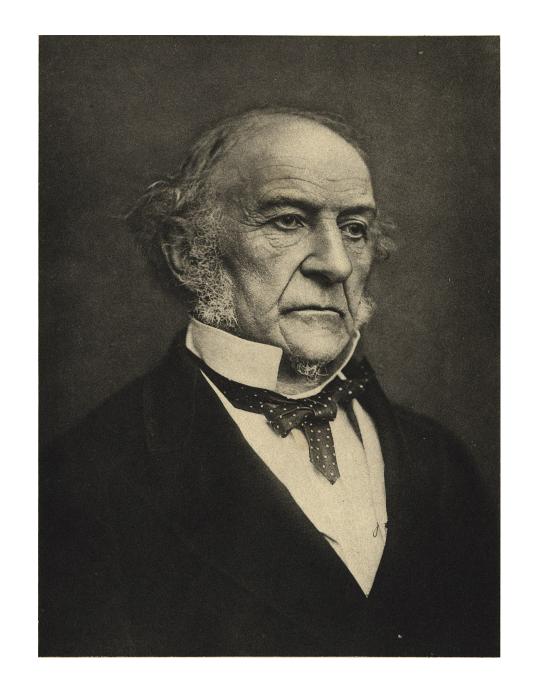
Mr Sills - Head of Sixth Form from September

# Induction Day 2025

Welcome to our thriving Sixth Form









## The RHS Sixth Form Offer

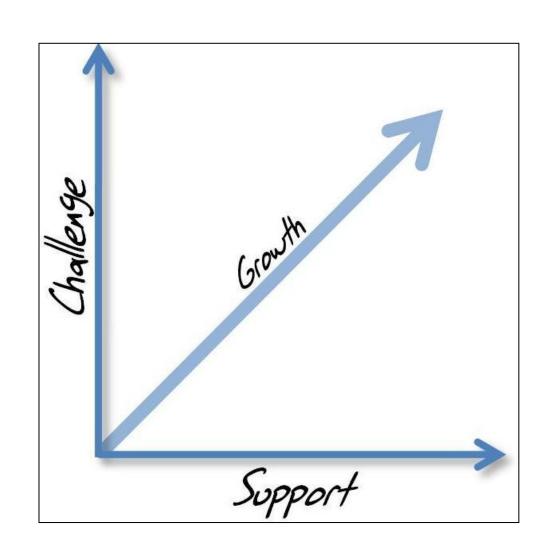
- Outstanding teaching with subject experts
- A supportive and caring pastoral team
- Dedicated sixth form learning mentors
- Meaningful tutorial programme
- Enriching opportunities outside the classroom
- Bespoke support with post-18 destinations

You are young adults, so we will treat you like young adults.

However, with more independence comes more responsibility.

If we let you off, we let you down.

# The Sixth Form Promise...



# Life at RHS Sixth Form

Academic Excellence

# In summer 2024, the progress RHS sixth formers made from KS4 to KS5 was <u>higher than anywhere</u> <u>else in Hillingdon.</u>

A-level or equivalent grade	RHS results 2024	
A*-A	21%	
A*-B	53%	
A*-C	75%	
A*-E	99%	

# What makes a successful sixth form student?





"Failure is an opportunity to grow"

# GROWTH MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things" "Failure is the limit of my abilities"

# FIXED MINDSET

"I'm either good at it or I'm not"

"My abilities are unchanging"

"I don't like "I can either do it, to be challenged" or I can't"

"My potential is predetermined"

"When I'm frustrated, I give up"

> "Feedback and criticism are personal

"I stick to what I know"

"No matter what your ability is, **effort** is what ignites that ability and turns it into accomplishment."

Carol Dweck

Mindset: The New Psychology of Success



"No matter what your ability is, **effort** is what ignites that ability and turns it into accomplishment."

"Why waste time proving over and over how great you are, when you could be getting better? ... The passion for stretching yourself and sticking to it, even (or especially) when it's not going well, is the hallmark of the growth mindset. This is the mindset that allows people to thrive during some of the most challenging times in their lives."

Carol Dweck

Mindset: The New Psychology of Success



# Engaging and challenging lessons delivered by subject experts





# **Homework and Directed Study**



### The RHS Sixth Form Offer

#### Extended Project Qualification (EPQ)

To what extent are psychopaths a product of nature or nurture?

Is organ donation ethical?

What is the future of Al in the next decade and its potential impact on young adults?

Do footballers deserve the wages they earn?

### The RHS Sixth Form Offer

The Reach Pathway (eligible for students who achieve an average of a grade 7 or higher at GCSE)



# Life at RHS Sixth Form

Outstanding Pastoral Care

# Who is here to support you?

#### **Academic:**

- Subject teachers
- Tutor
- Learning Mentors
- Assistant Head of Year
- Head of Year
- Head of Sixth Form

#### Mental health/wellbeing:

- Safeguarding team
- Tutor
- Assistant Head of Year
- Head of Year
- Head of Sixth Form
- (Or ANY member of staff you feel comfortable talking to)

Who is here to support you?

Your new Head of Year, Ms Vora

## How we will support you

- Rewards for excellent attendance and character
- Attendance and punctuality mentoring and sanction systems
- Dedicated sixth form learning mentors
- Specialised mental health support
- Access to mentoring and support services
- Your form tutor and Head of Year are always here to listen and help with any problems – as is any staff member
- Tutorials on issues that matter to you
- Zero tolerance policy on racism, sexism, homophobia, transphobia etc:
   Ruislip High School Sixth Form is proud to be an inclusive community.

#### **Attendance**

- Strong attendance (95%+) is crucial in the Sixth Form
- We don't feel 100%, 100% of the time. You should only be off school if you are genuinely really unwell.
- If your attendance falls below 95% you will have to register for five free periods (study support) until it goes back above 95%.
- If it falls below 92% you will automatically be put on study plus and have to register for all your free periods.

#### Your timetable

#### On your timetable, you will have:

- 15 periods of lessons (5 per subject per week)
- 2 study periods where you must be in the study room
- 8 "blank" periods that you should use to study at school or at home
- Tutor time every morning from 8.30-9.05am this is compulsory like all lessons

Students who abuse the privilege of blank periods have them taken away from them.

#### The RHS Sixth Form Dress Code

All students should wear one of the following combinations:

- A formal shirt with a suit/smart jacket/smart chino style trousers
- A smart blazer with formal trousers/skirt and; a shirt/blouse or plain top (with sleeves which cover the shoulders and upper arm)

#### with

dark coloured, formal footwear

A smart blazer or suit jacket must be worn when walking around the school and on arrival to school, as well as for assemblies and other formal occasions.

- Skirts/dresses should be knee-length without slits and should not be tight or clingy.
- If a jumper is worn then it should be plain, and should fit under a smart jacket/suit.
- Outdoor coats must be removed in the school building.
- No hoodies, sweatshirts, jeans, casual t-shirts, leggings, Ugg-style boots or trainers are permitted.
- A lanyard must be visible at all times.

#### **Dress code examples**











### **Tutorial Programme**

Vertical tutor groups with Y12 and Y13.

Monday	Tuesday	Wednesday	Thursday	Friday
Plan My Week	Tutorials:	Wellbeing Wednesdays	Assembly	Week A:
	Study Skills	T		1-1 meetings
Ted Talk/The	Adulting	Tutor		\\\\   D
Big Read	Adulting	wellbeing activity		Week B:
	PHSE			Above &
				Beyond Clubs

### Sixth Form Above and Beyond Clubs

#### Previous clubs include:

- Fantasy Football Club
- Future Skills and Wellbeing Club
- Advanced Science Club
- Current Affairs Club
- Sociological Imagination Club
- The Psychology of Mental Health
- Games Club



#### Post-18 destinations

- Last year, 100% of our Year 13 cohort who applied to university were offered a place
- 100% of Medical applicants were offered a place at Medical School.
- We have also supported students into apprenticeships with prestigious companies such as Sky, the Royal Air Force and Transport for London.

No matter what your ambition - Ruislip High School Sixth Form is the place to be to get you there.

# The 16-19 bursary

The 16-19 bursary is designed to support with the costs of school related items (e.g. stationery, items for the school dress code). It is contingent on household income and strong attendance.

Application forms will be available online after GCSE results day.

Ms Vaghela's session later today will go into more detail about this.

You will have up to £150 to spend if eligible for the bursary.

# Your RHS Sixth Form Block



### Your RHS Sixth Form Block

Your space to socialise, relax and eat: The ground floor common room and cafe.

Your space for quiet, collaborative study: The first floor study room

Your space for silent, independent study: The second floor study room



## Life at RHS Sixth Form

Extra-curricular opportunities

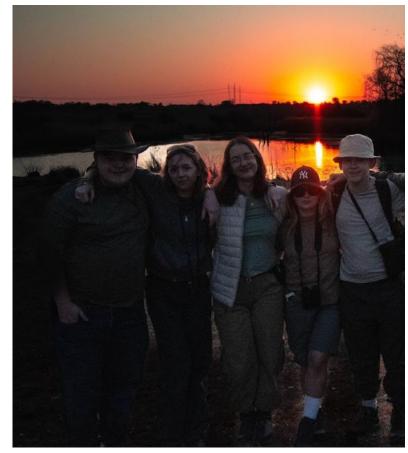
#### **Trips**

All of Year 12 will attend two University trips

 Subject specific trips include: the Houses of Parliament, Tower of London, the National Archives, Norfolk and the British Library.

#### **South Africa Trip**





#### **International Model United General Assembly, New York**







#### **Year 12 Houses of Parliament & Downing Street Trip**





#### **A Level History Trips**



#### Year 12 Sixth Form Guest Speaker Programme



In September...

Danny Beales MP
Member of
Parliament for
Uxbridge and South
Ruislip

In November...

Sir Keith Willett
Professor of
Orthopaedic Trauma
Surgery at Oxford,
Former director at
NHS England



In January...

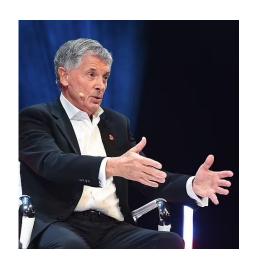
Anjana Ahuja
Physicist and
award winning
science journalist
for *The Times* 



In March...

Premier League

Former Vice
Chairman of
Arsenal FC and
founder of the
Premier League





In April...

Hilary McGrady
Director-General of
the National Trust

#### **Enrichment opportunities**

- Duke of Edinburgh Gold Award
- Leadership opportunities <u>The Student Leadership Team</u>, coaching and mentoring younger students, We Are Leaders
- Community events RAG Week, Christmas Community Event, Christmas Production, plus many more.
- Sixth Form Sports
- Work experience programme

### Essential Summer Reading: Sixth Form Handbook - On Google Classroom

Welcome to...

Ruislip

High School

Sixth Form

SIXTH FORM STUDENT HANDBOOK



Back to Mr Peacock for some practicalities...

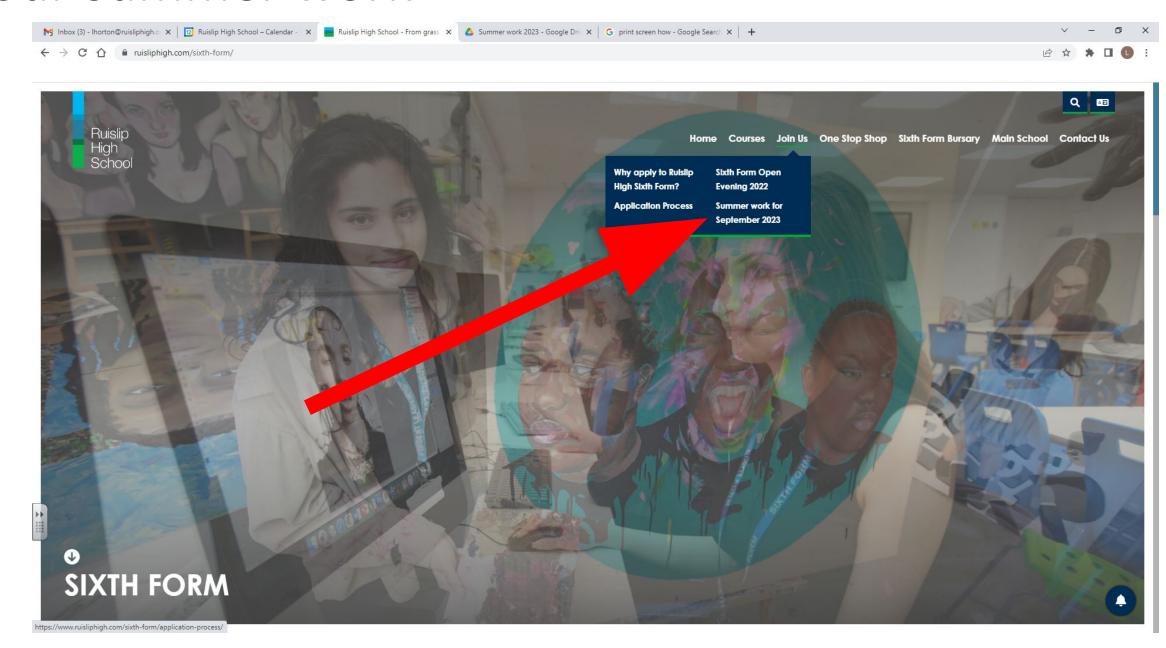
#### **Practicalities**

Assuming your enrol on results day, our first day will be on **Wednesday 3rd September.** 

Please make sure you are ready to attend on this day, adhering to the **Sixth Form dress code**.

Keep checking google classroom for information in August about the start of term. Once we start, check your google classroom and school email at least once per day.

#### Your summer work



#### **Practicalities**

- Textbook deposit pay on ParentPay once you have enrolled on 21st August.
- Home-School agreement & IT acceptable use sign the google form once you have enrolled on 21st
- What will happen on results day and how to enrol (21st August 2025)
- Summer work must be completed and brought in on the first day in September, which is **8.15am on Wednesday 3rd September.**

#### GCSE results day

#### **Thursday 21st August**

- You will have an appointment to collect your results that morning (you will be told the time) - it'll be between 8.30-10am
- You will meet with a teacher to formally enrol into the Sixth Form.
- Make sure you come to school to enrol.

External students: Come to enrol at 11am-12pm

#### Queries over the summer

Send me a google classroom message or email

sixthformadmissions@ruisliphigh.org.uk

## You will get a summary sheet of reminders later today to take home

An electronic version with all of the links will be sent out following induction day.

#### You are in safe hands!

- "Preparation for UCAS is of an exceptionally high quality and students appreciate the excellent support they receive."
- "An inspirational sixth form mentor underpins the sixth form strategy by ensuring that students fully understand the part they play in achieving their academic potential."
- "Students appreciate the calm and focused climate for learning."
- "The good range of enrichment opportunities provided by the school are popular with the students."
- "There is a strong commitment from the sixth form year team to ensure that students get the most out of their sixth form experience."
- "Sixth form students enjoy the benefits of being in mixed tutor groups of Y12/13 students."
- "The PSHE programme for form time is well organised and the range of content covered is of a high order."

Quotations from Lesley Leak, School Improvement Consultant, on her review of Ruislip High School Sixth Form

#### You are in safe hands!

"My daughter has embraced her time at RHS Sixth Form and has blossomed into a confident, assertive and independent young woman. Thank you to all the teachers who have helped guide and support her along the way. She has loved studying her chosen subjects and I am grateful for the care, kindness and respect she has been given. She will miss you all and the safe, friendly and nurturing environment of RHS."

- Parent of a current Year 13 student

"RHS offers an amazing sixth form with supportive staff. I have loved my time here and I am so sad to leave. I wouldn't have gone to sixth form anywhere else."

- Current Year 13 student

#### What do I do next?

Break is 11.05am-11.25am (as per usual).

You will **THEN** go to six 25 minute sessions. Rooms and timings will be on the timetable given to you in your first session.

After your last session finishes at 3pm you may go home.

Lunch is at 1.25-2pm. You can eat in the sixth form cafe area, or in the E2 study room (middle floor) if there is no space in the cafe. Please ensure all litter goes in the bin.

You cannot leave the site this lunch time.

You can use your mobile phones at lunch time but only in the sixth form block. There are toilets on both floors of the sixth form block.

#### Group A - start in E206

ANSAH Caylen

**ANTONI Olivia** 

**BOYANOVA Maria** 

**BRANNIGAN** Keira

**BURTON Poppy** 

CHALLITA Eva

DADAJAN Sadaf

DRAGON Kiya

**EMBLETON Ava** 

**GRIFFITHS** Jamie

HANSON Kyra

HIMER Amira

HOWELL Kelson

**IONITA** lazmina

COOLING Leilah

LIMBU Alina

MANNION Ellie

**MATA Daniel** 

**MURPHY Kian** 

NAVED Zeyad

OAKLEY Luka

**QUIRK Megan** 

RICHMOND Anthony

**ROBERTS Eliana** 

SAID Ibtisam

STASIUNAITE Gabrielle

**TANASIV Nazar** 

**TUCHLEI** Daria

WILSON-O'NEILL Kacie

**NOTTAGE Luke** 

TIMSIMA Shaan

#### Group B - start in C212

AHMED Yusuf

AIYEGBUSI Athanassios

**BAILEY Ava** 

BERJAOUI Adam

**BISHAR Muhamad** 

BOLD Ethan

**BROOKS Finley** 

**DELANEY Clementine** 

**DIKCE Kadir** 

HAJISMAILI Laylah

HARWOOD Honey

HASHIMI Eiliyah

**HASHIMI** Nadine

RIBEIRO Dale

**KELSON Nathan** 

**KOTHARI** Amreen

LAVENDER Daniel

MEFDAOUI Adam

**OWEN James** 

**REVESZ Maya** 

SAID Said

SHEARN Jessica

SHTRANKOVA Diyana

SWIFT Ella-Rose

**TATARU** Ianis

**UPTON Jamie** 

**WOOLLS Gabriella** 

MILLICAN Jenna

**CIMINO Nico** 

#### Group C - start in E204

ALAM Abdul

**ALVI** Aayza

**CARON Julian** 

**DUNNAGE Bailey** 

**EVANS** Ralphie

FREEMAN Lily

HANBURY-GOPAL Kalel

**HAYES** Jake

HIGGINS Bayly

ISAACS Angielina

JOOMUN-WIGWE Rian

**KUMAR** Richman

LEE Olivia

LEWIS Elena

SMITH Elizabeth

**ODELL Nina** 

**MERCHANT** Zia

**MOHAMAE** Ahsina

**MORLEY Daniel** 

**PALKA Dominic** 

PATEL Deveshi

POZNUKHOVA Anastasia

RASHEED Dilan

**RUSSELL Riley** 

SHEPHERD Alfie

**SHIRLEY Matteo** 

SIUTHANI Jessel

SWALLOW Ruby

TEBBUTT Nicholas

**UBHI** Alisha

WILLIAMSON Faria

WU Jiayao

**LAKMAN Shaina** 

#### Group D - start in E205

Agnihotri Angel

Ahmed Hana

**ALAM Maha** 

Angelova Elena

AWEL Harun

**BELGRAVE Maia** 

BINYUSUF Abdimaalik

**BOUD Joseph** 

**BUGALA Emily** 

Coleman Amelia

**ELLIS Paris** 

Greenlees Olivia

**HRAB** Richard

**KOOTTUNGAL Neel** 

Kukadia Shreya

**BARBOSA Sofia** 

**LEONARD Max** 

**LOBO** Harrison

LYDON Lara

MANN Sofia

MATTHEWS Ella

MOHAMMAD GHULAM Mahira Nasir

NOORI Haroon

PATEL Kishan

**QUILL** Dorian

SERHIEV Elisei

Smith Keira

Wasylew Zuzanna

WHITE Callum

YUSUF Khadija

**Zygmunt Jakub** 

**HUSAIN** Yousuf

#### Group E - start in E307

AL HUSEIN Haedar

**BELDAGLI** Asude

**BIEGNIEWSKI** Maximillian

**BUCKLEY Bayley** 

**BWALYA Kalina** 

**CAMPBELL Kiana** 

CHESHIRE Hannah

CHOUDHRY Abyan

**DU Alex** 

EL-MAKSOUD Obaye

**GREENWOOD William** 

**GURUNG Yuson** 

HE Louie

**HEWITT Jemima** 

**HIGGINS Mia** 

**KELKAR** Vihan

**MARTIN** Amy

MIR Anushay

**MOHAMED Mahad** 

**MORSE** Zoe

**MURPHY** Paige

**PAGE Liam** 

PATEL Paavan

**RAIKES Romario** 

SAUNDERS Luke

SHEPHERDSON Hannah

**TUNA** Ana

WATHEN Amelia

WATSON Tyla

#### Group F - start in E306

**CHERRY Archie** 

**CHOY Alvin** 

COOPER Leo

DEMETRIOU Freya

**DRAGON Layla** 

DRYDEN-BARRY Jaydon

**GURUNG Dillon** 

HARRIS Mia

HATABI Jalal

HAWKINS Alfie

HIE Jeffrey

JALLALY Zoey

KHURRAM Fizza

LIKO Kristjano

**MADDEN James** 

MCFALL Nathan

**MENON Advait** 

MITREA Adrian

**MOUNTAIN** Elisabeth

**MUSSIE Efrem** 

PRABHU Rahul

SAAD Shahad

SHIRRAN Gemma

SHUBBAR Al-Abaas

SMITH Freya

**SMITH Neve** 

SURRIDGE Dylan

THOMAS Ralph

**LANGSTON Jack** 

WANG Xiao Chu

# Have a brilliant summer - and see you at enrolment!

Ruislip High School **Sixth Form**