

YEAR 7 AND 8 SPRING FESTIVAL 2023

"The evening was really fun. It was so different from any school event I've been involved in. Each stall had a different feel to it and you could see how much work everyone had put into the evening."

Alana, Year 7



Image above: Members of 7D pose next to their murder mystery themed 'Baker Street' stall

On Wednesday 22nd March 2023, our Year 7 and 8 students hosted our annual Spring Festival, which had the theme 'London Calling.' The event, which was enjoyed by all the members of the school community, saw each tutor group prepare a stall focused on one area of London.

The stalls featured iconic locations from our capital city, such as The Shard, Wembley Stadium and Buckingham Palace. Each stall invited guests to take part in a range of challenges, from fashion design in Camden Town to mocktails in Shoreditch. All the stalls and their activities were impressive and lots of fun; it was clear that a lot of hard work and preparation had been put into the evening by the students and their tutors.

In addition to the stalls, which filled the main hall and sports hall, Ms Nastou organised a programme of incredible musical performances, which showcased our students' talent.

Mr Joseph, Head of Year 8, said: "The Spring Festival has been a fantastic evening. It is such a joy to see the students enjoying themselves and showing off their planning and creativity skills to their parents and friends. It has been great to see how the event has come together after weeks of preparation."

Thank you to all students, staff and parents who supported the event. It was a truly memorable evening, which we are sure students will remember for years to come. All the students involved should feel very proud of the part they played in a successful evening. In the words of Ben, Year 7, the evening was: "fun, fun, fun!"

SIXTH FORM TRIP TO NEW YORK CITY

"It was the best week of my life. We couldn't believe it when we won an award - most of us didn't realise until we saw Ms Horton jumping up and down with joy!"

Alisha, Year 12



Image above: Members of Year 12 and 13, who attended the Model United Nations trip to New York City, proudly pose with their Merit Award

From Tuesday 14th March to Saturday 18th March 2023, some of our sixth form students attended the annual Model United Nations conference in New York City. This year, the students were representing Pakistan and were excited to spend the trip working with delegations from other schools around the world.

We are delighted to announce that at the week's closing ceremony, our students were the recipients of the 'Award of Merit for Research and Preparation' - a testament to their hard work and commitment leading up to and during the trip.

YEAR GROUP UPDATE: YEAR 7

from Ms Loizou

As we come to the end of spring term, the levels of pride I feel for Year 7 keep growing. They have made an excellent start to their high school journey. This was reflected at the Year 7 and Year 8 Spring Festival.

Students, along with their form tutor, worked on their stalls to create a festival full of games, activities, music and competitions. One of the highlights for me was thinking that I had made an amazing skyscraper out of spaghetti and marshmallows only to be thwarted by several members of my own year group. The atmosphere was electric and it was lovely seeing the students enjoying themselves and working together to achieve something that could be enjoyed by everyone.

Year 7 also showed their excellence at the Vanguard Learning Trust Spelling Bee. Our four representatives faced not only the tough spellings but also competed in front of their year group and members of the Vanguard Learning Trust. Ruislip High were the winners overall and the support from their peers was excellent. Throughout the competition the year group watched with anticipation as each contestant took their turn and Year 7 were respectful and supportive of the other school's representatives too, demonstrating the school value of respect.

Success seems to be the theme of Year 7 this term. The boys' football team took part in a football tournament, winning first place. I know that they have been training hard and this paid off when it came to the tournament.

Looking forward to the summer term, Year 7 have a lot in store. Activities Week will take place and students will have the opportunity to go on trips, complete their first sports day and take part in a range of activities all week. 150 students will also be going to Paris for their first Ruislip High School residential trip. The anticipation is already high and I am sure all students will have an enjoyable summer term.





Ultra low emission
ULEZ
ZONE
At all times

We want to know how the ULEZ expansion could affect YOU
If you drive in Hillingdon, visit
www.hillingdon.gov.uk/ulez-survey
to take part in our anonymous survey



www.hillingdon.gov.uk

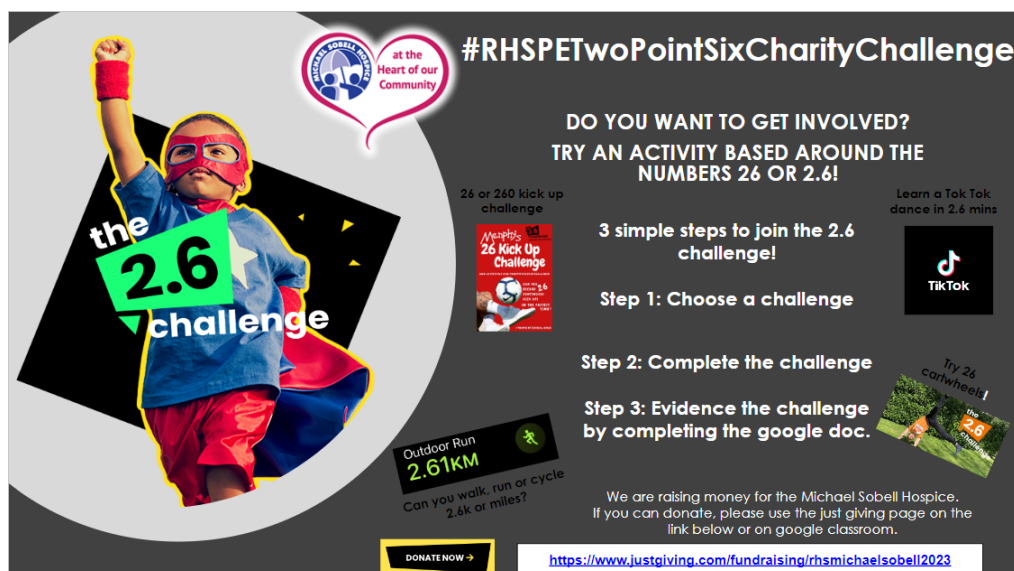
MESSAGE FROM HILLINGDON COUNCIL - ULEZ

Did you know that if TfL's Ultra Low Emission Zone (ULEZ) is expanding to cover Hillingdon and you own a non-compliant car, it could cost you £12.50 a day just to do the school run? While we encourage people to use sustainable transport for the school drop-off and pick-up, we understand some people have little alternative but to use their cars.

That's why Hillingdon Council has launched a survey to measure the probable impact of the expansion of the ULEZ on the borough's families and businesses. The council is also keen to find out how many vehicle owners will be making use of TfL's scrappage scheme. The survey includes links for those taking part in the survey to check if their vehicle is ULEZ compliant.

The survey will run until Sunday 16th April 2023. To share your views, visit www.hillingdon.gov.uk/ulez-survey.

THE RHS 2.6 CHALLENGE 2023



#RHSPETwoPointSixCharityChallenge

at the Heart of our Community

DO YOU WANT TO GET INVOLVED?
TRY AN ACTIVITY BASED AROUND THE NUMBERS 26 OR 2.6!

26 or 260 kick up challenge

Learn a Tok Tok dance in 2.6 mins

3 simple steps to join the 2.6 challenge!

Step 1: Choose a challenge

Step 2: Complete the challenge

Step 3: Evidence the challenge by completing the google doc.

Outdoor Run **2.61KM**
Can you walk, run or cycle 2.6k or miles?

We are raising money for the Michael Sobell Hospice. If you can donate, please use the just giving page on the link below or on google classroom.

<https://www.justgiving.com/fundraising/rhsmichaelsobell2023>

DONATE NOW →

At the start of the summer term the RHS PE faculty will be launching the 2.6 challenge with all students in order to raise money for the school's charity, Michael Sobell Hospice. With the London Marathon on Sunday 23rd April 2023 we will be encouraging students to take on various activities and get sponsors for doing so. Students can log their progress via [this form](#).

As a school, we are also hoping to take part in the national Guinness Book of Records attempt to get as many students running or covering a mile as possible. If this number nationally beats 241,675 then all students who took part will receive a certificate for being a record breaker. To be included, during the first week back all students in Years 7-11 will run a mile during their athletics lesson.

If you would like to support your child in this charity event, please sponsor them via the school's charity donation page:

<https://www.justgiving.com/fundraising/rhsmichaelsobell2023>

KEY DATES:

Date:	Event
Monday 27th March	Beginning of Safeguarding Week
Monday 27th March	Start of Year 10 PPEs
Friday 31st March	End of spring term
Saturday 1st April	Year 9 Battlefields Trip departs
Monday 17th April	Start of the summer term

SCHOOL UPDATES:

Safeguarding updates:

Helplines: [click here](#)

National Online Safety - Parent resources: [click here](#)

Hillingdon Safeguarding Partnership - Parent resources: [click here](#)

Neurodiversity and Grief Workshops: [click here](#) and [click here](#)

Letters home:

Update to Parents - 13.03.23: [click here](#)

Year 10 - Easter Revision Sessions: [click here](#)

Year 11 - Easter Revision Sessions: [click here](#)

Year 12 - Easter Revision Sessions: [click here](#)

Year 13 - Easter Revision Sessions: [click here](#)

Safeguarding Week Letter: [click here](#)

Above & Beyond - Summer Term Booklet: [click here](#)

Year 9 Battlefields Trip - Final Letter: [click here](#)

Out of school opportunities (not linked to the school):

Fostering in Hillingdon information: [click here](#) and [click here](#)

Warm Welcome Centres: [click here](#)

Support for parents and children waiting for an ASD diagnosis: [click here](#)

YMCA Youth London Timetable: [click here](#)

Hillingdon Carers' Forum: [click here](#)