Ruislip High School NEWSLETTER

Summer 2025

HUMANITIES EXTRAVAGANZA





On Wednesday and Thursday of the final week of term, all of Year 8 took part in a 'humanities extravaganza' involving two exciting day trips to central London. The whole year group visited both the Natural History Museum and the Tower of London across two days, led by the Geography and History departments. Travelling by tube, the students spent the day with their tutor groups exploring these places of great cultural significance, which brought to life the topics they have studied this year in the classroom.

At the Tower of London the students explored the medieval citadel which overlooks the river Thames and Tower Bridge. Highlights included visits to the Jewel House which has been home to the crown jewels since the 1600s. Students really enjoyed walking in the footsteps of William the Conqueror, in the one thousand year old White Tower which has a fascinating exhibit, showing the armour worn by several monarchs including Henry VIII and Charles II. Inside the 'Bloody Tower' students saw where heretical prisoners were kept during the reigns of Elizabeth I, featuring well preserved graffiti from former inmates of the 16th Century.

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HEADTEACHER'S NEWS



It has been another action-packed year at Ruislip High School, and this summer edition of our termly newsletter highlights that there is no slowing down as we approach the summer holidays here at the school. It is common for our students to shine in various academic and extracurricular activities, but this newsletter also highlights how our staff have also shone and been acknowledged for their accomplishments.

For what I believe must be a Ruislip High School first, we have had two members of staff acknowledged by royalty this term. Firstly, I was delighted to hear earlier in the term that Ms Hunter had been invited to a Buckingham Palace Garden Party in recognition of her work in seeing so many of our students through their Bronze, Silver, and Gold Duke of Edinburgh (DofE) awards. I regularly hear students at final celebration assemblies talk about the DofE expeditions as some of their absolute highlights from their time at RHS, and I am so grateful to Ms Hunter and her committed team for all the hard work and commitment that goes into running these awards year after year.

Secondly, we heard prior to half term that our very own Mr Joseph has been awarded an MBE in the King's Birthday Honours List for his services to Basketball. Mr Joseph, who is Head of Year 10 at RHS, is a former professional basketball player and a Commonwealth Games medallist as a player, and Gold medallist as the coach of England's 3v3 winning team from the 2022 games. I had the privilege of reading some of the nomination letters for Mr Joseph, and it was very moving how his commitment to his community and his sport has literally changed the lives of the young people he has coached. Since retiring as a player, as well as becoming a first-rate teacher, Mr Joseph has founded not one, but three local basketball teams in the London area. He is an inspiration to us all, and I am so proud to have him on the RHS staff.

It has also been a term dominated by extra-curricular visits, the largest of which being our Year 7 PGL trip to Lymington, intended to build a range of skills, foster community between themselves, and celebrate approaching the end of their first year at RHS. Our students were outstanding ambassadors for our school, and the feedback I received was that it was an amazing, although tiring, experience for all. The last half term has also seen Year 7 and Year 8 go into London on large year-group trips into our capital city. I was particularly impressed to receive a number of communications from Londoners who had crossed paths with our Year 7s near Parliament Square. One member of the public wrote to me as they had been struck by how polite and courteous the students had been and commented that in a world where young people do not always get the best of press, our students were a real credit to our community.

HEADTEACHER'S NEWS

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It has also been a busy term with regard to Trust-wide events and competitions, with Year 7 students taking part in a MasterChef challenge hosted at Vyners School and also ending victorious in the Trust table tennis competition. This one was enough for RHS to win the inaugural VLT cup, awarded to the school who has been most successful in the numerous competitions run over the year. Of course, these competitions are all good-natured, but it is always nice to see RHS winning some silverware.

I often try to celebrate the achievements of our student community, and I have been particularly impressed this term by the sporting achievements of our students. It is great to not only see these achievements recognised in this newsletter, but it was also a real privilege to attend the PE awards evening on Wednesday, July 9th, 2025.

Although the term has been dominated by extra-curricular success and achievement, it is important to remember teaching and learning will always be our core business, and I wanted to emphasise how impressively our examination year groups approached the summer exams. Our A Level and GCSE results days will take place on August 21st and 28th, 2025, respectively, and I have no doubt that they will be celebratory days at the school. It was also great to celebrate with the students at their celebration and Prom events. I often talk about 'saying goodbye in the right way,' and our examination year group students really did get this right!

Finally, I would like to sign off for the academic year by thanking parents and staff for ensuring that Ruislip High School continues to go from strength to strength. I wish you all a restful summer and have no doubt that the 2024-2025 academic year will see yet more outstanding achievements in academic, creative, and sporting fields from our incredible students.

FRONT COVER

(CONTINUED)

For part of the day, an expert guide took our students on a tour and told some of the Tower's most famous stories, including tales of how prisoners managed to plan an escape using invisible ink from the juice of an orange as well as the legend behind the ravens which live at at the Tower of London, and have done for hundreds of years. The students behaved impeccably, asked really interesting questions and did themselves and the school proud.

Yulia in Year 8 said "I really liked visiting the different towers and I thought that looking at the crown jewels was really cool. It was nice to see places linked to the Tudors'.







FRONT COVER

(CONTINUED)

Year 8 students also had a fantastic time learning more about Geography at the Natural History Museum.

Their first stop was the Volcanoes and Earthquakes gallery. Here they experienced an earthquake simulator based on a shop scene in Japan experiencing seismic waves. They also learn more about their Year 8 hazards case studies such as when the island of Montserrat in the Caribbean was partly covered by a volcanic eruption.

The Year 8s then experience a brand new gallery at the museum, called "Fixing Our Broken Planet". Here they learnt more about sustainability issues such as using more refurbished electrical goods, and how our food choices impact carbon emissions.

Lili said: "I thought it was really interesting learning about the better choices we can make to help the environment. It was great to learn about new things about our planet."









YEAR 7 NEWS

As their first year comes to an end for Year 7 students, it is important to reflect on their achievements. This year has certainly flown by and the Year 7 cohort have made their mark. They are no longer 'tourists' as I described them in their first assembly. They have engrained themselves into our school community, and we are so proud of their hard work and enthusiasm.

PGL

One of the highlights this term was our residential trip to PGL Liddington. Over 100 year 7 students joined in on the adventure.

Students were able to really push themselves out of their comfort zones to build confidence and resilience. The activities led by the PGL staff were exciting and memorable. Students took on the challenge of Jacob's Ladder, working together to climb to the top. They also got involved in Fencing, Archery, Zipline and Abseiling as well as other activities.

It was definitely a highlight to see the students singing along to "YMCA" and "Barbie Girl" during the silent disco. "It was amazing" said Hugo in 7A.

London Trips

In June all students in Year 7 were involved in a trip into central London. Students got to explore the National Portrait Gallery and Westminster Abbey.

On a beautiful summer day, students headed off on the train into London. Throughout the day, behaviour was exemplary and Year 7 proved just how polite, engaged and hard working they can be.

At the National Portrait Gallery, students were able to view Tudor portraits, linking to the Year 7 History curriculum, as well as getting an insight into the English Civil War, which they will study in Year 8.

Leo in 7A said that he particularly enjoyed seeing the portrait of Bobby Charlton.

Students were able to enjoy a picnic style lunch in the scenic Regent's Park. They enjoyed relaxing in the sunshine with their friends before heading to Westminster Abbey. It was there that students were able to learn about the abbey, as well as seeing the famous Coronation Chair and the oldest door in England!

Celebrating a Successful First Year

Year 7 students have had an exciting start to life at Ruislip High School. They have shown throughout the year that they are resilient and enthusiastic. They have all settled into life at Ruislip High, making new friends and lots of memories. We look forward to seeing all that they achieve as they move into Year 8.

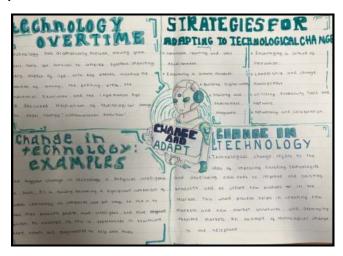
Ms Loizou Head of Year 7

SCIENCE NEWS

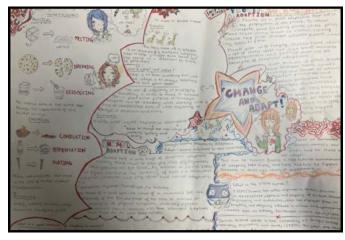
SCIENCE POSTER COMPETITION

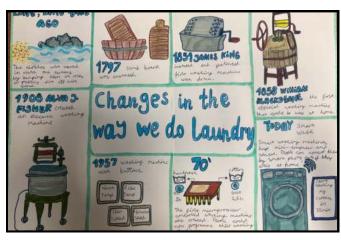
This year, all KS3 students took part in the British Science Week Poster Competition. The team was all things regarding 'CHANGE AND ADAPT' and students were judged on their creativity, STEAM content and communication skills. Everyone made some great posters, however, the following students were the school winners; Hamza Y (8F), Isabelle L (9W), Mara A (8W), Mereena P (9W) and Tommy M (8D).











YEAR 8 NEWS

This academic year has been my first as Head of Year 8, and it has been an incredibly rewarding journey. I have truly enjoyed watching the students grow, achieve, and develop throughout the year and I am excited to continue supporting them as they move into Year 9 after a well-deserved summer break.

Year 8 students have demonstrated exceptional progress academically, achieved impressive grades and consistently engaged with their learning. Outside the classroom, students have taken part in enriching experiences, including the recent two-day trip to the Natural History Museum and the Tower of London. These visits offered valuable insights into History and Geography, sparking curiosity and enthusiasm.

Reflecting on earlier in the year, the Year 8 trip to Paris already feels like a lifetime ago. Students enjoyed magical days at Disneyland Paris, admired the stunning views from the Eiffel Tower, and experienced a relaxing boat tour along the Seine River. These unforgettable moments helped build friendships and deepen their cultural understanding.

Our year was capped off with a vibrant Celebration Assembly, honouring achievements across academics, sports, arts, and leadership. It was a fantastic opportunity to recognise the hard work and resilience that defines this group.

Overall, Year 8 has been a dynamic and successful year, and I look forward to seeing all they accomplish in Year 9.

Miss Farrell Head of Year 8



Senior Borough Athletics

Ruislip High School fielded a strong team this year at the Borough Athletics, the best of the best across Years 9 and 10 showed up to represent their schools across track and field events.

With Year 9 experiencing the senior competition for the first time, both boys and girls did really well across their respective events. Within the team relays they showed great determination and spirit. The Year 9s collected medals with an extremely impressive gold from Hussein I (9A) with a whopping 1.68m jump. Hussein showed excellent sportsmanship, even cheering on his final opponent when he made the jump. Oscar W (9F) scored a respectable bronze in the triple jump with a distance of 9.67m. Bethany S (9B) overcame a second place heat to win the bronze in a highly competitive display.

For their second year at the senior athletics, both the boys and girls Year 10 teams did exceptionally well, with the boys coming in at 3rd overall. Emma M (10B) produced an amazing 1500m run. Ava W (10B) produced a dominating performance for the 300m, winning gold. To top the track events off the girls team came 3rd to take the bronze. Charlie R (10D) kicked things off for the boys with a stunning gold in the 800 metres. Matthew H (10D) also dominated in the 200m sprint winning gold. Defending champion Callum M (10B) returned in the discus and successfully defended his title to win gold at a distance of 29.89m and finally Harley B (10C) came 3rd in the high jump to secure bronze with a jump of 1.45 meters.

Year 9 team: Hussein I (9A), Ashaz S (9B), Oscar W (9F), Dragos T (9F), Ibrahim H (9F), Charlie C (9D), Jamie M-S (9F), Eric R (9C), Alicia G (9F), Kaia W (9F), Lily C (9F), Charna B (9A), Anya R (9D), Anna D (9B), Chloe S (9S), Eira G (9D)

Year 10 team: Veer B (10F), Matthew H (10D), Callum M (10B), Charlie R (10D), Kallum J (10F), Harley B (10C), Alfie D (10S), Charlie S (10B), Danni K (10F), Kacie F (10F), Ava W(10B), Dulcie H (10D), Freya M (10F), Emma M (10B), Holly M (10S), Emily F (10F), Taylor M (10F), Nancy T (10S).

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Junior Borough Athletics

The Year 7s and 8s had a brilliant day out at Hillingdon Athletics Stadium for the 2025 Junior Borough Athletics.

After a successful indoor athletics season the Year 8 boys started off the day strong with Vinnie MB (8F) securing gold in both the boys' 80m Hurdles and the Triple Jump. Sidney B (8F) made his debut in the 300m sprint placing 3rd in his heat, only to come through and win the final by a huge 5 metres. The success continued after Freddie W (8F) stormed to a huge 6 second personal best (2m 26sec) after running a brilliant tactical race. After long delays Daniel W (8S) showed out with a huge jump of 4.73m, narrowingly missing out on the gold medal. The Year 8 boys' day ended on a high with a solid second place finish in the 4x100m relay (Tommy M (8S), Luca H (8W), Daniel W (8S) and Vinnie MB (8F). The students progressed through to the Middlesex Championship.

On the girls side of the Year 8 team, Lois C (8D) and Jess H (8F) made their debuts in the Javelin and High Jump. Both students walked away with a bronze medal after Lois C threw 16.86m and Jess H cleared 1.25m and just missed out on the silver medal due to countback. Both students did exceptionally well after stepping into the event at short notice. Alyssa L (8A) collected the girls year 8 team, third bronze medal of the day in the Shot Put. Patryk S (7C) had a brilliant start to his athletics career for Ruislip High School after storming to gold in the 200m and securing his spot at the Middlesex Championships. Well done to all the students who took part in a successful day.

Year 7 team: Conor W (7C), Jack R (7B), Tomasz P (7D), Alfie L (7D), Myles J (7A), Aiden S (7C), Danil R (7B), Danny S (7C), Patryk S (7C), Freya B (7A), Caitlin B (7A), Isabella L (7D), Audrey K (7B), Maiara S (7C), Pelin B (7B)

Year 8 team: Loretta Y (8B), Sophie W (8B), Hannah H (8S), Millie B (8S), Lois C (8D), Sophia L (8W), Ellie D (8F), Jess H (8F), Alyssa L (8A), Megan W (8S), Vinnie MB (8F), Tommy M (8D), Luca Howell (8W), Sidney B (8F), Freddie W (8F), Alastair B (8F), Daniel Wilmott (8S).

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Year 7 Cricket Tournament

On Thursday 12th June, the Year 7 cricket team took part in a three team tournament at Eastcote Cricket Club. The boys weren't on for the first match so had plenty of time to hone their skills in the cricket nets.

For many students this was their first real taste of hard ball cricket and they quickly got to grips of how to put the helmets and pads on!

Their first game was against Haydon and the boys performed ever so well. They set a challenging target for Haydon to chase, thanks to some excellent batting particularly from Ben H (who had to be retired). Then with some tight bowling and some excellent fielding the boys won the 12 over game as they restricted the Haydon batters.

The 2nd match against Queensmead proved to be a sterner test as Queensmead had some quick bowlers in their attack. However the boys kept going and again improved in their batting, bowling and fielding. The boys were a credit to the school and will hopefully push on with their cricket in the future!

VLT Table Tennis Competition

On Wednesday 18th June, 2025, our PE Department took four Year 7 students to represent Ruislip High School in the annual Vanguard Learning Trust Table Tennis Competition.

The students played doubles against each of The Trust schools, in a round robin format, with the best of three games taking 3 points for their school. The competition finished in a draw between RHS and the Hermitage School team, with both teams finishing with 24 points.



It was then on to a tense finale, as RHS went against Hermitage in a one match, winner takes all competition. In the end our team was victorious - winning the game 11-6!

This is the third year in a row Ruislip High school have outplayed the competition and returned with the first-place trophy. Congratulations to all of our players - well done for scoring a hat trick victory for the school!

Antony C (7W) Elliott B (7F) Audrey K (7B Coralie A (7D)

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Glebe Sports Day

Congratulations to the Year 10 students who had the opportunity to help lead different events at Glebe. The students helped with various activities from the vortex, speed bounce and shot put. The students even got the chance to put their running skills to the test by doing a class race at the end of the event. Mrs Penney, Head Teacher at Glebe, was extremely impressed with the students and said 'the students are a credit to Ruislip High School, our sports days couldn't run without them'

Holly M (10S), Eva E (10S), Alfie D (10S), Charlie S (10B), Kallum J (10F), Charlie R (10D), Taylor M(10F), Oliver S(10D), Jack K (10C), Nancy T(10S), Ava W(10B), Freya M(10F), Emma M (10B), Louie S (10W) Kai M (10W)

Karam A (10S) Aston C (10W) Megan C (10B) Jack D (10S) Nathan L (10W) Ronnie O (10D) Shaan P (10S)

Hayden S (10A) Harry S(10B) Nikol V (10F) Ciara W (10C) Tommy W (10W) George C (10F)





Ruislip Gardens Sports Day

Ruislip High School students played a vital and much-appreciated role in the success of Ruislip Gardens Primary School's Sports Day. Their enthusiasm, dedication, and teamwork were evident throughout the event as they assisted with a wide range of important tasks. From setting up and packing away equipment to escorting younger pupils to and from events and supporting the scoring process, their contributions were instrumental in ensuring the day ran smoothly and efficiently. Their positive attitude and willingness to help made a real difference and were recognised by both staff and pupils. A huge thank you – your support truly helped make the day a memorable one for everyone.

Ramneek G (9B), Amber E (9D), Bethany S (9B), Erin DM (9B), Ralitsa M (9B), Anna D (9B), Eira G (9D), Anya R (9D), Megan D (9D), Kelsey P (9D).



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PE Sports Awards Ceremony

Well done to all of the students who have received either a Sports Colour or Special PE Award this year. Thank you to parents and students for attending a fantastic evening, where we were lucky enough to have Ruislip High's very own Julius Joseph MBE as this year's guest speaker. Mr Joseph shared his basketball journey with the awarded students and guests during the evening. The winners on the evening were:

Year 7 sports performer of the year (female)
Year 8 sports performer of the year (female)
Year 8 sports performer of the year (female)
Year 9 sports performer of the year (female)
Year 9 sports performer of the year (female)
Year 10 sports performer of the year (female)
Year 10 sports performer of the year (male)
Year 11 sports performer of the year (female)
Year 11 sports performer of the year (female)
Sixth Form sports performer of the year
Sixth Form sports performer of the year
GCSE sports performer of the year
Team of the year

Teachers player/performer of the year Bronze sports colour award

Silver sports colour award

Gold sports colour award
Platinum sports colour award

Pelin B
Patryk S
Alyssa L
Sidney B
Alicia G
Oscar W
Ava W
Charlie R
Keira B
Dexter O
Luke G
Adam H
Rahul P
Holly M

Year 8 boys indoor athletics: Sidney B, Luis J, Luca H, Freddie W, Tommy M, Finley M-W, Vinnie M-B, Daniel W

Bethany S

Freddie H, Muhammad U, Aryan K, Alfie

L, Ella B, Jack R, Grace P, Myles J Vinnie M-B, Charna-Jo B, Kia W,

Hannah H, Millie B, Sidney B, Luca H, Ellie

D, Jess H Nicolas T

Zoe M, Ellie M, Elena L, Pelin B, Holly M, Alistair B, Charlie R, Eve A, Keira B



WIMBLEDON TRIP

On Thursday3rd July 2025, a group of excited students set off for an unforgettable day at the Wimbledon Championships, held at the world-famous All England Lawn Tennis and Croquet Club in London. Known as the home of tennis, Wimbledon gave students the chance to experience a truly special atmosphere, and learn plenty outside the classroom, too.

One of the day's biggest highlights was watching a dramatic match between Mirra Andreeva and Lucia Bronzetti in the Ladies' Singles. Mirra, just 17 years old and already one of the top seeds, started strong, taking the first set in under half an hour. But the second set was a real nail-biter; Bronzetti came back fighting, and at one point was just two points away from winning the set. Mirra kept her cool, pulled off some incredible shots, and eventually won in a tense tiebreak. The crowd was completely hooked, and our students couldn't believe they were seeing such high-level tennis up close!

As well as the matches, everyone enjoyed walking around the beautifully kept grounds, spotting famous players, and learning about Wimbledon's long history and traditions. And of course, we couldn't leave without trying strawberries and cream! It's a classic Wimbledon treat, and it made relaxing on Henman Hill all the more enjoyable.

For many students, this was their first time at a major sports event, and they were full of praise for the experience. They described it as "inspiring," "so much fun," and even a "once in a lifetime" trip. Their behaviour, curiosity, and enthusiasm throughout the day were brilliant, they really did the school proud.







FIRST AID NEWS

Another half term completed and another group of students completed their Level 5 Award in Basic Life Support and safe use of an Automated External Defibrillator. Well done: Lacey W (10A), Jodie C (10D), Monica M (10D), Arlet M (10D), Lorena M (10B), Saranshi J (10F), Holly B (10F), Gabriella D (10A), Abigail O (10D), Milcah M (10W) and Amy D (10W).

Students currently enrolled and completing the summer term:
Oscar P (10A), Zachary J (10S), Thomas O (10A), Fraser O (10A), Sara N (10D), Nikol V (10F),
Fatima W (10D), Grace J (10F), Ocean B (10D), Oliver S (10A), Nadia S (10B) and Ragad S (10B).

MASTER CHEF WINNERS

The following Year 8 students were selected to participate in the Cucina cooking course, where they learnt to make and cook fresh pasta dishes.

In Food Technology the students have been taking part in the 'Master Chef' challenge creating healthy dishes. The students below were selected to take part in this Cucina cooking course as they were a winner of the 'Master Chef' challenge and have shown great effort and overall enthusiasm in Food Technology lessons.

Callum G 8B, Daniel S 8B, Alyssa L 8A, Nikita S 8A, Eva A 8A, Hayley W 8F, Amaris P 8F, Sophia T 8F, Esha R 8C, Ibukun A 8C, Sophie L (8C), Maddox W 8S, Henry W 8S, Rihana K 8D





HISTORY NEWS

All of our Year 7 students took to Central London in June for a packed day of historical exploration. Travelling via the London Underground with admirable calm and coordination, students visited the National Portrait Gallery and Westminster Abbey before enjoying a well-earned picnic in the sunshine at St James's Park.

The day was not only enjoyable, but enriching. At the National Portrait Gallery, students came face-to-face with key figures they've been studying in class. As Isabella, Year 7, put it, "It was really useful because the day before we were learning about Richard III and the Princes in the Tower and we saw the portrait of Richard III that we were learning about. We also saw things in the portrait gallery that are relevant to the things we are studying now. I really enjoyed the picnic too, apart from the pigeons that were a problem!"

Westminster Abbey offered students the chance to walk through the very heart of Britain's past; from coronations and burials to the stories of monarchs, poets, and scientists. It was great to listen to thoughtful questions and insightful observations from our students throughout the day. Benjamin, Year 7 said, "It was good seeing all of the King's coffins. It was cool to be in the same place where Monarchs have been crowned. I found the tomb of the unknown warrior interesting since it could be anyone – even someone's relative."

On what turned out to be an incredibly hot day in central London, students remained focused, respectful, and a credit to the school. Staff at each venue commented on their excellent behaviour.

A huge thank you to all the staff who made the trip possible—and well done to Year 7 for making the most of a memorable day.







YEAR 9 NEWS

As we come to the end of the academic year and the end of Year 9, students have reached a significant landmark in their Ruislip High School journey, as they have now chosen their optional subjects and will begin their GCSE courses upon their return in September.

As their Head of Year I feel a real sense of pride in seeing the students this year mature into young adults, and it is pleasing to hear how many teachers complement the work effort and commitment shown by Year 9 students throughout the year.

This year has been a busy and productive year with so many highlights in the past 9 months but I wanted to mention a few.

Firstly the trip to the West End to see the Lion King trip in January, the year group were a credit to themselves and the school and we received so much positive feedback, as a result we are already planning the next whole year group trip in Year 10. Furthermore having been on the Battlefields residential and the Bronze Duke of Edinburgh trips, the students show real character especially on the assessment Bronze trip when the weather was challenging.

In terms of Year 9 sporting success there have been some great results especially in football, athletics, rounders and cricket. Plus it was great to see so many students take part in drama and musical productions, it is great to see so many talented students.

Finally I would like to take this opportunity to say thank you for all the support that parents and guardians have provided in supporting their son or daughter this year, your support is greatly appreciated and I wish everyone a restful summer holiday.

Well done everyone this year, enjoy your break and see you all in September.

Mr Cahill Head of Year 9

GEOGRAPHY NEWS

The summer term has seen the Geography Department run trips for all three Key Stages.

In June, the Year 12 A-level Geography class enjoyed a four-day residential field trip investigating seven locations along the Norfolk coastline.

The study sites were Great Yarmouth, Hemsby, Winterton-on-Sea, Sea Palling, Happisburgh, Bacton and Cromer. Each student had an independent project title to investigate, based on the theme of coastal change.

At Great Yarmouth, students enjoyed seeing the famous Golden Mile and the Scroby Sands wind farm out at sea.

At Bacton, students were interested to view the results of a 2019 "sandscaping" project. Here, enough sand to half-fill Wembley Stadium has been added to the beach to help protect the gas terminal.

Students also enjoyed investigating Cromer, described at the "Gem of the Norfolk Coast" with its Grade II listed pier.







Year 12 students collect A-level coursework data

GEOGRAPHY NEWS

Also in June, more than 100 GCSE Geography students enjoyed a day visit to Hengistbury Head in Dorset. This spectacular coastal landmark is a Site of Special Scientific Interest and a Scheduled Ancient Monument.

The aim was to collect data for GCSE Geography Paper 3 where students will answer questions based on their fieldwork experiences.

The first study site was the Hengistbury Head Long Groyne, a coastal defence originally built in 1939. Students were able to see the results of a huge project in 2024 to upgrade the groyne with over 30,000 tonnes of extra rocks sourced from France and Norway. This scheme has recently featured in the BBC's Countryfile TV programme.

Moving on, students then investigated the tourism phenomenon at nearby Mudeford Spit. Here, more than 350 beach huts have been built, many with a fabulous view to the famous Needles chalk stacks in the Isle of Wight.









Year 10 GCSE students in Dorset

YEAR 10 NEWS

As we approach the final days of this academic year, it brings me great pride to reflect on all that Year 10 has achieved. Despite the soaring summer temperatures, our students have shown unwavering focus and resilience. Their dedication to learning, even in the heat, speaks volumes about their growing maturity and determination.

A standout moment this term was the Duke of Edinburgh expedition, where every participating student not only completed their Award but also earned glowing praise for their teamwork, behaviour, and perseverance. I can say with confidence that they represented the very best of Ruislip High School.

Another memorable highlight this term was our Year 10 Science Museum trip. Students delved into the wonders of science and history with wide-eyed curiosity — and, in some cases, slightly confused awe when trying to decipher Victorian inventions (we're still not entirely sure how that contraption was meant to work). After exploring the exhibits, we ventured into Hyde Park for lunch, where the students quickly mastered the skill of tactical shade-hunting. It was a lovely day out for all and another memory that we can take with us into the next academic year.

As the summer holiday beckons, attention now turns to the next exciting chapter: Year II. With this final year comes increased responsibility — from setting the tone for the rest of the school to making important decisions about the future. I have every confidence that our students will rise to this challenge with the same integrity and energy they've shown all year.

Lastly, on a personal note, I am deeply honoured to have been included in this year's King's Birthday Honours list for services to Basketball. To receive this recognition has been an incredible experience and it has motivated me to continue my voluntary work in the basketball community.

Wishing you a restful and enjoyable summer. Here's to a strong start in September.

Mr Joseph MBE Head of Year 10

MUSIC NEWS

Ruislip High School Summer Concert 2025

On the evening of Wednesday, 16th July 2025, Ruislip High School's concert hall was alive with the vibrant sounds of our Ruislip High students who were performing in the much-anticipated Summer Concert. Hosted by our presenter Nicole G, the event managed to showcase an impressive variety of musical talent spanning classical, contemporary, jazz, rock, and more.

The program opened with Roman L's elegant performance of Joe Hisaishi's "Merry-Go-Round of Life," a piece known for its emotive beauty. Roman then teamed up with Ray C to deliver a haunting rendition of Shostakovich's "Waltz No. 2," blending clarinet and piano with exquisite harmony.

The evening moved seamlessly between genres — Pearl P's soulful guitar and vocals paired with Velizar G's drums brought a fresh take on the classic "It's Been a Long, Long Time," while Kasia K dazzled with a virtuosic solo of Chick Corea's jazz fusion hit "Spain." Mr Bai's String Ensemble energized the hall with a lively Irish Jig Medley, and the Year 10 Singers, accompanied by Ms Nastou, offered a heartfelt version of "Somewhere Only We Know."

Edward T's stirring solo of Bright Eyes' "Train Under Water" introduced a more introspective mood before the RHS Choir lifted spirits with the upbeat summer anthem "Riptide" by Vance Joy. The Year 10 Band then turned up the volume with powerful performances of Radiohead's "Creep" and KISS's classic "Detroit Rock City," showcasing raw energy and rock finesse.

Velizar G's solo performance of the complex and technically demanding "Physical Education" by Animals as Leaders was a highlight, followed by The Rollos' dynamic renditions of indie rock favorites "Someday" and "Here Comes Your Man." The night's energy soared with a heavy-hitting drum and bass tribute to Metallica by Kacie W-O and Velizar.

The concert concluded on a grand note with the full Ruislip High Concert Band performing an eclectic finale including the timeless "Moon River," and a very exciting ending with some Blues improvisation.



The Summer Concert was a memorable celebration of musical artistry and school community spirit — a true testament to the power of music to inspire and unite.

The Music Department at RHS would like to congratulate the incredible performers.

See you all at the Winter Concert!

Miss Nastou Head of Music

MATHS NEWS

We are delighted to share more fantastic news from the Mathematics Department. Following the remarkable success of our older students in the Intermediate and Senior UKMT Maths Challenges earlier this year, our talented Year 7 and Year 8 students have achieved outstanding results in the UKMT Junior Maths Challenge, held on Thursday 1st May 2025.

Our students tackled a series of challenging problems that tested their logic, creativity, and mathematical thinking. Their enthusiasm and determination shone through as they brought home a wonderful collection of Gold, Silver, and Bronze certificates. These achievements reflect the commitment they have shown to their studies throughout the year and the vibrant Maths culture nurtured here at Ruislip High. We are incredibly proud to announce that three students scored so highly that they were invited to take part in prestigious followon rounds: the Junior Kangaroo and the Junior Mathematical Olympiad — a rare honour reserved for the top-performing students nationwide.

One of those students was Shaunav B, whose performance stood out. After earning a Gold certificate in the main challenge, Shaunav qualified for the Junior Kangaroo round and represented the school with distinction, securing a Bronze certificate. His success is a testament to his resilience, talent, and genuine love for Mathematics.

An even more historic achievement came from Tabitha M, who not only received a Gold certificate in the Junior Challenge but also qualified for the Junior Mathematical Olympiad — an extremely selective competition. Tabitha went on to receive a Merit certificate, placing her among the top young Mathematicians in the UK. She is now the first student in Ruislip High School history to earn this recognition, and we couldn't be prouder of her.



These successes are part of a broader commitment at Ruislip High to celebrate and support mathematical talent. Led by Ms. Jani, the school offers a rich programme of Maths enrichment, including clubs, workshops, and preparation for national competitions.

In the lead-up to the Senior Challenge, Ms. Jani also organised a Maths Masterclass through the Advanced Mathematics Support Programme (AMSP) for our Year 12 students.

This gave them the chance to explore complex ideas beyond the curriculum and deepen their problem-solving skills. We believe experiences like these not only build Mathematical fluency but also grow our students' confidence, curiosity, and perseverance — qualities that serve them well both in school and beyond. We are incredibly proud of all the students who took part and look forward to celebrating even more Mathematical success in the years to come.

YEAR 11 NEWS

The summer term for Year 11 saw the culmination of all their months of hard work in preparation for the GCSE examination period. Each student has sat around twenty exam papers over the course of the last six weeks and I know how pleased they are to be free from revision, and are now reaping the reward of an extended, and well deserved summer holiday.

The summer term is also punctuated by a range of celebratory events, culminating in the Prom which took place at the end of June at Denham Grove Hotel. There was an overwhelming sense of joy and togetherness at this year's Prom and it was really special to see students celebrate their success together, wearing their finest suits and most glamorous dresses. I am pleased to report that the dance floor was full for several hours and only emptied when we turned the lights on! There are some great pictures from the Year II Prom later in this newsletter.

Earlier in May, the whole year group came together for a Celebration Assembly with 'good luck' messages from their teachers, followed by shirt signing and ice creams. Again, this 'rite of passage' event was really positive and memorable.

It has been such a pleasure to support this group of young people, alongside Mr Rutter as Assistant Head of Year, and the wonderful team of Year II tutors. This year group will be remembered for their hard work, kindness and good humour. They represent the best of our school community, and I know will go on to do extraordinary things in the future - whatever path they choose.

We look forward to seeing the majority of students back in September as they start Sixth Form with us, and for those who are going on to Apprenticeships and local colleges, we wish the very best of luck. I hope Year 11 have a restful and enjoyable summer, and thank their parents/carers for all their support along the way too.

Mr Sills Head of Year 11

DUKE OF EDINBURGH NEWS

Over the course of three very hot days in late June, our Year 10 Silver Duke of Edinburgh participants completed their assessed expeditions in the beautiful Surrey Hills. Over twenty Year 10's braved the heat, with backpacks on and spirits high, they navigated rural trails, hiked over 30km and camped for 2 nights. Despite the challenges faced, the students remained positive and motivated throughout the expedition. Staff and mountain leaders were especially impressed with the sense of camaraderie amongst the groups, even when they were exhausted. One student said "this weekend was so tough, I wasn't sure I'd be able to get through it! But I was in a team with my best friends and we encouraged each other to keep going and push forward! I helped out with the cooking, someone else washed up, we all looked out for each other and helped each other however we could. I'm so proud of my team and we're so relieved that we passed!". We're immensely proud to report that all students passed their Silver expedition, a testament to their preparation, teamwork and determination.

Just a few days later, at the beginning of July, it was time for the Gold Duke of Edinburgh participants to take on their expedition. After several hours on the coach, 24 students from Year 12 and 13 arrived at the Brecon Beacons in Wales to begin their challenging five-day journey. With unpredictable terrain and longer hiking days, this expedition pushed students to their limits - but they rose to the challenge brilliantly. The breathtaking views across the mountains were a rewarding backdrop to their efforts and the slightly cooler weather made it that bit more manageable. We are thrilled to celebrate the achievements of all three Year 13 students who successfully completed their full Gold DofE award, as well as the twenty-one Year 12 students who completed their pre-assessed journey and are well on their way to completing their Gold award next year. One Year 13 student said "this has been such an amazing experience that I'm glad I'm finishing my RHS journey with. My team was amazing and we worked so well together even though we didn't all know each other before. It just shows how important teamwork is and that you can do anything you set your mind to. I'm so proud that I completed my Gold award, it's definitely one of the biggest things I've achieved so far in my life".

We are so proud of all our students that took part in DofE this summer across all three levels - Bronze, Silver and Gold. The expeditions were a tremendous success and we're already recruiting Year 8 students for their Bronze award starting in September!







YEAR 12 NEWS

This year, our students had the invaluable opportunity to attend two university trips. These visits not only opened students' eyes to the range of courses and campuses available but also helped many visualise their own futures and understand the academic and personal standards required. Feedback from both universities was overwhelmingly positive, praising our students for their curiosity, engagement, and respectful conduct. In parallel with these visits, our Year 12s have made great strides in developing their personal statements. Through dedicated workshops and one-to-one support, many students are now well on their way to having polished drafts, putting them in a strong position for UCAS applications in the autumn term of next year. The focus and self-reflection demonstrated during this process have been genuinely impressive.

One highlight of the year was our "Talk the Talk" Day—an empowering experience designed to boost students' confidence, communication skills, and public speaking. The transformation in so many students, from hesitant to self-assured speakers, was extraordinary. It was a day full of growth, laughter, and learning—an experience many won't forget. Our annual RAG week was a resounding success. Through a variety of creative fundraising activities the year group raised an impressive amount of £582 for our chosen charities. More than just a fundraising effort, RAG Week reflected the generosity, teamwork, and sense of community that defines Year 12. To celebrate our students' hard work and excellent behaviour, we organised a well-deserved reward trip to Tenpin Bowling. The afternoon was filled with laughter, healthy competition, and a strong sense of camaraderie. It was a pleasure to see so many students enjoying themselves and celebrating their achievements together.

Finally, a huge congratulations to all students on their recent PPE results. These assessments are a vital stepping stone toward next year's final exams, and the results reflect not only ability but also the effort and resilience our students have shown. For those who didn't quite hit their targets, this term has been a learning experience, and we are here to support you in making the necessary progress.

As we move into the next year, I encourage all students to continue this positive momentum. Whether it's academic, social, or personal growth, you've all laid strong foundations—and the best is yet to come.

Well done, Year 12—you've made your Head of Year extremely proud!

Miss Vora Head of Year 12

YEAR 12 MOCK INTERVIEW DAY

The RHS Sixth Form was delighted to host the first Year 12 Mock Interview since the pandemic. Each student took part in a 15-minute interview slot with external guests, including professionals from the NHS and construction industries. Students were well prepared and confidently answered a wide range of questions, demonstrating strong communication skills and ambition.

The purpose of the event is to give all students the opportunity to practice their ommunication and self-promotion skills, in preparation for interviews they may have to take as part of the post-18 options process. The questions asked by the interviewers were all focused on building the students' confidence, when trying to explain their strengths and the qualities that would make them a top university candidate or the perfect fit for an apprenticeship or new job role.

The mock interviews provided invaluable practice, helping students build confidence and refine their responses ahead of real job and graduate opportunities. Our guests praised the students' professionalism and drive, highlighting how these experiences are key to future success.

We were also pleased to have John Garner, Chair of Governors, join us in his new role as Careers Link, supporting both students and interviewers. This event was an important step in preparing our students for the competitive world beyond school, and we look forward to continuing to offer these vital career-building opportunities.







LRC NEWS: HIGHLIGHTS

Another exciting school year is coming to a close! As always the LRC is a hive of activity on a daily basis, especially because it's the central part of the school. Numbers of students across the different year groups take advantage of the large, quiet space, to either visit the LRC during break or lunch to sit and quietly read, or revise.

Above and Beyond after-school LRC homework club

A number of students stay after school in the LRC, to catch up on homework, or attend one of the many after school 'Above and Beyond' clubs that take place every Thursday and 'Games Club' every Friday, after school. It's the perfect ending to a busy school week.

Students from all year groups attend and it is a great opportunity for students to make new friends, have fun and unwind.



The Above and Beyond Programme in the LRC: 3.00pm-4.00pm Open to all students

Tuesday: Homework Club/Silent Reading Wednesday: Honework Club/Silent Reading

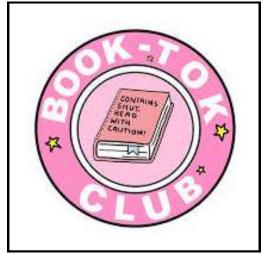
Thursday: Booktok/Homework Club

Friday: Games Club

Plea to parents/guardians:

In order to promote reading and have books available for all to read, the LRC is always happy to receive any book donations (in good condition). Please leave any unwanted books with reception, for the attention of Mrs Austen/LRC. All students and staff would be very grateful!

Also a plea for any unwanted board games, which would be appreciated and added to the collection for the after school Games Club. Thank you to so many who have already donated, it is hugely appreciated.





Reporting for Duty

The LRC is very lucky as a few of its workers also attend the club which produces the 'Ruislip Eye', the ever popular school newspaper in which the LRC is regularly featured, helping to promote the LRC and reading amongst the students across all the year groups.

LRC NEWS

(CONTINUED)

New students visit the LRC

Despite the sweltering heat, the LRC opened its doors on the 1st July for a special Induction day, to the new students starting at Ruislip High in September.

Presentations were shown to all students introducing the LRC and everything it has to offer.

Every single student at Ruislip High on starting, automatically get their own Library account, meaning everyone can borrow books from the LRC, four books at a time, to be able to read at home.



The LRC tries to encourage every student to read. It is such an important skill, helping students gain confidence, increase imagination, build knowledge and ope the door to academic success in every subject.



Jack Petchey Awards the LRC

A regular visitor to our LRC, who received a Jack Petchey award, generously decided to spend their winnings on new board games for our Friday after-school club.

Students were over the moon, excited to choose from a large selection of brand-new games.

Points mean prizes

The stationery shop run by the LRC continues to be as busy as ever, with students taking full advantage of getting free stationery, using their reward points in exchange for stationery items needed for the Period 1 check. Students are able to order via Tutors, and the items are then delivered to the classroom. This worthwhile scheme ensures students always have the correct equipment and best of all, saves them from receiving "no equipment" warnings.

Items available:

Black or green pen: 30 points

Pencil: 30 points Large pencil: 60 points

Glue stick: 60 points Erasers: 30 points Ruler: 30 points

Whiteboards: 30 points

Whiteboard pens: 30 points White board erasers: 30 points

Jump the Queue Lunch Pass: 20 points

The stationery shop will continue in September and is available to all students.



LRC NEWS

(CONTINUED)



A massive heartfelt thank you to all the students who regularly help out in the LRC, as part of the Student LRC team. Thanks as well to all the volunteers from the Duke of Edinburgh Scheme who also help and the Sixth Form volunteers. It is very much appreciated and long may it continue!

Enjoy the long- awaited Summer break! Happy Reading!

Mrs Austen LRC Manager







YEAR 13 NEWS

This last year has passed by in a flash, but we are now at the point where we say goodbye to our superb Class of 2025, for many of them following seven years at Ruislip High.

The Year 13 students have matured into personable, hardworking and immensely talented young adults, who should be proud of everything they have achieved over the last two years in Sixth Form. Regarding post-18 options, it has been a real pleasure to see our students receiving university offers from some of the most prestigious institutions in the world and also some of the most competitive courses. This is testament to the effort that students have been putting into their education and their futures since the start of Year 12 and, in many cases, before that.

In addition, we have had a number of students who have applied for apprenticeships and other employment who have also received offers and we wish them the best of luck in the future.

The students' Leavers' Assembly and their Leavers Ball were fantastic events and fitting occasions to mark the students' time at Ruislip High. I was enormously pleased with the number of parents and carers who were able to attend the assembly; we really are a community school!

It has been a pleasure to work with these fantastic students and I would also like to thank you, as parents and guardians, for your support. I am looking forward to congratulating the students on their achievements on results day and wish them every success in the future.

Mr Elsby Head of Year 13

YEAR 11 PROM PHOTOS





YEAR 11 PROM PHOTOS



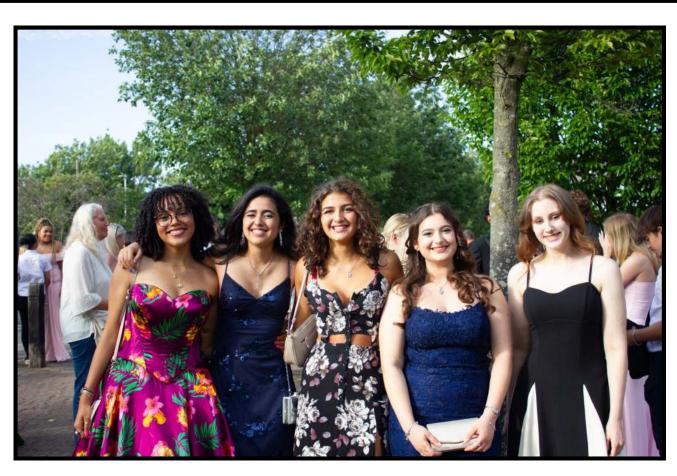








YEAR 13 PROM PHOTOS





YEAR 13 PROM PHOTOS





ART, CRAFT & DESIGN NEWS

THE CREATIVE CORNER

Art Club

During Art club students have been working on widening their skills and techniques by completing a mixed media piece inspired by traditional Danish flower paintings but with a modern twist!

Students started by creating some geli printed patterns and designs inspired by nature to create their vase as the basis of their still life. Over the following weeks they picked flowers and leaves of interest to them and created multiple different flowers using: watercolour, brusho,mono printing, lino printing and more! In our last session we arranged our vases in some of the different compositions below. Next time you are in the corridors, have a look out for them as they go on display in our new frames around school.



ACD raffle

A new addition to the creative corner is our new termly raffle! Students, during the months of November, March and June can win multiple raffle tickets throughout the month by putting in lots of effort during lessons and for HWK with 3 students getting the chance to win some creative prizes! June winners are:

Alessia 7c	Karuna 8B	Tsk Lok 9A
Matthew 7B	Yasin 8B	Mareena 9W
Anais 7F	Harry 8A	Georgi 9F

This is a fantastic opportunity not only to be rewarded for your continued hard work but also get some free art supplies! Start getting ready to impress your teachers in November.



ART, CRAFT & DESIGN NEWS

Year 10 new designer trip

On Thursday 3rd July, Year 10 Textiles visited New Designers at the British Design Centre in Islington. New Designers is an annual exhibition where creative graduates from across the United Kingdom are selected to go and showcase their work to find the next generation of artists and designers. Year 10 pupils went to gain inspiration from a range of Textile, Fashion, Print, and Weave designers, as well as being given an insight into the work being produced by ceramicists, glassblowers and Jewellers. In addition to viewing the amazing work on exhibition, pupils were able to investigate the different creative courses on offer across the United Kingdom and begin thinking about career pathways. Pupils were excited to see a range of work on display and see how some of the techniques they are using in class are being used on a larger scale.



Year 7 Logo competition

As part of the year 7 Graphics curriculum we have an annual competition where one student from each form gets picked for creating the most successful Art, Craft and Design logo. This year it was a particularly tough choice with so many amazing designs being created by our hard working students! However we just about managed to pick our winners: Zackery B, Ruby B, Matthew L, VAnessa W F, Elise G, Chloe N and Bella M.

Well done! Be ready for your tote bag and art supplies as your prize to be delivered!



RHS Gallery

Here is a selection of work from the Art, Craft and Design department:

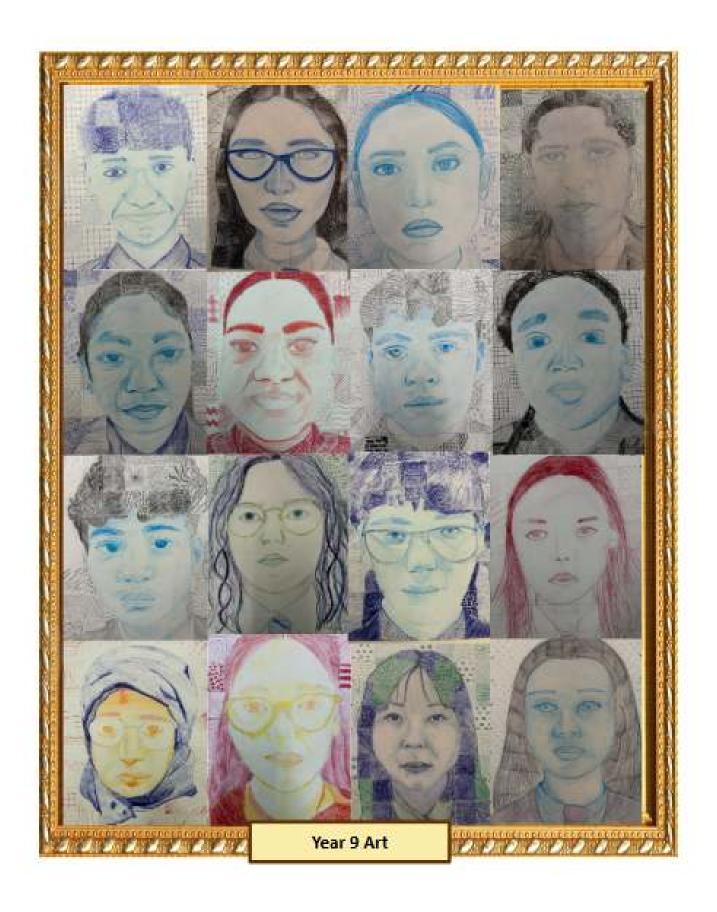












KEY DATES

Monday 1st September and Tuesday 2nd September 2025: INSET days

Wednesday 3rd September 2025: Term begins

Friday 5th September 2025: School photos

Thursday 11th September 2025: Year 12 success in the sixth form evening

Monday 15th September 2025: Success in Year 13 evening

Wednesday 17th September 2025: VLT inclusion competition

Wednesday 17th September 2025: Year 12 guest speaker, Danny Beales

Thursday 18th September 2025: Panathlon

Monday 22nd September 2025: DofE bronze information evening

Wednesday 24th September 2025: EPQ presentations

Thursday 25th September 2025: Year 6 open evening

Tuesday 30th September 2025: Parent voice meeting (in person)

Wednesday 1st October 2025: Black history month

Tuesday 7th October 2025: STEAM trip to Thorpe Park (Year 8/9)

Monday 13th October 2025: Safeguarding week

Tuesday 14th October 2025: Year 11 history trip

Wednesday 15th October 2025: VLT maths challenge

Thursday 16th October 2025: Year 11 history trip

Thursday 16th October 2025: Year 7 tutor evening

Friday 17th October 2025: Wear red day

Tuesday 21st October 2025: Year 12 universities trip

Thursday 23rd October 2025: Year group photos

Thursday 23rd October 2025: Year 13 theatre trip

Friday 24th October 2025: Half term ends

Monday 27th - Friday 31st October 2025: Half term

Monday 3rd November 2025: Half term begins

Tuesdat 4th November 2025: Year 12 guest speaker, Professor Sir Keith Willett

Wednesday 5th November 2025: Selected Year 11/12 students visit to University of Cambridge

Thursday 6th and Friday 7th November 2025: Year 11 textiles PPE

Thursday 6th November 2025: Presentation Evening

Monday 10th November 2025: VLT poetry project

Monday 10th November 2025: Flu vaccinations

Wednesday 12th November 2025: Sixth form open evening

Thursday 13th November 2025: Year 12/13 theatre trip

Wednesday 19th November 2025: Year 10/12/13 theatre trip

Thursday 20th November 2025: Year 13 parents' evening

Tuesday 25th November 2025: VLT sixth form careers/universities fair

Thursday 27th and Friday 28th November 2025: INSET days

Monday 1st December 2025: Year 11 PPEs begin

Tuesday 2nd December 2025: Parent voice meeting (remote)

Thursday 4th December 2025: Year 9 parents' evening

KEY DATES

Wednesday 10th December 2025: Year 11 MFL speaking PPEs begin

Wednesday 10th December 2025: VLT Christmas concert

Thursday 11th December 2025: Winter concert

Thursday 11th December 2025: Sixth form community event

Friday 12th December 2025: Flu vaccinations catch-up session

Tuesday 16th and Wednesday 17th December 2025: Drama performances

Friday 19th December 2025: Term ends