

Welcome to Ruislip High School

Parent Information 2026/27

Year 7

Starting high school is a big step for our students - and for parents too!

Our motto is 'from grass roots, to reaching for the sky'. Your child will be starting at their grass roots and we aim to give them all the skills, opportunities and confidence for them to reach their full potential.

Year 7

We have high expectations of all of our students, we expect all students to:

- Listen without interruption and raise their arm for permission to speak
- Ensure that all staff instructions are followed without argument or delay
- Arrive on time, fully equipped and wearing the correct uniform
- Respect everyone
- Never give up and do their best

Year 7

In return you can expect staff to:

- Treat everyone fairly
- Ensure a safe and welcoming learning environment
- Assess students' work and give regular helpful feedback
- Celebrate success
- Have high expectations of every student

Year 7

We expect all parents/guardians to:

- Support their child's learning and engage with the school's communication systems
- Uphold the school rules and support our decisions
- Resolve any dispute with the school in private and with courtesy
- Ensure their child wears the correct uniform, carries the correct equipment and arrives on time
- Make appointments if they need to speak to a member of staff - unfortunately, parents cannot meet staff without an arranged appointment.

Year 7 - A Day in the Life

Arrive by	08:25
Tutor	08:30
Period 1	09:05
Break	10:05
Period 2	10:25
Period 3	11:25
Lunch	12:25
Period 4	13:00
Period 5	14:00
Leave at	15:00

- Students should arrive to school by 08:25
- All students are expected to be in their tutor room by 08:30
- All students are expected to use the bathroom at break and lunch times - students are not permitted to go to the bathroom or fill up water bottles during lesson time

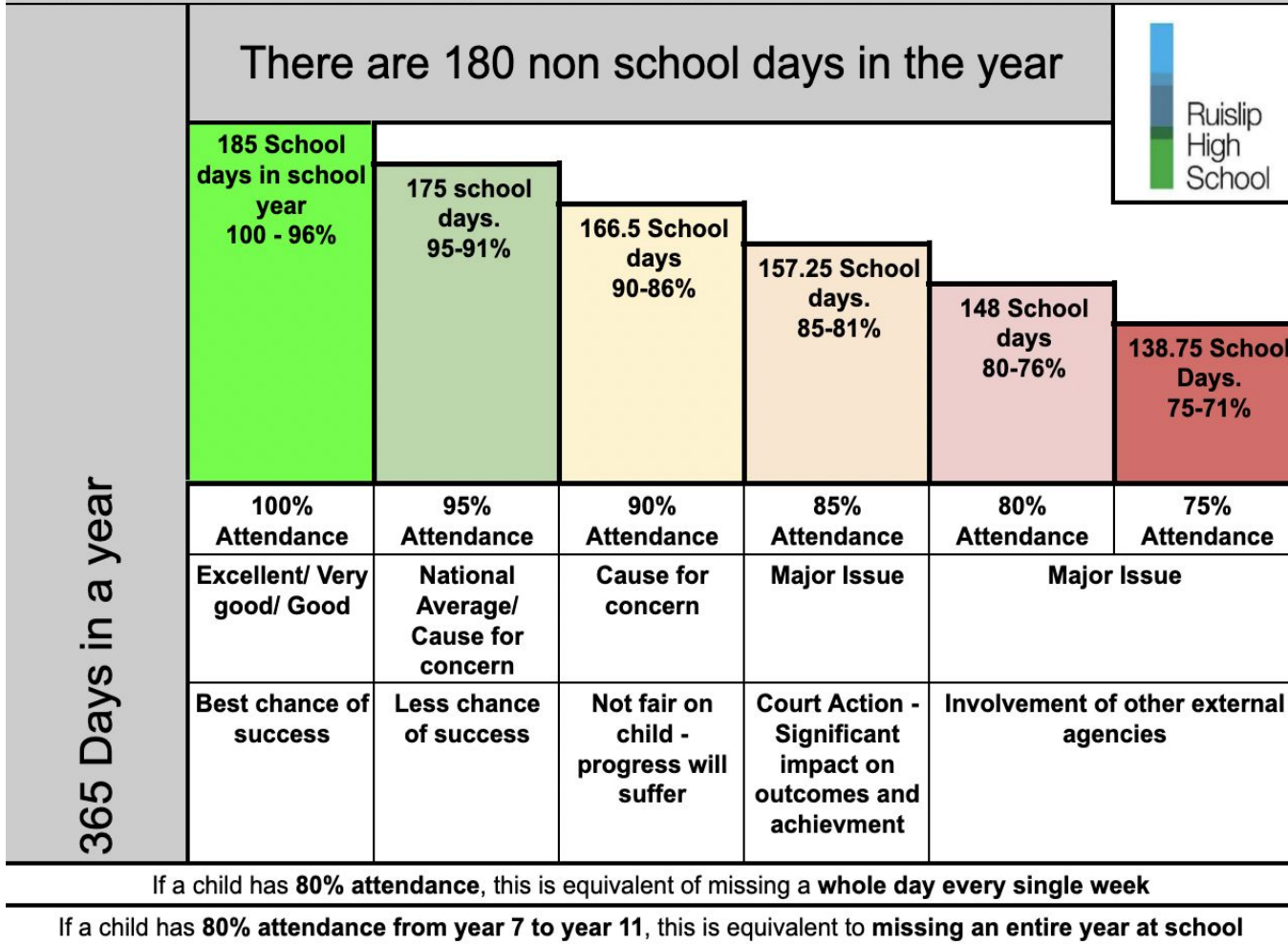
Attendance

We expect all students to have attendance of at least 97%.

There will be times when your child is ill - obviously we want them to rest and recover at home.

It is clear that students with higher attendance achieve more.

Days off school - Add up to learning lost



Uniform



Uniform with skirt



Uniform with trousers



PE kit with optional jacket

- Blue Shirt
- Blue stripe on tie
- Skirts must be worn **on the knee**
- Skirts should have a single pleat at the front
- Trousers and skirt must be purchased from one of the school's suppliers
- Shoes should be black leather or leather look - **no trainer style shoes** (including Kickers trainer style school shoes)
- PE Kit can be purchased from one of the school's suppliers
- Trainers should be worn for PE (no Converse or Vans)



Shoes that are acceptable

Shoes should be of plain black leather or leather-type, with plain black soles and black laces.

Shoes that are not acceptable

Black suede, fabric or canvas type shoes or boots are not permitted. No trainer-style shoe can be worn, this includes Nike, Converse, Vans, Kickers and Adidas-style leather shoes that resemble trainers.



Uniform

Hair

- Hair should be neat and conventional
- No lines should be cut into the hair (including shaving in a 'hard part')
- Dyed hair should be a natural colour - dyed red is not considered natural
- Students with long hair will be expected to tie it back for some lessons for safety reasons

Jewellery

- One plain, small gold or silver stud is permitted to be worn in each earlobe.
- No other jewellery should be worn

Make Up/Nails

- Make up (including fake tan/tinted eyebrows) is not permitted
- Nails should not be excessively long. They should not be painted and acrylics are not permitted

Homework

Students will be set up to **three pieces** of homework each day.

This will be set on Google Classroom (they will receive their log in details in their first week). Not all homework will be expected to be completed online but all homework will be set online.

Google Classroom can be accessed on a computer or laptop. There is also a Google Classroom app which can be used on a phone or tablet.

Homework usually has a deadline of a week and students should spend between 30-40 minutes per piece of homework.

Study Club runs three times a week for students to access computers if they need it, and to provide support with homework.

Above and Beyond

We are proud to offer a variety of sports teams, clubs and extracurricular activities for students to get involved in beyond the classroom.

Students have the opportunity to try a variety of activities.

All information is available on the school website.



Sports Clubs

Animal Club

Robotics

BookTok

Band

Spanish

Japanese

Drama

Fencing

Choir

Minecraft

Chess

Boxing

Cooking

Art

Maths



Why is it important to take part in Above and Beyond activities?



Community	Physical	Creativity	Culture
Leadership	Sport	Global	Enterprise
Environment	Adventure	Creativity	Diversity
Commitment	Self-discipline	Problem-solving	Appreciation
Service	Health & Wellbeing	Oracy	Literacy

Parent Pay

We are a cashless school. Students buy lunch using their ID card (which will be issued to them on their first day). This can be topped up on Parent Pay.

We also use Parent Pay for any trip/extra curricular activity payments.

You will be given details of your Parent Pay account.

Arbor

All school communication (including letters, trip updates and reports) will be sent through Arbor notifications or via email.

You will also be able to inform us through Arbor if your child will be absent on a given day



Arbor

Arbor is also a great way to see how your child is getting on. It is updated in real time to display lessons, attendance, rewards, warnings and detentions (hopefully not many of these!). Students will review their score weekly in tutor time.



Time for questions