

RHS Values Champions:

Top 5 Attendance:

- 7A - 94.0%
- 7B - 96.5%
- 7D - 96.3%
- 7C - 95.8%
- 7F - 94.2%

(attendance calculated until
11/06/2026)

HoY Shout Out - Year 7

Well done to Ella H in 7F for her amazing efforts delivering a fantastic assembly at Field End School.

Ms Loizou- Head of Year 7

Subject Shout Out - MFL

A big shout out to the students who are sitting GCSEs in their home language this month.

They have all worked so hard in the preparation for these exams.

See page 6 for further information.

Ms Matias - Curriculum Leader of MFL



A message from Mr Davies:

As always, it never ceases to amaze me how many activities and opportunities our students engage in. Ruislip High School is a vibrant community where learning extends far beyond the classroom, and this week's bulletin highlights just some of the many ways our students continue to excel and enrich school life.

I am delighted that our Gold Duke of Edinburgh student recently received their award in the gardens of Buckingham Palace. This is a remarkable achievement and a fitting recognition of the dedication, perseverance and service they have demonstrated throughout their Duke of Edinburgh journey. I am incredibly proud of what they have accomplished and of the way they have represented our school.

I was also pleased to hear about the PE Reward Trip to Wembley. This is a wonderful example of students being recognised and rewarded for the star points they have earned throughout the year. Opportunities such as these celebrate positive contributions to school life and reinforce the values of effort, commitment and participation that we seek to promote across the school.

I would also like to draw your attention to the forthcoming KS3 Drama Club production of The Wizard of Oz. This creative adaptation promises to be an excellent evening of entertainment and showcases the hard work, confidence and commitment of our young performers. I encourage families to come along and support what I am sure will be a fantastic production.

At this time of year, I would also like to commend our students who are currently taking examinations. Their commitment, resilience and determination are a testament to the hard work they have invested throughout their courses. I know how much effort they have put into their studies and I wish them every success as they complete this important stage of their education.

At Ruislip High School, we take great pride in the high standards we set for our students, both in their learning and in the way they present themselves. Our uniform plays an important role in fostering a sense of identity, equality and belonging, and I know that many families choose our school because of these high expectations. I would be grateful for your support in reinforcing the importance of wearing uniform correctly and in accordance with our policy. I will contact parents, should we make any amendments to our uniform due to high temperatures.

Finally, it is not only our students who have been busy. I would like to encourage all families to support the Friends of Ruislip High School Bingo Night on the 2nd July. This promises to be a wonderful event, bringing together our community while raising valuable funds to enhance opportunities and resources for our students. I hope to see many of you there and thank the Friends of Ruislip High School in advance for their continued support of our school community.

PE Reward Trip to Women's FA Cup Final 2026

We thoroughly enjoyed our PE Reward Trip to Wembley Stadium on Sunday 31st May, 2026, where Year 7 and Year 9 students with the highest star points in PE were rewarded with the opportunity to watch the Women's FA Cup Final.

The students were fantastic ambassadors for the school and enjoyed an exciting day watching Brighton & Hove Albion take on Manchester City. Manchester City put in an impressive performance, winning 4-0, making it a memorable experience for everyone involved.



Sienna G (7W), Megan W (9S), Rebecca W (7A), Leia A (7W), Daniel S (9B), Callum G (9B), Jess H (9F)

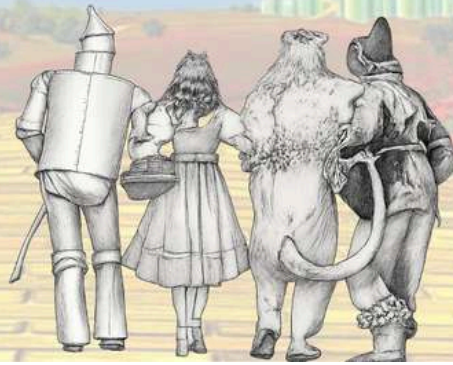


The Wizard of



8/7/2026

5:30pm E201



Follow the Yellow Brick Road!

The KS3 Drama Club proudly presents ***The Wizard of Oz*** — but not quite as you know it! Join us for our own weird and wonderful adaptation of the classic tale, packed with creativity, surprises, and plenty of Drama Club magic.

Follow Dorothy and her unforgettable companions on a journey through a delightfully reimagined Oz, where the familiar meets the unexpected in a production created by our talented cast and crew. Expect laughter, adventure, and a few twists along the way as we bring this beloved story to life in true drama club style.

Book Wizard of Oz Tickets [Here!](#)

Gold Duke of Edinburgh's Awards



A group of dedicated young people recently celebrated a remarkable achievement as they received their Gold Duke of Edinburgh's (DofE) Award during a special ceremony at Buckingham Palace.

The prestigious event brought together Gold Award recipients from across the country to recognise their commitment, resilience and determination. Achieving the Gold Award, the highest level of the Duke of Edinburgh's Award programme, requires participants to complete a series of challenging activities focused on volunteering, physical development, skills and expedition experiences.

Held in the beautiful gardens of Buckingham Palace, the celebration featured an inspiring programme of guest speakers, including television personalities Larry Lamb, Alex Jones and Jake Humphrey, alongside DofE ambassadors who shared their experiences and encouraged young people to continue pursuing their goals.



The highlight of the day was an address from Prince Edward, who praised the award holders for their dedication and the positive impact they are making within their communities. His speech recognised the hard work, perseverance and personal growth demonstrated by the young people throughout their DofE journey.

The event also marked an opportunity for award recipients to meet fellow Gold Award holders, reflect on their achievements and celebrate alongside family members, volunteers and supporters who have helped them along the way.

Receiving a Gold Duke of Edinburgh's Award is a significant accomplishment and a testament to the determination and commitment of these outstanding young people. The Buckingham Palace celebration provided a fitting recognition of their success and an unforgettable milestone as they look ahead to future opportunities.



BINGO NIGHT

THURSDAY 2ND JULY

RUISLIP HIGH SCHOOL

Join us for Bingo Night and experience the thrill of winning big while having a blast with friends!

**ORDER PIZZA, £100 RAFFLE
and BYO drinks**

FRIENDS
of Ruislip High School

**SUPPORT OUR SCHOOL
AND WIN GREAT PRIZES!**

TICKETS
ON PARENTPAY NOW

£5 for 6 games of Bingo,
£8.50 with Pizza slice

GCSE Community Languages



Following on from our front page we want to shine a spotlight on a remarkable group of students who are taking on an extra challenge this month. In addition to their standard subjects, these individuals are sitting GCSE examinations in their home languages:

Year 10

Ibrahim H - Arabic

Nicole C and Natalia D - Polish

Selin G - Turkish

Fatima E - Spanish

Elise H - French

Pedro S - Portuguese

Year 11

Jinghan S and Vinay M - Mandarin

If your son/daughter is able to **speak, read and write** another language fluently and you would like them to be considered for a GCSE entry in this language, then this may be possible. The examination will take place during summer 2027 at Ruislip High School and the **cost for exam entry will be covered by the school**. Furthermore, in the case where we do not have a teacher in school who speaks the language to be examined, **we can arrange for an outside examiner for the oral examination. Should this incur a fee, this will be payable directly by the parent/guardian.**

Languages that are currently examined at GCSE are:

Arabic / Chinese (Mandarin/Cantonese) / French / German / Gujarati / Italian / Japanese / Persian / Polish / Portuguese / Punjabi / Russian / Spanish / Urdu / Turkish/ Greek

If the language you speak at home is not listed then a GCSE currently does not exist for it.

The ideal earliest entry for students is at the end of Year 10. **It is essential that your son/daughter is able to read and write in the language to a high standard, as well as being able to speak it fluently.**

We cannot enter them for the examination if they are not able to perform in all four skills of listening, speaking, reading and writing.

Ms Matias is the Community Languages Coordinator so any enquiries with regards to the above should be addressed to her via the School Office email address.

HPV

Protects against a range of cancers

It is available to all boys and girls aged 12 or over and delivered at their school in Year 8 during the summer term April-July

HPV Vaccination has been used worldwide for over 15 years. Over 280 million vaccinations have been given safely. Vaccinating early gives the best opportunity for lifelong protection.

To learn more about the HPV vaccine and why it is important, come and speak to one of our staff (English/Arabic/Urdu) at the following events:

10th June after midday prayer (1pm)

16th June coffee morning (10.00-11.30am)
(for the females-only health awareness)

Hayes Muslim Centre, Islamic Education & Cultural Society (Hayes)
3 Pump Lane, Hayes, Middlesex, UB3 3NB

If your child has missed the school vaccination session
We will be offering the HPV vaccine at a number of local catch up clinics.
Visit www.schoolvaccination.uk



Need more information about HPV?

We are running FREE online webinars, scan the QR code to join.

If you have missed the school session and would like to book an appointment, please contact your local immunisation team.

📞 Hillingdon Immunisation Team: 0208 150 1220

✉️ Hillingdon@vaccinationuk.co.uk

Hillingdon is developing a new all-age autism strategy, and we need your support!

We are creating a five-year plan, that will outline how the Council and our partners, including schools, the Health Service, and community organisations, will work together to support autistic people of all ages to live fulfilling lives.

To ensure the strategy reflects what really matters, we have developed a questionnaire to hear directly from autistic people about their experiences, priorities, and what supports them in daily life.

Please share the questionnaire with your parents and carers, encourage them to complete it. We are particularly keen to hear from parents of autistic individuals, whether diagnosed or currently on a waiting list.

Questionnaire:

[Children and Young People with Autism in Hillingdon – Fill out form](#)



SUPPORTING YOUR CHILD'S SCHOOL ATTENDANCE **SUPPORT GROUPS**

You shared. We heard.

- Thank you to all the parents/carers who joined our focus groups in March.
- In response, Hillingdon Educational Psychology Service are now offering **support groups** to provide the **safe, reflective spaces** and **learning opportunities** you told us you need.
- All parents/carers of children displaying EBSNA are welcome - even if you didn't attend the focus groups.
- Spaces are limited, so we encourage you to sign up to your preferred option as soon as possible!

Scan the QR code to register your interest!



FLEXIBLE Drop-In Sessions

- Fortnightly drop-in sessions - no expectation to attend every one
- Group members may vary each session
- Ideal if you need flexibility or want to access support as and when it's needed
- Option of online or in-person drop-in sessions

Summer term 2026

For further information, please contact educationalpsychologyservice@hillington.gov.uk



What Parents & Educators Need to Know about SPORTS BETTING ONLINE

Sports betting online involves placing wagers on real-world sporting events through websites, apps, and linked accounts. In the UK, licensed gambling is illegal for under-18s, yet young people may still encounter betting through sports coverage, social media, gaming spaces, friends, or adult accounts. With gambling content increasingly visible online, parents and educators should help children understand the risks, financial impact, pressure, and how to make safer choices.

WHAT ARE THE RISKS?

EASY ONLINE ACCESS

Online sports betting sites and apps are widely available and can be accessed through phones, tablets, computers, and indirectly gaming or social platforms. Some young people may attempt to bypass age checks using false details or someone else's account. Digital wallets, prepaid cards, and saved payment details can also make spending harder to notice, increasing the risk of discreet or impulsive betting.

PEER AND INFLUENCER PRESSURE

Social media influencers, online tipsters, and sports content creators can make betting appear fun, profitable, or part of being a committed fan. Young people may feel pressure to copy this behaviour, especially when friends talk about odds, accumulators, or predictions during matches. Gambling advertising rules aim to protect under-18s, but children can still see persuasive betting content in online spaces.

FREE BET OFFERS

Online betting platforms often use free bets, bonus credits, or risk-free promotions to attract users. These offers can make gambling seem safe or low commitment, but they usually include terms and conditions that young people may not understand. A free incentive can lead to real spending, repeated deposits, or the belief that gambling is easier to control than it is.

NORMALISING GAMBLING BEHAVIOUR

Online sports betting can make gambling feel like a routine part of watching sport. Young people may begin to see odds, predictions, and wagers as harmless entertainment rather than financial risk. This can also blur boundaries with other gambling-like activities, including loot boxes, skins betting, or casino-style games, making later gambling feel more acceptable or familiar.

ADVERTISING AROUND SPORT

Young people can be exposed to betting brands through sports broadcasts, social media, sponsorship, pitch-side advertising, and content linked to major fixtures. Repeated exposure may make gambling seem normal, glamorous, or expected as part of the sport. Without adult guidance, children may connect betting with excitement, loyalty, and success, rather than understanding that gambling is designed to make money from customers.

CHASING WINS AND LOSSES

A winning bet can create excitement and encourage a young person to try again, while a losing bet may lead them to place another wager to win back the money. This is known as chasing losses. Because online bets can be quick, small, and available at any time, children may not recognise how rapidly repeated decisions can become costly and emotionally harmful.

Advice for Parents & Educators

START EARLY CONVERSATIONS

Talk openly with children about how betting works, including odds, losses, advertising, and the fact that gambling companies are commercial businesses. Use examples they may recognise, such as betting adverts during football matches, influencer predictions, or online tipsters. Keep the tone calm and curious, so that children feel able to ask questions, share concerns, and discuss pressure from friends without fearing punishment.

SET SAFER BOUNDARIES

Use device, app store, and bank settings to limit spending, block gambling transactions where possible, and require adult approval for purchases. Check payment histories for unfamiliar withdrawals, digital wallet use, or repeated small transactions. These safeguards work best alongside clear conversations, helping children understand that online payments are still real money, even when they feel quick, hidden, or invisible.

EXPLORE ONLINE EXPOSURE

Ask which apps, websites, games, sports channels, and social media accounts children use around live sport. Betting content may appear through adverts, sponsorship, livestreams, tipster pages, or discussions between friends. Watching a match together can help you point out gambling messaging in real time and explain how it is designed to influence choices, normalise betting, and encourage spending.

NOTICE AND SEEK SUPPORT

Look out for secrecy around devices, sudden interest in odds, requests for money, unexplained spending, mood changes linked to sports results, or late-night phone use. Respond with support first, then gather information and seek specialist advice where needed. Organisations such as GambleAware, Yagam, GamSTOP, and the Gambling Commission provide information about gambling harms, education, blocking tools, and support routes.

Meet Our Expert

Bubba Candlish is a Senior Lecturer and the Head of Events at the University Campus of Sports. He is also the President and Co-Founder of the Videogames and Esports Foundation, a charity that supports safe and inclusive gaming environments. With over 25 years of experience in esports, education, and media, Bubba is a global leader in promoting positive gaming practices for youth and families.



See full reference list on our website

[@wake_up_weds](https://twitter.com/wake_up_weds)

www.thenationalcollege.com

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

[@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

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Notices:

Key Dates:

Monday 15th June 2026
Year 12 History Tower of London trip

Wednesday 17th June 2026
VLT Table tennis competition
Year 12 geography trip

Thursday 18th June 2026
Year 12 theatre trip

Monday 22nd June 2026
RAG week
Year 12 Success in Year 13 evening

Tuesday 23rd June 2026
Year 10 geography trip
Parent Voice meeting (online)

Wednesday 24th June 2026
Year 7 Westminster Abbey trip

Thursday 25th June 2026
Year 13 leavers' assembly
Year 11 prom
Year 13 leavers' event

Friday 26th June 2026
Silver DofE assessed expedition
Sports Day
Year 10 geography trip
Year 12 Talk the Talk

Letters home:

[Year 12 geography field trip](#)
[Year 11 Donations and Lockers](#)
[Sports Day](#)
[DofE Bronze Assessed](#)
[DofE Gold Assessed/Pre-assessed](#)
[DofE Silver Assessed](#)

FRIENDS of Ruislip High School

The Friends of Ruislip High School will be hosting a pre-loved uniform sale in the near future. However, our second-hand uniform stock is running low.

If you have any Ruislip High School uniform, which is still in good, clean condition and you wish to donate it, please drop it off at our school office.

Thank you in advance for your support. All money raised from future uniform sales goes towards the 'Friends Fund', which supports a range of student and school community projects.

SCHOOL UNIFORM DONATIONS NEEDED!

For our secondhand uniform sale
Reuse uniforms and raise funds to support students
THANK YOU!

Please drop at the school office

WE NEED:
Blazers,
Ties, Jumpers,
PE tops, PE shorts,
PE socks

FRIENDS of Ruislip High School