

RHS Values Champions:

Top 5 Attendance:

- **7B** - 96.86%
- **8F** - 96.69%
- **7A** - 95.55%
- **7F** - 95.36%
- **7D** - 95.30%

(attendance calculated until 10/07/2025)

HoY Shout Out:

I would like to say d well done to our fabulous **Ava W, 10B**. She represents the school in lots of sporting events, works really consistently across the board and is always polite. Ava embodies the RHS values through and through.

Mr Joseph - Head of Year 10

Subject Shout Out - Drama

I would like to say a huge congratulations to the entire cast of **Alice in Wonderland**. Their performance was fantastic and highlights their determination and hard work. Well done all!

Mr Randall -Curriculum Leader for Drama



A message from Mr Davies:

It has been a challenging week here at the school with the news earlier in the week that a member of our community had been stabbed after being targeted in an attempted mobile phone theft. The incident was a sickening reminder that this crime exists in our society and is here in our community. I have not only been in contact this week with local police officers, but also the local constituency MP, Danny Beales. I am grateful that the police have provided a visible presence outside the school over recent days, and I would reiterate the message that it is important students do everything possible to keep themselves safe on their journeys to and from school, and we have been urging students not to walk through the local parks with mobile phones in hand.

On a more positive note, on Wednesday evening, I had the privilege of attending the annual PE awards, which were genuinely uplifting after a tough day dealing with the more negative aspects of my role. The guest speaker was our very own Mr Joseph MBE, and his message relating to the power of sport and how you need to work hard to be successful, was both on message and inspiring.

With one week of the academic year to go, I have stressed to the teaching staff that it is very much business as usual next week in school right up until Friday lunchtime. With temperatures expected to be high again next week, it does look likely to be a very warm end of term, and I am grateful to the whole parent community's support in maintaining our high expectations at the school.

Year 12 - Post-18 Preparation

On Monday 30th June, 2025, our Year 12 students all took part in a day off-timetable to prepare them for making applications to university, by writing their UCAS personal statements. Students had the opportunity to spend time with a member of the Sixth Form Team, who supported them as they wrote their first drafts. The personal statements can be a daunting challenge, but the Year 12s all used the day to show off their wealth of knowledge - amassed through their collection of post-18 evidence throughout the academic year - and their passion for the subjects they hope to pursue at university.

This was followed up the next day, with a trip to Oxford Brookes University on Tuesday 1st July, 2025. The aim of the trip was to broaden students' understanding of university life; expose them to a range of academic courses; and support them in making well-informed decisions about their future educational and career pathways. During the visit, students toured the campus and gained insights into both the academic and social aspects of university life, helping them to better envision their potential future in higher education.

Kyran, Year 12, said: 'Going to Oxford Brookes taught me that choosing a University is not just about rankings or courses - it is about the environment, the people, and where you can truly see yourself growing.'

Emily B, Year 12, said: 'The trip gave a very useful insight into what a campus university may be like and they also helped us by giving tips on how to write personal statements, student finance, accommodation and many more. These allowed me to get a better understanding of what university life might be like.'

Thank you to the Sixth Form team for organising and leading these very important events for our Year 12 students.



Government & Politics Trip

On Wednesday 9th July, 2025, Year 12 Politics students visited central London for a trip which brought their A Level Government and Politics studies to life through a visit to the UK Supreme Court, followed by a visit to The Houses of Parliament.

Firstly, the students went on a tour of the UK Supreme Court and had the opportunity to debate a previous criminal case in a courtroom. Following this, the group experienced a live court hearing in the public gallery.

After some free time at lunch in a sunny Parliament Square, the students were greeted in Westminster Hall by Lord Randall (previous MP for Uxbridge and South Ruislip and current member of the House of Lords). Lord Randall took the students on a brief tour of the Houses of Parliament and held a Q&A in a committee room in the House of Lords. We are very grateful to Lord Randall for his time and for sharing his views on a range of interesting topical debates, from Heathrow expansion to the Assisted Dying Bill. The students had a great time and their teachers were so proud of their insightful questions.

Tawhed, Year 12, said: 'The trip was very informative and we got to see buildings of real political importance. It was really great to see what we have been studying in action.'

Thank you to Mr Sills for leading the trip and thank you very much to Lord Randall for spending time with our students to answer their questions.



Year 12 - Talk the Talk Day

On Thursday 10th July, everyone in Year 12 took part in our annual 'Talk the Talk' day. The aim of the day is to help students develop their confidence in communicating. Delivered by expert trainers, the workshops encouraged students to articulate their ideas clearly, and express themselves effectively in a formal setting - perfect for preparing them for job or university interviews!

Throughout the day, students explored techniques to structure speeches, connect with an audience and overcome nerves. These skills are not only essential for academic success but vital life skills, which will support students as we prepare them to navigate the world beyond Ruislip High School.

This is the fourth year running these workshops, as we understand how nerve wracking public speaking can feel. We were delighted to see so many students stepping out of their comfort zones to give presenting a go, whilst listening to feedback given to them by the trainers. We are incredibly proud of their enthusiasm and can-do attitudes.

Thank you to the 'Talk the Talk' team for delivering a fantastic set of workshops for our students.



PE Trip to Wimbledon 2025

On Thursday 3rd July 2025, the PE Department took a group of excited RHS students set off for an unforgettable day at the Wimbledon Championships, held at the world-famous All England Lawn Tennis and Croquet Club in London. Known as the home of tennis, Wimbledon gave students the chance to experience a truly special atmosphere.

One of the day's biggest highlights was watching a dramatic match between Mirra Andreeva and Lucia Bronzetti in the Ladies' Singles. Mirra, just 17 years old and already one of the top seeds, started strong, taking the first set in under half an hour. But the second set was a real nail biter; Bronzetti came back fighting, and at one point was just two points away from winning the set. Mirra kept her cool, pulled off some incredible shots, and eventually won in a tense tiebreak. The crowd was completely hooked, and our students couldn't believe they were seeing such high-level tennis up close!

As well as the matches, the students enjoyed walking around the beautifully kept grounds - spotting famous players, and learning about Wimbledon's long history and traditions. Of course, we couldn't leave without trying strawberries and cream! It's a classic Wimbledon treat, and it made relaxing on Henman Hill all the more enjoyable.

For the majority of the students on the trip, this was their first time at a major sports event, and they were incredibly positive about their experience. Students described the day as 'inspiring', 'so much fun', and even a 'once in a lifetime' trip.

Trips like this help bring learning to life and create memories that last long after the final serve. Thank you to the PE Department for organising the trip for our students. Their behaviour, curiosity and enthusiasm throughout the day were brilliant - they really did the school proud.



Gold Duke of Edinburgh Expedition



On the first weekend in July, 24 Year 12 and 13 students headed out from RHS in search of adventure - in the form of the Gold Duke of Edinburgh Award! The weekend took place in the Brecon Beacons, with the students facing a mixture of weather conditions over the five days.

Over the course of the weekend, the students demonstrated key skills in teamwork, navigation and outdoor survival. During the expedition, three of the students were being assessed for the final award - all passed with flying colours. This means, they will now be invited to Buckingham Palace in the near future to collect their Gold DofE Award, which we are certain will be a very special occasion.

Amber, who passed the Gold Award assessment on the weekend, told us: 'It was a challenging weekend, but a very fulfilling one. I loved having the chance to spend time with my friends whilst completing the expedition. I want to thank all of my teachers for their support in helping me to complete all stages of the award.'

Thank you to all of the staff members who supported the expedition; it is wonderful that RHS is able to offer this opportunity to so many of our students at all levels of the award. However, we are so proud of the students who see the Award through Bronze, Silver and Gold - it is an incredible achievement (cue Spandau Ballet).



VLT Oracy Competition 2025



On Tuesday 8th July, 2025, Ms Rickards from the RHS English Department led some of our students to the annual VLT Year 7 Oracy Competition - with our students shining on the day.

After applying through their tutors, three of our ambitious Year 7 students travelled to Ryefield Primary School to partake in the competition for Year 5-7s. Each student chose their own topic to write about, crafted a captivating speech, and performed it confidently on the day.

Megan's speech achieved very high marks, and was awarded 'Highly Commended'. She spoke about the importance of the past, in order to

pave a safe path to our future, and explained multiple highly researched moments in history where we did, or should have, learnt from our forebear's mistakes. Nixie's speech on equality in sport had much support from the audience, and Syeda's comedically written speech about the power of writing got everyone laughing.

The independence and confidence of the students from all schools was fantastic, and our students matched this skill wonderfully, contributing to a wholly successful event. They really were admirable in this way, and we are all very proud of their efforts and talents.

Nixie, Year 7, told us: "I have a fear of speaking in public but I wanted to overcome this and I did. I'm proud of myself for doing this."

Meanwhile, Megan, Year 7, said: "It was really fun hearing everyone's speeches and exciting to meet people from different schools too. It was a fun trip and I learnt a lot!"

Well done to all three of the students for taking part and thank you to Ms Rickards for accompanying them to the event.

A Message from The Friends of RHS

Appeal for uniforms

Selling pre-loved uniforms has been a huge success this year and as a result we are now in desperate need of more 'branded' items particularly blazers; full PE kit (including socks); ties and jumpers. We also need trousers and skirts. This is a sustainable way of reusing uniforms as well as an excellent way of helping those who cannot afford to purchase brand new. Please hand in items that are washed and in good condition at the school office for the attention of the Friends team.

Summer Foodbank Collection

This launched on Monday 7th July and we are hoping for your kind and generous support once again. We are working with the Foodbank team at St Gregory The Great Church in South Ruislip. They directly support families in our immediate local area, regardless of faith or any other criteria. The six week summer holidays can put a difficult financial burden on many families. If every student / family brought in just one item it would make a huge difference to families in our local community who are struggling. Please see the poster on the next page for more information on what items you can donate.

Summer Attendance Award prizes

We were delighted to once again provide prizes for one student in all year groups who achieves a high record of attendance before the summer break. Each bag contains a gift voucher and stationery items as well as lots of chocolate and other goodies.

Quiz Night and End of Term Raffle - Thursday 3rd July 2025

Thank you to those who came along and supported our end of term quiz night. It was a great evening (full story below). We would like to thank Mr Randall who stepped in to be quiz master. Congratulations go to the team of teachers who came first and won the £100 prize. We hope to run the quiz again next year and we encourage as many as possible to attend in order to try and knock the teachers off the top of the podium!

We are always looking for new members and new ideas. You can commit to as much or as little time as you can. Everything we raise goes directly towards supporting our students. If you would like to join us, please email us directly at friendsofrhs@ruisliphigh.org.uk and we will be in touch.

We thank you all for your support this past academic year. We wish you all a happy, fun-filled, restful summer break.

Very best wishes.

The Friends of Ruislip High Team

Community Quiz Event

On Thursday 3rd July, 2025, staff and parents got into teams to compete against one another at our Community Quiz Night, organised by the Friends of Ruislip High.

Hosted by Mr Randall, the quiz featured rounds about logos, guess the famous face and working out the meaning of some Gen Z slang, much to the enjoyment (and frustration) of the quiz teams. It was a tough, but friendly competitive atmosphere - but in the end Mr Davies' team were crowned champions, with an impressive 48 points out of 54.

After the quiz, the Friends team hosted their summer raffle, with a range of incredible prizes provided by local businesses. The top prize of an iPad, donated by Costco, was won by the Wood family!

Overall, the event was a big success, with over £1000 being raised towards the Friends Fund. This fund contributes towards providing equipment and experiences, which aim to support aspects of the school's community life and benefit students in the school.

Thank you to everyone who supported the event and took part in the raffle. If you won a prize, but were not at the event - you will be contacted shortly about how to collect your prize.



FOODBANK COLLECTION

GET YOUR DONATIONS IN
BEFORE THURSDAY 17TH JULY!

FRIENDS
of Ruislip High School

Help us support our local community!

WE ACCEPT:

- DRIED FOOD (Pasta, rice)
- TINNED FOOD (TOMATOES, SPAGETTI, FRUIT)
- JAMS/ SPREADS
- LONG LIFE MILK
- JUICE
- BISCUITS
- TOYS/ BOOKS/ SOCKS
- SOUP
- Tea/ COFFEE

PLEASE DO NOT DONATE:

- FRESH FOOD (MEAT, FISH)
- DAIRY PRODUCTS (YOGHURT, CHEESE)
- - ANY PRODUCTS THAT NEED TO REMAIN REFRIGERATED



Sociology Trip to The Old Bailey



On Wednesday 2nd July and Friday 4th July, 2025, both Year 12 Sociology classes visited central London for a trip to the Old Bailey, Central Criminal Court. The students were preparing for their transition to the Year 13 criminology unit, looking at the role and stages of the criminal justice system.

The students were able to view The Old Bailey, officially known as the Central Criminal Court, is a significant historical and architectural landmark in London that offers a unique experience for visitors.

The students got to see a working courthouse, and as visitors observed live trials. This provided an intricate and fascinating insight into the legal process. Our students were able to witness, alongside other members of the public, in the public gallery the formality, drama and seriousness of criminal proceedings. It was a chance to observe the formality of a judge and jury and listen to both prosecution and defense in a variety of cases. Due to the nature of cases and timings of the morning 12C were not able to enter the courtroom, but we will re-arrange this visit in the new academic year. 12A were able to attend a number of cases over the day.

The students had a fantastic time and found the experience very valuable, as it put a lot of their studies into a real world setting.

Erin, Year 12, said: "I really didn't understand how complex the whole process was and so it was good to see an actual case."

Meanwhile, Bobby, Year 12, told us: "I am hoping to apply for Law at University and so it was excellent to see the role of the judge and jury."

Thank you to all of the Sociology students, for their excellent conduct on the trip and thank you to the Sociology teachers for leading them on this eye-opening experience.

Summer Production: Alice in Wonderland



On Thursday 10th July, 2025, the RHS community was treated to another fantastic production led by the Drama Department: Alice in Wonderland.

Led by Miss Garner, the cast for the performance was students who attend our very popular KS3 Drama Club. Following Lewis Carroll's classic tale of a girl falling down a rabbit hole into a realm of nonsense, the adaptation put on by the students was a hilarious and entertaining show from start to finish.

Isabelle, Year 9, took on the eponymous role of Alice - she gave the measured and assured performance of a student ready to make the step up to the senior play next academic year. Gurveer, Year 9, also shone as the eccentric and often unnerving Mad Hatter. The audience were delighted by the wide range of styles and skills on display from physical theatre (which is studied by students in Year 9 Drama) to the mass choreography of the Caucus Race.

Mr Randall, Curriculum Leader for Drama, said: "Miss Garner continues to be more and more ambitious and more and more successful with the Key Stage Three productions. She is already working on her next one - The Wizard of Oz. The students who performed were exceptional and they should be so proud of themselves. I am so excited to see how they flourish in their next appearance on stage."

Well done to all of the students who took part in the production; your performances were incredible and gave members of our community an evening to remember!

Geography Field Trips 2025

GCSE Geography - Hengistbury Head



More than 100 GCSE Geography students visited Hengistbury Head in Dorset on Monday 23rd June, 2025. This spectacular coastal landmark is a Site of Special Scientific Interest and a Scheduled Ancient Monument. The aim of the day was for students to collect data for their GCSE Geography Paper 3, where students will answer questions based on their fieldwork experiences.

The first study site was the Hengistbury Head Long Groyne, a coastal defence originally built in 1939. Students were able to see the results of a huge project in 2024 to upgrade the groyne with over 30,000 tonnes of extra rocks sourced from France and Norway. This scheme has recently featured in the BBC's Countryfile TV show.

Moving on, students then investigated the tourism phenomenon at nearby Mudeford Spit. Here, more than 350 beach huts have been built, many with a fabulous view to the famous Needles chalk stacks in the Isle of Wight.

The students thoroughly enjoyed the day and got a lot from seeing sites they have studied in the classroom in real life, bringing Geography to life. Thank you very much to the Geography Department for running the two days of trips for the students.

A Level Geography - Norfolk Coast

Towards the end of June 2025, the Year 12 A-level Geography class enjoyed a four-day residential field trip to Norfolk, to contribute towards their studies.

The study location was the Norfolk coastline, with students collecting data at Great Yarmouth, Hemsby, Winterton-on-Sea, Sea Palling, Happisburgh, Bacton and Cromer. Each student had an independent project title to investigate, based on the theme of coastal change.

The residential was full of highlights for our students, who enjoyed their time on Britain's East Coast in mostly sunny weather. At Great Yarmouth, students enjoyed seeing the famous Golden Mile and the Scroby Sands wind farm out at sea. At Bacton, students were interested to view the results of a 2019 "sandscaping" project. Here, enough sand to half-fill Wembley Stadium has been added to the beach to help protect the gas terminal. Finally, students also enjoyed investigating Cromer, described at the "Gem of the Norfolk Coast" with its Grade II listed pier.



The residential was challenging, but rewarding. Students absolutely thrived during the experience. Thank you very much to Mr Alison and the rest of the staff who supported the trip. It was a valuable experience for our students beyond the classroom.

What Parents & Educators Need to Know about AI-ENABLED SCAMS

WHAT ARE THE RISKS?

PUSHING EMAILS: BETTER & QUICKER

ONLINE MARKETPLACE FRAUD

VOICE IMPERSONATION

EMPLOYMENT SCAMS

INFLUENCER & INVESTMENT SCAMS

ROMANCE SCAMS & EXTORTION

Advice for Parents & Educators

THINK CRITICALLY

USE TRUSTWORTHY SITES AND SERVICES

REPORT IT

SEEK TO VERIFY

Meet Our Expert

WakeUp Wednesday

The National College

What Parents & Educators Need to Know about APPLE IPADS

WHAT ARE THE RISKS?

COSTLY TO REPAIR

DATA PRIVACY

INAPPROPRIATE CONTENT

BYPASSING RESTRICTIONS

SCREEN ADDICTION

REDUCED ATTENTION & COGNITIVE IMPACT

Advice for Parents & Educators

ENABLE FAMILY SHARING

USE SCREEN TIME FEATURES EFFECTIVELY

PREVENT UNAPPROVED SPENDING

Meet Our Expert

WakeUp Wednesday

The National College

PE Awards 2025



On Wednesday 9th July, 2025, the RHS PE Department proudly held its annual PE Awards Evening. At RHS, our aim is to give students the opportunity to develop their knowledge, understanding and skills across a range of sports and competitive situations. Some students have shown outstanding dedication, enthusiasm and commitment, which was recognised through Sports Colours and Special Awards presented by the PE Department.

Sports Colours acknowledge both individual sporting achievement and a student's role as a positive influence within the school. This year, eight Year 7s received Bronze, nine students were awarded Silver, one student – Nicolas – received Gold, and an incredible nine students were presented with the prestigious Platinum award for consistently representing their sport at District, Regional or National level.

Then it was on to the awards, each of the winners being presented the award for their outstanding sporting achievements this year. All of the students who received an award at the event should feel very proud of themselves! The full list is below.

Ms McGuigan, Curriculum Leader for PE, said: "We are very lucky at RHS to have so many students who are passionate about sport - both in school and pursuing their interest beyond. It was incredibly hard selecting the winner of these awards, but we hope that the winners this evening are proud of this achievement and keep up their excellent effort in sport."

Overall, the evening was another event where the school community celebrated the outstanding efforts and dedication of our students. Thank you to all of the parents and staff who supported the evening and well done to all the winners.

Sports Colour Winners:

Bronze:

Freddie H, Muhammad A, Aryan K, Alfie L, Ellie B, Jack R, Grace P, Myles J

Silver:

Vinnie M, Charna-Jo B, Kaia W, Hannah H, Millie B, Sidney B, Luca H, Ellie D, Jess H

Gold:

Nicholas T

Platinum: Zoe M, Ellie M, Elena L, Perlin B, Holly M, Alastair B, Charlie R, Eve A, Kiera B

Sports Performer of the Year Winners:

Year 7: Pelin B and Patryk S

Year 8: Alyssa L and Sidney B

Year 9: Alicia G and Oscar W

Year 10: Ava W and Charlie R

Year 11: Kiera B and Dexter O

Sixth Form: Adam H and Luke G

BTEC: Rahul P

GCSE: Holly M

Sports Team of the Year: Indoor Athletics Team

PE Teacher Award: Bethany S

Notices:

Key Dates:

Tuesday 16th July 2025

Year 8 Trip to the Tower of London/Natural History Museum

Tuesday 16th July 2025

Music Summer Soiree

Wednesday 17th July 2025

Year 8 Trip to the Tower of London/Natural History Museum

Friday 18th July 2025

End of term

Thursday 14th August 2025

A Level Results Day

Thursday 21st August 2025

GCSE Results Day

Wednesday 3rd September 2025

Start of the 2025-26 Academic Year - Years 7, 11, 12, 13

Thursday 4th September 2025

Start of term for all year groups.

Letters Home

Update to Parents -

20/06/25

[Click here](#)

Other Opportunities (not linked to the school)

From the Met Police -

Periodic Table of Emojis

[Click here](#)

Parents Guide to AI

[Click here](#)

Children Falling From

Heights Safety Info

[Click here](#)