

RHS Values Champions:

Top 5 Attendance:

- **7B** - 97.01%
- **7F** - 95.69%
- **7A** - 95.64%
- **7D** - 95.33%
- **7C** - 95.20%

(attendance calculated until 12/06/2025)

HoY Shout Out:

I would like to say how proud I am of the **46 Year 9 students** who attended, and passed, their **DofE Bronze** assessed weekend. It was a wet and windy weekend, but all the students approached the weekend with good humour.

Mr Cahill - Head of Year 9

Subject Shout Out - Physics

I would like to say a huge well done to **Noah, 10B** for his excellent effort in his Physics lessons. Noah consistently works hard and is always willing to challenge himself. Keep it up!

Mr Gould - Assistant Headteacher and Teacher of Physics



A message from Mr Davies:

I'm delighted to see the PGL trip story in today's bulletin. Having been in touch with Ms Loizou, Head of Year 7, throughout the trip, it was great to hear updates on how the students were thriving and working together. I was a little concerned when I heard about the students doing axe throwing, but Ms Loizou was keen to point out that the health and safety considerations on the site were excellent.

I wrote in my update to parents last week about how quiet the school seems at this time of year without Year 11 and Year 13 in lessons and this week has been quieter still with Year 12 students completing their work experience. The range of experiences on offer this year has been particularly exciting, with student placements ranging from farms to football clubs.

I would also like to draw parents/guardians attention to the important notices in this bulletin about ensuring that our students remain safe on their journeys to and from school, as well as what seems a really informative event the police are hosting in Hillingdon concerning the danger of criminal exploitation of young people.

Finally, as we look ahead to a week of warm weather, I am conscious that it is the one time our uniform expectations are adjusted. I would like to thank parents for their support in ensuring that although students do not need to wear their blazers and ties on days when the temperatures are particularly high, Ruislip High School students remain smart and wear their uniform with pride. I include a link [here](#) to Ms Coltman's message from yesterday.

I trust parents/guardians enjoy reading this latest edition of our parent bulletin and would like to wish the entire RHS community a restful weekend.

Year 7 Trip to PGL Liddington

On Friday 23rd May, 2025, 110 of our Year 7 students went off on an adventure to PGL Liddington, to build a range of skills, foster community between themselves and celebrate approaching the end of their first year at RHS. The weekend was an unforgettable experience filled with laughter, adventure and opportunities for personal growth.

Over the three days, students took part in a range of activities which were both exciting and challenging. Students showed off their teamwork skills on Jacob's Ladder. They had to help each other climb up to the top in groups of three with nothing but their own strength and a rope to help. The rest of their group provided encouragement from below and kept a steady hand on the safety ropes. A special shout out to Antony, Freddie and Mason for their quick work and encouragement to each other.



From axe throwing to abseiling, zip lining to survival skills, archery to outdoor team games – every activity gave students the opportunity to step outside their comfort zones, build confidence, and support one another. Ella, Anna and Leo in particular showed real bravery when attempting some of the more daring activities. Myles and Audrey showed off their archery mastery.

The evening entertainment was just as memorable with a game show and the silent disco - which ended up not so silent as students belted out their renditions of Barbie Girl and showed off their dancing skills. Students also got to witness the incredible dance moves from Mr Sim and Mr Walsh!

Hanna, 7D, said: 'PGL was amazing and a once in a lifetime opportunity to be away with friends and have fun with them. I'm so happy I went!'

It was wonderful to see students developing new friendships, demonstrating teamwork and resilience as well as embracing each challenge with enthusiasm and positivity. Thank you to Ms Loizou, Head of Year 7, for leading the trip, as well as the other staff members who supported the weekend away.



Duke of Edinburgh Bronze Award

On Saturday 7th June and Sunday 8th June, 2025, almost 50 Year 9 students took part in their Bronze Duke of Edinburgh assessed expedition near Chesham. Despite facing very wet and rainy conditions on the first day, the students showed remarkable resilience and determination as they navigated the challenging route.

Over the course of the weekend, the students demonstrated key skills in teamwork, navigation and outdoor survival, all whilst being assessed by mountain leaders. One student said: "Even though it rained loads on Saturday and we were all soaked, we still had a laugh — we played games and sang songs while we walked, which helped loads. We kept working on our expedition aim when we hid under the trees for a bit and waited for the rain to stop. Sunday was sunny and way nicer, and finding out that we all passed at the end was such a good feeling. I'm so proud of my team, I think we smashed it!"

The hard work paid off, as every student successfully passed the expedition, earning a significant milestone in their Bronze Duke of Edinburgh Award journey. The mountain leaders praised the group's perseverance, noting how the experience not only tested their physical endurance but also built their confidence to overcome challenges. Plans are already underway for many students to continue their Duke of Edinburgh journey next year for the Silver award. Another student said "I'm so glad that I passed my Bronze expedition, it was so hard and I'm so tired now but it's all worth it now. I've loved being with my team, even though we got a little bit lost, we managed to help each other and get through it. I really want to sign up for silver now! Everyone should do DofE."

Top highlights from the weekend included students playing Among Us whilst on their hike and trying to figure out who the imposter was; every single group getting lost in a particular field (that we won't ever talk about again); and watching some students wringing out their socks because they got THAT wet.

Miss Mackow, who led the Bronze trip said "I'm so unbelievably proud of the Year 9 students this weekend. They have all been so resilient despite the challenges they faced and it was so exciting to announce that everyone had passed! Year 8 - keep an eye out for information about doing Bronze DofE in Year 9, it's such a rewarding experience, you won't regret it."



World of Work Month 2025

Ruislip High School's annual World of Work Month is currently taking place throughout June. World of Work Month aims to provide students with exposure to various career pathways and interactions with employers. Here's what's happening:

Career Exposure: Students are engaging with different career options and meeting professionals from various industries.

- **Year 12 Work Experience:** Our Year 12 students are currently undertaking their work experience placements this week, gaining insight into the professional world.
- **Key Stage 3 Talks:** Key Stage 3 students will hear from higher education institutions like Access Creative College and ASK Apprenticeships, will be hosting assemblies for year 8 and 9, outlining alternative routes into industries.
- **Medical Mavericks for Year 7:** Year 7 students will experience a day focused on the medical profession with 'Medical Mavericks', a returning event that is consistently a highlight of our careers calendar.
- **Careers Focus in Lessons:** There's an increased emphasis on careers within regular lessons, helping students connect their learning to future opportunities.

For more information about careers and pathways, please refer to the careers section of our school website.

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Coming Soon: RAG Week 2025



The final week of June will see the return of RAG (Raising and Giving) Week 2025, run by the sixth form student leadership team.

There will be a range of events happening during break and lunch times, which students across the school can get involved in to help the Sixth Form raise as much money as possible. Activities range from penalty shoot outs to, the ever popular, splash the teacher.

Our Sixth Form students have chosen to raise money for MIND. MIND is a mental health charity supporting anyone experiencing mental health problems. They offer advice, helplines, and local services to ensure no

one faces mental health challenges alone. The Sixth Formers are keen to support this charity by raising as much money as they can! For more information on the charity, click [here](#).

In order to get involved, we are asking that parents make a payment of £3 via ParentPay. This £3 will cover participation in all activities for your child's year group throughout RAG Week. Registers will be taken on the day at each activity, so if no payment has been made for a student on ParentPay, then they will not be able to take part.

Year 12 Work Experience Week

From Monday 9th June to Friday 13th June, 2025 our Year 12 students have been taking their learning beyond the classroom, as they take part in Work Experience Week. Students have embraced a range of exciting opportunities designed to give them a taste of working life and help shape their future aspirations. This comes at a point in the academic year when they are beginning to think about their Post-18 Options, and will very soon be beginning the UCAS process.

Students have attended placements as diverse as Hounslow Urban Farm and the Premier Inn Uxbridge, with students exploring careers in animal care, sports management, retail, education, law, healthcare and more. Each placement has offered valuable insights into different industries, helping students build confidence, develop key employability skills, and understand what it means to be part of a professional environment.



The Year 12 pastoral team have been in contact with each placement to check-in on our students during the week. Our students have received glowing feedback from employers, who have praised our students' maturity, enthusiasm and willingness to ask questions and make the most of their time finding out about their placement environment. The Year 12 tutors have commented on how wonderful it has been to hear how well our students are representing themselves and the school, whilst out this week.

The students have also thoroughly enjoyed themselves. Max, C61, who worked at Uxbridge Football Club for the week, commented: "Work experience is so fun and I'm really enjoying my time at Uxbridge FC, working with the social media department. They've already asked me to come back after this week and do more work for them!"

We would like to thank all the employers who have welcomed our students, and to Miss Bonny, who worked hard supporting our students. Miss Bonny was integral in the students securing and preparing for their placements. We look forward to hearing more about the experience when our Year 12s return to school next week.

Staying Safe in the Local Community

We would like to remind you of the importance of helping your child stay safe in the local community. Please take a moment to read the guidance below and discuss it with your child. You can also find helpful advice from the Metropolitan Police by following this [\[link\]](#).

Key Safety Reminders:

- **Go straight home:** Encourage your child to walk directly to and from their destination without unnecessary stops.
- **No phones in public:** Please ensure your child does not have their mobile phone out while walking. Using a phone in public makes them more vulnerable to theft and distraction. It is safer to keep phones out of sight and remain fully aware of their surroundings.
- **Stay visible:** Bright or reflective clothing helps them be seen, especially in low light.
- **Stranger awareness:** Reinforce the importance of avoiding strangers and never accepting lifts from anyone unexpected.
- **Road safety:** Ensure they use pavements, cross safely at lights, and stay away from the kerb.
- **Walk with others:** If possible, arrange for them to walk with a friend or in a group.



TICKETS ON SALE NOW



£100

CASH PRIZE FOR WINNING TEAM

FRIENDS of Ruislip High School

PRESENTS

Parents & Staff QUIZ NIGHT

Are you ready for a night of trivia and fun? Join us for Quiz Night!

Adults only - gather your team of 6 or join one of ours.

Snacks and soft drinks for sale - bring your own bottles.

End of term raffle draw.

Quiz tickets available now via parent pay - £6 each

Notices:

Key Dates:

Sunday 15th June 2025
Year 12 Geography Trip leaves

Monday 16th June 2025 at 4:30pm

Year 10/12 Drama Trip

Thursday 20th June 2025
Year 10 Science Museum Trip

Monday 23rd June 2025
Start of RAG Week

Monday 23rd and Wednesday 25th June 2025
Year 10 Geography Trip

Wednesday 25th June 2025
Year 7 Trip to London

Thursday 26th June 2025
Year 11 Prom and Year 13 Leavers' Ball

Letters Home

Update to Parents -
06/06/25

[Click here](#)

Sports Day Letter
[Click here](#)

Year 10 GCSE Media Studies Trip Letter -
[Click here](#)

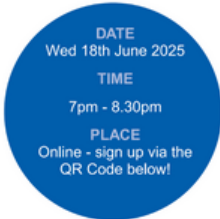
GCSE History Trip Letter -
[Click here](#)

Year 10 Textiles Trip Letter
[Click here](#)

Year 8 Humanities Trip Letter
[Click here](#)

PARENTS AND CARERS WORKSHOP

Join local officers and partner services for an information evening. Learn how to spot the early signs of child criminal exploitation and grooming and the support available.



Hillingdon Parents and Carers Webinar on Criminal Exploitation

The Metropolitan Police Exploitation team are hosting a Hillingdon Parents and Carers Webinar on Criminal Exploitation.

This is taking place on the Wednesday 18th June, 2025.

The workshop is online and free to attend. If you are interested in attending, please sign-up via the QR code on the poster to the left.



www.met.police.uk



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