

April 2023

Dear Parents/Guardians

At Ruislip High School we work hard to raise children's self-esteem and help them to manage their behaviour in a positive and constructive way. I am sure you will understand that this is a challenging task but one that is much more successful if both you as parents/guardians and us as a school, work together.

For this reason, we have introduced a Positive Parenting Programme which can help parents/guardians make changes to behaviour at home and I would like to invite you to take part in our Parenting Programme that will be starting on Wednesday 10th May. The programme will run every Wednesday for 6 weeks from 5.00-6.00pm with 3 sessions before and 3 sessions following the May half term.

The Positive Parenting Programme, Teen Triple P, promotes good communication and strong relationships between parents/guardians and their teenagers. It helps parents/guardians promote their teenager's development and manage behaviour in a constructive and caring way.

This is a good opportunity for you to explore your parenting style in a fun, safe and confidential way.

If you would like to book a place, please complete the Google form [here](#) by Friday 28th April.

Places will be allocated on a first-come-first-served basis.

Yours sincerely



Ms J Stoodley  
Pastoral Director