

8th May 2025

Dear Parents/Guardians

**Re: Year 7 PGL Trip 2025**

Please find below the relevant information for the Year 7 PGL Trip 2025. Please keep this letter in a safe place whilst your child is away as you may need to refer to it. I have also included the slides for the information evening which took place in April [here](#) for your reference.

The school mobile phone numbers will be **07542 007422** and **07542 007423** but these should only be used in an emergency. Your child will have the opportunity to call home should the need arise.

We will be staying at:

PGL Liddington

Foxhill

Liddington, Swindon

Itinerary:

**Day 1**

**Friday 23rd May 2025**

08:30 Arrive at school - register and medical check

09:30 Depart school

11:30 Arrive at PGL

12:00 Packed Lunch and check in

14:00 Afternoon activities

**Day 2**

**Saturday 24th May 2025**

Breakfast at accommodation

Full day of activities

**Day 3**

**Sunday 25th May 2025**

07:45 Check out and breakfast

09:00 Morning activities

12:00 Lunch

13:00 Depart

15:00 Arrive back at school

**Food**

Breakfast, lunch and dinner will be provided and will meet the dietary requirements of all students. Students will only need a packed lunch on the first day.

### **Spending Money**

It is up to you to decide how much spending money you wish your child to have although the limit is £20. PGL do have their own small shop to buy souvenirs and snacks. Students can bring a debit card rather than cash.

### **Medication**

All medication should be handed to your child's group leader when they register on day one. All medication should be labelled with the student's full name and dosages. Any student with asthma must have their asthma pump(s). Any student who is reliant on insulin or uses an epipen must have their medication with them - but checked off with their group leader. **They will not be allowed on the trip without it.**

### **Clothes, Luggage and other items**

We ask that students follow our rules for non-uniform days.

- Jeans may only have a maximum of one rip at the knee;
- No offensive slogans or logos on clothing;
- No exposed midriffs;
- No makeup at all.

Exceptions:

- Hoodies;
- Leggings.

Please check the weather before the trip departs and pack clothes suitable for the weather conditions. Please ensure that your child has suitable waterproof clothing in case of rain and sun cream for if the weather is bright and sunny. Students will need long sleeves/trousers for some activities.

Towels will be provided by the accommodation but students are welcome to bring their own towel if they wish. All students will need a sleeping bag and a pillow with a pillowcase as bedding is not provided.

Students will not need a large suitcase. A cabin sized suitcase or rucksack should be fine.

### **Mobile Phones/Cameras**

Students will not be allowed their mobile phones on this trip. The usual school rule of 'see it, hear it, take it' will be applied and any student caught with a phone will have it confiscated until we return.

If there is an emergency, we will contact you. You can use the school mobile number above to contact staff in an emergency.

Please refrain from contacting staff with issues regarding rooming choices or non-emergency queries.

Students will not be allowed to bring cameras. We will use school equipment to capture exciting moments.

### **Supervision**

Students will, on the whole, be supervised by members of staff. During all activities students will be supervised by members of the PGL team as well as staff from Ruislip High School.

### **Drop off and Pick Up**

All students will need to be dropped off and picked up from the trip by a parent or responsible adult. When you drop off your child on the morning we leave you should not park on the zig zags outside school as we will be running a normal day for the rest of our school community. We encourage you to drop off your child and then leave straight away as we won't have the space in the road; there are 100 children on the trip. The pick up on Sunday will be the same - please park further down the road or in the car park opposite school; space will be needed for the coaches outside school. If the road is blocked it will take longer to dismiss the students.

It is hoped that we will have an enjoyable and trouble-free trip, but it is important that your daughter/son is aware that high standards of behaviour are expected throughout the visit. No chewing gum will be allowed, and the carrying, buying and consumption of tobacco, alcohol and illegal substances are strictly forbidden.

Hopefully, this letter covers everything you need to know, but should you have any further concerns parents/guardians should contact me via the main school office.

Yours sincerely



Ms Loizou  
Head of Year 7  
Trip Leader