

22nd May 2023

Dear Parents/Guardians

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and guardians work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

At Ruislip High School we are committed to protecting our students online and are delighted to be able to share the following National Online Safety resources for all parents and guardians.

This training provides you with the knowledge and skills you need to feel confident and empowered to help keep your child safe online. Split into bite-sized modules, the training has been designed to provide maximum learning potential in the leanest, most time-efficient manner. It has been produced in high-quality remote video CPD format which is accessible on any device, any time, anywhere.

To create your parent account, please follow this link <http://nationalonlinesafety.com/enrol/ruislip-high-school> and complete your details.

You can access National Online Safety online via any device including via this brand-new smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

Children Aged 11-14	Children aged 14-18
Please click <a href="#">here</a> to access the course	Please click <a href="#">here</a> to access the course

Although the courses are tailored to the differing age groups the learning outcomes for both courses are as follows:

- Understanding the online world today and striking a balance between promoting the positive use of the internet and safeguarding children from harm.
- Recognising how children at this age are interacting with the online world, the technology they're using and what games and platforms are most popular.
- Identifying the common risks that children at this age are most vulnerable to and the range of online harms to be aware of.
- Understanding what steps to take to support a culture of online safety at home and help build children's digital resilience

- Recognising the importance of communicating with children at all times, keeping an open dialogue and providing children with the tools they need to keep themselves safe.

If you have any further questions do not hesitate to contact me. Answers to frequently asked questions and customer service can also be accessed at <https://helpdesk.thenationalcollege.co.uk/helpcentre>

Yours sincerely



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