

17th October 2023

Dear Parents/Guardians

Re: Duke of Edinburgh Silver award

We are writing to inform you that Ruislip High School is now sending out an expression of interest for our current Year 10 students for the Silver Duke of Edinburgh Award Scheme.

The Duke of Edinburgh Award Scheme is a fantastic and prestigious achievement, is great fun and provides many opportunities but also involves a lot of hard work.

The Silver Duke of Edinburgh programme is broken down into four sections:

- Volunteering
- Physical recreation
- Skill
- Expedition

Students need to be 14 years old to begin a Silver programme and must complete six months' volunteering, six months' skill and three months' physical; or complete six months' volunteering, three months' skill and six months' physical depending on personal preference. If students have not previously completed the Bronze Award level an additional six months will need to be completed in either their volunteering or physical / skills section to make one section a total of 12 months.

The award consists of one in-house training session led by mountain leaders, which all students will be expected to attend and two expedition camping weekends, each lasting for three days and two nights to include the pre-assessed and assessed expedition. On expeditions students are expected to be completely self-sufficient, carrying a large backpack, planning their routes and meals and working as a team.

Required participation dates are as follows:

- In-school training day led by qualified mountain leaders in school on Saturday 2nd of March 2024 from 8.45am until 3.30pm.
- Dates of pre-assessed expedition which consists of three days and two nights camping:
 - Saturday 4th May 2024 - Monday 6th May 2024
- Dates of assessed expedition which also consists of two days and one night camping:
 - Friday 28th June 2024 - Sunday 30th June 2024.

Could you please complete the Google form [here](#) as an expression of interest for your child's participation in the Duke of Edinburgh Silver award.

Yours sincerely



Ms K Hunter
Duke of Edinburgh Coordinator