

Alcohol		
Adfam	https://adfam.org.uk/	<ul style="list-style-type: none"> • Support for families • Drugs and alcohol
Al Anon 0800 0086 811	https://www.al-anonuk.org.uk/	<ul style="list-style-type: none"> • Support for families • Alcohol • Helpline
Alcohol Change	https://alcoholchange.org.uk/help-and-support/get-help-now/coronavirus-information-and-advice-hub	<ul style="list-style-type: none"> • Information and advice about changing drinking habits
The National Association for Children of alcoholics 0800 358 3456	http://www.nacoa.org.uk/	<ul style="list-style-type: none"> • Support of children and families • Advice and information • Helpline
One Plus One	https://www.oneplusone.org.uk/stress-and-alcohol-guide	<ul style="list-style-type: none"> • online resources for parents
Cannabis		
UK Addiction treatment tel:08082749707	https://www.ukat.co.uk/cannabis-addiction/	<ul style="list-style-type: none"> • Helpline • Advice and support
NHS Website	https://www.nhs.uk/live-well/healthy-body/cannabis-the-facts/	<ul style="list-style-type: none"> • information and advice
Young minds	https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-drugs-and-alcohol/	<ul style="list-style-type: none"> • Information and advice • For parents and young people
County lines		
Ecpact	https://www.ecpat.org.uk/	<ul style="list-style-type: none"> • Scottish charity • Preventing human

		trafficking
Missing people Call or text 116 000 Email:116000@missingpeople.org.uk	https://www.missingpeople.org.uk/	<ul style="list-style-type: none"> • Helpline • Support and information • For young people and parents
The children's society	https://www.childrenssociety.org.uk/	<ul style="list-style-type: none"> • Information and guidance • Support for young people escaping county lines
St. Giles trust	https://www.stgilestrust.org.uk/	<ul style="list-style-type: none"> • support for young people involved in gang activities
Fearless	https://www.fearless.org/	<ul style="list-style-type: none"> • Part of crime stoppers • For young people • Anonymously report crimes
Catch 22	https://www.catch-22.org.uk/	<ul style="list-style-type: none"> • Support and

		informati on
Drugs		
Crew	https://www.crew.scot/covid-drug-markets-survey-week-two/	<ul style="list-style-type: none"> • Information and support • Scottish charity
Drug Free World	https://www.drugfreeworld.org/drugfacts/the-truth-about-drugs.html	<ul style="list-style-type: none"> • Drug Information
Daniel Spargo Mabbs Foundation	http://dsmfoundation.org.uk/drama/	<ul style="list-style-type: none"> • Education • Information
Talk to Frank	https://www.talktofrank.com/	<ul style="list-style-type: none"> • Information and advice • A to Z of drugs • Case studies
Release 020 7324 2989 ask@release.org.uk	https://www.release.org.uk/drugs-health-advice?page=1	<ul style="list-style-type: none"> • Support • Helpline • Advise and information